

2021 Annual Teaching Plan – Term 1 Life Orientation Grade 11

Term 1 45 days	Week 1 27-29 January (3 days)	Week 2 1-5 February (5 days)	Week 3 8-12 February (5 days)	Week 4 15-19 February (5 days)	Week 5 22-26 February (5 days)	Week 6 1-5 March (5 days)	Week 7 8-12 March (5 days)	Week 8 15-19 March (5 days)	Week 9 23-26 March (4 days)	Week 10 29-31 March (3 days)
CAPS Topic	Development of the Self in Society	Development of the Self in Society	Development of the Self in Society	Careers and career choices	Careers and career choices	Careers and career choices	Democracy and human rights	Democracy and human rights	Democracy and human rights	Democracy and human rights
Core Concepts, Skills and Values	Apply various life skills to provide evidence of an ability to plan and achieve life goals Define goalsetting and types of goals: short-term, medium- and long-term Steps in planning and goal-setting, problem-solving skills, perseverance and persistence	-Evaluate the importance of prioritising life goals, e.g. family, parenting, marriage, career choices and relationships -Analyse the relationship between personal values, choices and goal-setting • Explain how relationships can influence and are influenced by on own well-being: • Explain the different types of relationships with different people/ groups and their changing nature	- Factors that contribute to relationships that are detrimental to well-being: -rights and responsibilities in relationships, - societal and cultural views that influence and/or affect relationships, - qualities required in different relationships and - and individuality in relationships - Evaluate the impact of the media on values and beliefs about relationships	Research the requirements for admission to additional and higher education courses: National Senior Certificate (NSC) requirements for; certificate, diploma degree Explore additional and higher education options:	- Calculate Admission Point Score (APS) for specific programmes/cour ses at - institutions of higher learning Universities of Technology Technical and Vocational Education and Training (TVET) colleges, Universities, - Explain the purpose of the National Benchmark Tests (NBTs)	Explore options for financial assistance: Bursaries, study loans, scholarships, learnerships and Sector Education and Training Authorities (SETAs) Obligations in terms of financial arrangements	• Investigate the principles, processes and procedures for democratic participation: -Public participation in democratic structures and petition processes -Governance, law-making process -Rule of Law: definition, importance and benefits -Transparency, representation and accountability	 Research the democratic structures: National, Provincial Local government, political parties traditional authorities, interest groups and businesses local community structures, viz. non-governmental organisations (NGOs), community-based organisations (CBOs), faith-based organisations and representative councils of learners, 	-Explain principles and functions of structures in addressing the interests of civil society and how structures change: constitutions, elections, representation of constituencies, mandates, lobbying, advocacy and directing of meetings	 Role of sport in nation building: How sport can support or detract from nation building: Participant and spectator behaviour in sport: incidences that may trigger certain behaviour and the impact thereof on participants, spectators, teams, opposition, the referee, community, society and nation at large
	PET	PET	PET	PET	PET	PET	PET	PET	PET	PET
Requisite Pre- Knowledge		elf in society: Unequal p an Rights; public particip				nestic violence, sexual hive umpiring,	ı arassment, sexual viol	ence	1	1
Resources	institutions websites	of the self in society, difforcuments/disaster-mana	•			•	tments, handouts, Mag	gazines, Textbooks of o	ther subjects with sim	ilar content. Tertiary

2021 Life Orientation Annual Teaching Pan

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	Informal assessmen											
	A minimum of one informal task should be given per week. An informal task should cover the various cognitive levels. Types of informal tasks could include the following:											
Informal		•			-	epts, attachment of co	oncepts to expressions, s	scenario based, case s	tudies, simulations, pa	nel discussion,		
Assessment	practical demonst	rations, etc. Both writte	n and practical demons	trations are considered	<u>.</u>							
	After a reasonable	e amount of content has	s been treated, informal	assessment must be g	iven. At least one inform	al assessment must b	be administered on each	period.				
	For practical dem	onstration, observation	sheets must be used.	After a reasonable amo	unt of content has been	treated, informal asse	essment must be given.					
CDA	SOURCE-BASED TA	SK					•					
SBA	The source-based tas	k must be completed in	dependently under con-	rolled conditions.								
(Formal					e task should not be adn	ninistered as a class to	est.					
Assessment)	PET			- , production at								



2021 Annual Teaching Plan – Term 2 Life Orientation Grade 11

						Z Life Offeritation Of a					
Term 2 47 days	Week 1 13-16 April (4 days)	Week 2 19-23 April (5 days)	Week 3 26-30 April (4 days)	Week 4 3-7 May (5 days)	Week 5 10-14 May (5 days)	Week 6 17-21 May (5 days)	Week 7 24-28 May (5 days)	Week 8 31 May-4 June (5 days)	Week 9 7-11 June (5 days)	Week 10 14-18 June (4 days)	Week 11 21-25 (June)
CAPS Topic	Development of the self in society	Development of the self in society	Development of the self in society	Development of the self in society	Social and environmental responsibility	Social and environmental responsibility	Social and environmental responsibility	Social and environmental responsibility			
Core Concepts, Skills and Values	Research gender-based violence in SA and the world Different forms of violence e.g. o domestic sexual rape physical emotional mental femicide sexual harassment	- Causes e.g. unequal power relations, power balance and power struggles between genders, abuse of power -social norms about the roles and responsibilities o, patriarchy sexist views, gender stereotypes prejudice /bigotry race, sexual orientation (LGBTQI)	Negative effects on the health and well -being of the individual, family and society: e.g. physical, psychological and emotional trauma, broken family structures, increased social ills, inability to build trusting social relationships, burden on health and judicial systems	Strategies to reduce and prevent gender-based violence: Awareness campaigns, e.g. 16 Days of Activism against Violence Against Women and Girls; educational programmes; free social and legal support	Environmental issues that cause ill-health: The use of harmful substances in food production Inhumane farming methods Impact of degradation on society and the environment: environmental hazards such as soil erosion, pollution, radiation, floods, fires,	-Dealing with environmental factors that cause ill-health on a personal level: attitudes, safety and first aid skills, and coping with disasters • Climate change: - Human activities that contribute to global warming - Effect on ecosystems, oceans, humans, weather patterns	- Ways to reduce/ mitigate adapt to global warming: responsible consumption habits, recycling, sustainable use of natural resources, sustainable transportation	Being a responsible citizen: Participate in a community service that address contemporary environmental issue indicating how this may harm certain sectors of society more than others	Controlled Test		
	PET	PET	PET	PET	PET	PET	PET	PET			
Requisite Pre- Knowledge	Social environmental Social and environmental Definition of concepts Definition of action w	I responsibility: Enviro ental responsibility: s: Social and environr ords in assessment	nmental issues, ill-hea	alth, environmental degreen constructive, and critica	radation, environmental	cess of assessment, time hazards, depletion of ressues, personal and con	esources, environmenta	al factors, climate chanç	ge		
Resources						ental degradation, clima Magazines, Textbooks (
Informal Assessment	Informal assessment A minimum of one introduced Various nature of que practical demonstration After a reasonable and the second various va	nt: formal task should be estions are used: shor ons, etc. Both written mount of content has	given per week. An int, discursive, columns and practical demons been treated, informal	nformal task should cov true or false with motivatrations are considered assessment must be g	rer the various cognitive vation, definition of cond iven. At least one inforr	e levels. Types of inform cepts, attachment of cor nal assessment must be n treated, informal asse	nal tasks could include to neepts to expressions, so	the following: scenario based, case st period.	tudies, simula	ations, panel	discussion,
SBA (Formal Assessment)	CONTROLLED TES No marks for PET						_				



2021 Annual Teaching Plan – Term 3 Life Orientation Grade 11

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week		
13-16 July (4 days)	19-23 July (5 days)	26-30 July (5 days)	2-6 August (5 days)	10-13 August (4 days)	16-20 August (5 days)	23-27 August (5 days)	30 August – 3 September (5 days)	6-10 September (5 days)	13-17 September	11		
Development of the self in	Development of the self in society	Development of the self in			Careers and career choices	Careers and career choices	Careers and career choices	Careers and career choices	Careers and career choices	Consoli dation		
Healthy and balanced lifestyle choices: Maintaining physical, psychological, social, emotional and spiritual health Healthy nutrition and	and situations: - Substance use and abuse, unsafe sexual behaviour, risk of pregnancy, teenage suicides; poor hygiene and dietary habits, unsafe road use	- Socio-economic aspects: poor literacy, low income, poverty, and unfavourable social environments - Factors that impact positively on lifestyle choices: - Positive role models, e.g. parents, peers and others; personal values; belief system; religion; social skills and positive cultural influences; economic conditions	- Individual responsibility for making informed decisions and choices: prioritising personal safety, seeking support and advice to change risky behaviour	Impact of unsafe practices on self and others: physically, emotionally, spiritually and socially	Competencies, abilities and ethics that will assist in securing a job and developing a career: Studying advertisements, writing an application letter and completing application forms (hard copies and online)	Writing and building a curriculum vitae (CV): all forms of experience gained, obtain testimonials, evidence of job shadowing, and informal and/or part-time jobs. Managing projects; administration skills	- Interview skills: personal appearance, conduct and preparation for typical questions Work ethics: responsibility and accountability	Personal expectations and knowledge about self in relation to the demands of the world of work and socioeconomic conditions: Acquire knowledge about jobs that require skilled, semiskilled, unskilled and physical labour	Additional and higher education studies required for different careers Expectancy, reality and perseverance Chances of success and satisfaction Suitability for the job			
PET	PET	PET	PET	PET	PET	PET	PET	PET	PET	l		
 Development of practices, etc. 	f the self in society: H	•			 Grade 10 related content and concepts Development of self in society: Life roles, changes and development towards adulthood, coping with change, values and strategies to make informed decisions. Careers and career choices: Career field, occupations, careers and jobs, NCS, life domains, socio'-economic considerations for careers and study choices, ethical behaviour, 							
	13-16 July (4 days) Development of the self in society • Healthy and balanced lifestyle choices: - Maintaining physical, psychological, social, emotional and spiritual health - Healthy nutrition and being physically active PET Definition of concert of practices, etc.	13-16 July (4 days) Development of the self in society Healthy and balanced lifestyle choices: Maintaining physical, psychological, social, emotional and spiritual health Healthy nutrition and being physically active PET Definition of concepts: Development of the self in society Risky behaviour and situations: Substance use and abuse, unsafe sexual behaviour, risk of pregnancy, teenage suicides; poor hygiene and dietary habits, unsafe road use Factors that impact negatively on lifestyle choices: Lack of knowledge; poor decision-making skills; unsafe attitudes and behaviours; unsafe environments, emotional factors; peer pressure PET PET Definition of concepts: Development of the self in society: H practices, etc.	Development of the self in society • Healthy and balanced lifestyle choices: - Maintaining physical, social, emotional and spiritual health being physically active - Healthy and behaviour, risk of pregnancy, teenage suicides; poor hygiene and dietary habits, unsafe road use heaviours; unsafe sexual behaviours? - Healthy nutrition and being physically active - Healthy and abuse, unsafe sexual behaviour, risk of pregnancy, teenage suicides; poor hygiene and dietary habits, unsafe road use heaviours? - Factors that impact positively on lifestyle choices: - Lack of knowledge; poor decision-making skills; unsafe attitudes and behaviours; unsafe environments, emotional factors; peer pressure - Definition of concepts: - Definition of concepts: - Development of the self in society: Healthy and balanced practices, etc.	13-16 July (4 days)	13-16 July (4 days) Development of the self in society Network of the self in society Netwo	13-16 July (4 days) 19-23 July (5 days) Development of the self in society society Healthy and balanced lifestyle choices: Maintaining physical, social, emotional and spinitual health physically active Healthy nutrition and being skills; unsafe satific emotional skills; unsafe attitudes and behaviour; unsafe environments, emotional persource pressure PET PET PET PET PET PET PET PE	13-16 July (4 days) (5 days) (13-16 July (4 days) (5 days) (13-16 July (4 days) (5 days) (13-15 July (5 days) 19-23 July (5 days) 19-23 July (5 days) 19-24 August (6 days) 19-24		



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Term 3	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week			
48 days	13-16 July 19-23 July 26-30 July 2-6 August 10-13 August 16-20 August 23-27 August 30 August 6-10 September 13-17 Sept										11			
	(4 days)													
								(5 days)						
	https://www.gov.za/documents/disaster-management-act-declaration-national-state-disaster-covid-19-coronavirus-16-mar													
	https://www.sahrc.org.za/index.php/sahrc-media/news-2/item/2298-media-statement-sahrc-continues-to-monitor-human-rights-observance-and-calls-for-calm													
	https://www.sahrc.org.za/index.php/sahrc-media/news-2/item/2296-media-statement-sahrc-responds-to-the-covid-19-national-lockdown													
	https://www.sahrc.org.za/index.php/sahrc-media/news-2/item/2331-media-statement-sahrc-calls-on-government-to-ensure-that-persons-with-disabilities-are-included-in-decisions-and-interventions-related-to-covid-19													
	Sahrc.org.za/index.php/sahrc-media/news-2/item/2288-media-statement-sahrc-urges-all-within-south-africa-to-take-all-necessary-steps-to-minimise-the-spread-of-covid-19													
	https://www.sahrc.org.za/index.php/sahrc-media/news-2/item/2327-media-statement-sahrc-establishes-a-civil-society-advisory-committee-to-undertake-human-rights-monitoring-during-the-lockdown													
	Informal assessment:													
							s of informal tasks cou							
Informal	Various nature of q	uestions are used: sho	ort, discursive, colum	ns, true or false with	motivation, definition	of concepts, attachm	ent of concepts to exp	ressions, scenario bas	sed, case studies, simul	ations, panel discussion	, practical			
Assessment	demonstrations, etc	c. Both written and pra	ctical demonstration	s are considered.										
							nt must be administere							
	For practical demo	nstration, observation	sheets must be used	d. After a reasonable	amount of content ha	as been treated, infor	mal assessment must	be given.						
OD A	1. PROJECT													
SBA	Learners w	ill spend time outside	of contact time to col	lect resources and in	formation.									
(Formal	The comple	etion of the task should	d be facilitated by the	teacher in class time	9.									
Assessment)	2. PET		-											



2021 Annual Teaching Plan – Term 4 Life Orientation Grade 11

Term 4 47 days	Week 1 5-8 October (4 days)	Week 2 11-15 October (5 days)	Week 3 18-22 October (5 days)	Week 4 25-29 October (5 days)	Week 5 1-5 November (5 days)	Week 6 8-12 November (5 days)	15-19 November 22-26 N		Week 8 22-26 Novembe (5 days)	Week 9 29 November December (5 days)	Week 10 6-8 December (3 days)
CAPS Topic	Study skills	Study skills	Study skills	Democracy and human rights	Democracy and human rights	Democracy and human rights	Grades 1	.0 and 11			
	Revise and	- Study styles as	- Examination writing skills	Contributions of Courth Africa's	Identify and critically	Continue	Term	ASSESS	MENT TASK	MARKS PER TERM	1
	implement a study plan by	preferred way of approaching		South Africa's diverse religions	analyse various moral and spiritual	practices and				RECORDING	REPORTING
	including and applying:	applying: setting skills: systems to a dilemmas: right-to-personal harmonious life, euthanasia,	traditions • Respect	1	Source	e-based task	90	100			
	- Time management	to approach a specific task in	development goals regarding	society and own belief system:	me, cananacia,	differing opinions		PET		10	
Core	skills	Study skills: examine how learning takes place and reflect on effectiveness the light of perceived demands study, health and fitness - Clarify own values and beliefs	opor	2	Contro	lled test	100	100			
Concepts, Skills and	examine how			3	Project		90	100			
Values	place and reflect							PET		10	100
	on onconvenious				4	Final examination		100	100		
								TOTAL		400	100
Requisite Pre-	Development of the s Poverty, social environ Sexuality, lifestyle characteristics	nment, social and cul	Itural influences, Inform	ned decisions, barrier,							
Knowledge	Democracy and Hum	an Rights:	vuo oppioty. Night vigil								
Resources	Graphic organizers to etc. Internet/Case Stu CAPS content per ter	enhance thinking sk udies/Scenarios that a m*/Power Posters/St	are *current and up-to-o imuli such as picture(s)	date*/Newspaper articles)/ Google classroom/ Kah	/DVD's/Role Play activities	s/Presentations by leas s/Objects/material for	arners/Video r demonstra	o clips, D\ itions (to a	/Ds, PowerPoint Pi ccommodate kinae	resentations/Guest sp esthetic learning style	ummaries, to organize ideas, eakers on a subtopic *as per / Organisations/NGOs, Tips
Informal Assessment	Various nature of que demonstrations, etc. After a reasonable ar	formal task should be estions are used: shor Both written and prace mount of content has less than the state of the state	t, discursive, columns, tical demonstrations ar been treated, informal	true or false with motival re considered. assessment must be give	the various cognitive leve tion, definition of concepts en. At least one informal as t of content has been trea	attachment of concessessment must be a	epts to expre administered	essions, s I on each _l	cenario based, cas	se studies, simulations	, panel discussion, practical
Formal Assessment	FINAL EXAMINATIO	ons									