

2021 Annual Teaching Plan: LIFE SKILLS

FOUNDATION PHASE: LIFE SKILLS GRADE 2

GAIDI YA KUSHUMISELE KWA KHARIKHUJAMU YO FHUNGUDZWAHO YA ZWIKILI ZWA VHUTSHILO KHA VHUIMO HA MUTHEO:

- Zwikili zwa Vhutshilo ndi muṭoḍo wa u funza na u guda kha Vhuimo ha Mutheo. Iyi ngoho a i koni u tsikeledzwa lwo linganelaho. **This fact cannot be emphasized strong enough.** I ita khonadzeo ya “U funza na u guda ho nwelelaho **deep teaching and learning**” musi vhagudi vha tshi shumisa ḍivhaipfi **vocabulary**, vho sika maṅwalwa a U Vhala na vhagudi na U ṅwala, zwikili zwa ṭhalusaipfi, vhusiki ha u ṅwala na u ya phanḍa.
- Nḍivho thangeli na mutakalo wa vhuṅe na wa Tshitshavha kha kharikhuJamu ya Zwikili zwa Vhutshilo yo dzudzanywa/vhekanywa nga dziṭhoho.
The use of topics is suggested as a means to integrate the content from the different study areas where possible and appropriate. Hu do tea u angaredza thoho dzo nangiwaho kha CAPS u bva kha themo ya 1 u swika kha 4.
- KharikhuJamu ya Zwikili zwa Vhutshilo ya Themo ya 1-4 yo kuvhanganywa kha ḷiṅwalwa ḷi.
- Sa kha Themo ya 2-4, ḷiṅwalwa ḷi katela Zwikili na Mikhwa, khontseputi khulwane na nḍivho kathihi na zwishumiswa zwine zwa ḍo shumiswa zwi songo dzheniswaho kha Tshipokhali (TPL).
- Magudiswa a Zwikili zwa Vhutshilo o phaḍaladzwa nga nḍila ya **coherent**, yo leluwaho kha vhege dzo randelwaho Themo iṅwe na iṅwe.
- Vhege nḍa dzo vhetshelwa “U lugela” kha Gireidi 1 **u itela vhagudi vhane vha nga vha vha saathu u lugela** kharikhuJamu ya fomaḷa. u guda na u funza zwi ḍo ya phanḍa nga murahu ha vhege 2 hu tshi shumiswa ṭhoho dzo nangiho. U vhaḷela nṭha, u vhalala na vhagudi, mitambo, u imba kathihi, u fhaṭa phazili zwi ya phanḍa sa kha ṭhoho “NṅE”
- Magudiswa a Gireidi 1 a ḍo sumbedza arali vhagudi vha tshi ḍo ṭoḍa vhege dzi no fhira 4 nahone vhenevho vhagudi vhaṭuku vha nga isa phanḍa na “Mbekanyamushumo ya u Lugela na ya **Phonological awareness**” nga tshifhinga tsha **u funza**. VHA NGA ḌI PFUFHIFHADZA VHEGE DZA U FUNZA U FUNZA ṭHOHO DZA ZWIKILI ZWA VHUTSHILO KHA THEMO 1 zwi tshi langwa ngauri vhagudi vho shumisa vhege nngana “kha u swikela”.
- Gireidi 2 na Gireidi 3 dzo avhelwa vhege 2 dza Nḍivho ya u ranga na Mutheo wa nḍivho na Ngudo ya u rangela. Vha nga shumisa ṭhoho dza Themo ya 4 arali vha tshi ṭoḍa u swikelela kha Nyambo. Kha vha shumise ṭhoho, zwi re ngomu na zwikili u langa u funza Luambo. VHA NGA ḌI PFUFHIFHADZA VHEGE DZA U FUNZA U FUNZA ṭHOHO DZA ZWIKILI ZWA VHUTSHILO KHA THEMO 1 zwi tshi langwa ngauri vhagudi vho shumisa vhege nngana “kha u swikela”.

KHA VHA DZHIELE NZHELE ZWI TEVHELALO MUSI VHA TSHI FUNZA NGUDO DZO ḌALAHO ZWA U ITA (SAINTSI YA MUPO, THEKINOḷODZHI, VHUTSILA NA NGUDO YA NYONYOLOSO) ZWA ZWIKILI ZWA VHUTSHILO

- **U tamba ha u nanga na ho dzudzanywaho ndi zwa ndeme kha pfunzo ya Vhuimo ha Mutheo nahone zwi songo dzhielwa fhasi. Hu tshi tevhedzwa zwa COVID.**
- Vhagudi vha tea u ḍipfa vha tshi wela na hone vha tshipiḍa tsha tshigwada nga maanḍa ngauri izwi zwi ita uri vha ḍi pfe vhe muṅwe wavho na u ṭanganedzea, nga maanḍa nga tshifhinga tsha zwino.
- Vhutsila, u imba na musudzuluwo ndi dzilafho ḷi no ṭuwisa mitsiko i re hone, kuhumbulele kwa matshilisano na thikhedzo ya vhuḍipfi ndi zwiṅwe zwa vhuṭhogwa. **Psycho-social and emotional support is one of our priorities**

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- Tshifhinga tshinzhi nyito dziñwe dzo litshwa kana dza shandukiswa u itela u tevhedza tshikhala tsha vhushaka. NYITO DZI NGA SHANDUKISWA U ITELA URI DZI YELANE NA ZWINE VHA KHOU TEA U ITA.

GAIDI YA U LINGA HA TSHIKOLONI:

- Zwi itwa tshifhinga tshoṭhe, nga ndila i si ya fomaḷa nga u sedzulusa na nga maanda nga ndila ya u ita. Vhagudi vha tea u vha na zwikhala zwinzhi musi hu sa a thu u rekhodwa lwa fomaḷa kana u nṱewa khoudu.
- Nḍivho thangeli na Mutakalo wa vhuṅe zwi nga lingwa nga u ṅwala, fhedzi ṱhoho dzi katelaho u ita sa u rekhoda mutsho, nyaluwo ya zwimela, u ita tshifaro tsha tshimela zwi nga shumiswa kha u linga zwikili zwa vhutshilo na Luambo lwa hayani. Zwi fana na tshipiḍa tsha vhutsila, na nga u amba nga ha tshipiḍa tsha vhutsila hau zwi nga shumiswa kha ngudo ya vhutsila na kha (oraḷa) kha u amba na u thetshesela. Kha vha shumise rubiriki (iñwe na iñwe yayo) I re na maga o ṱalutshedzwaho a tshikili tshiñwe na tshiñwe na mvelele dzo livhanywaho kha tshibveledzwa.(oraḷa na tshipiḍa tsha vhutsila).
- Kha hu shumiswe gaidi ya SBA – vha nga shandukisa dziñwe dza dzi rubiriki

Ri khou ḍi wana ri kha tshifhinga tsho fhambanaho tsha “kuitele kuswa” “new normal” ri tea u vha humbudza uri kha vha ḍi ṱhogomele. Ri a livhuwa u ḍi nṱekedzela havho na u lwela u lugisela vhagudiswa vhashu u vha vhavhalivha re na vhukoni, vha u humbula vhukuma na u kona u tandulula thaidzo.

MAFUNZELE O SEDZULUSWAHO A GIREIDI 2: ZWIKILI ZWA VHUTSHILO

THEMO 1 MADUVHA A 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
MUTAKALO WA VHU NE NA	<p>MAGA A COVID 19 A DUVHA LINWE NA LINWE :</p> <p>Rothini ya mutakalo ya ḍuvha na ḍuvha I tea u tevhedzwa vhukuma :</p> <ul style="list-style-type: none"> Kha vha humbudze vhagudi nga rothini ya ḍuvha na ḍuvha. Kha vha ṱuṱuwedze vhagudi u dzula mahayani musi vha tshi lwala. Vhagudi vha tea u ambara masiki ḍuvha ḷinwe na ḷinwe .Masiki I bvulwa na u vhwela fhethu ho tsireledzeaho fhedzi musi vha tshi ḷa . Kha vha vhe na vhulavhelesi nga tshifhinga tsha u ḷa zwidyangu dyangu na tshiswiṱulo. Kha vha vha gudise u thivha na ningo nga lukuḍavhavha lwo khotheaho kana nga thishu musi vha tshi hoṱola na u atsamula. Thishu yo shumaho I tea u laṱwa na zwenezwo . Kha vha dzulele u ṱamba zwanḍa nga maḍi na tshisibe kana vha sanithaize zwanḍa zwavho. 									

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WA TSHI TSHA VHA

- Kha vha sanithaize na u kunakisa tshifhinga tshoṭhe fhethu ho kwamiwaho kana (vha shele lebula 5 dza jiki kha liṭha nthihi ya maḍi) thoi,zwishumiswa na zwinwe zwithu vho.Kha vha divhadze maitele aya sa rothini .
- Muano: Londani vhukule haṅu kana tshikhala tshaṅu. Kha vha funze vhagudi u ṭhogomela tshikhala vhukati ha vhone vhaṅe na vhanwe,na uri vha lumelisana hani hu sina u kwamana .
- Kha vha thuse vhagudi u fhaṭa muya wa lufuno, musi vha tshi khou fhaṭa vhuṑo ho tsireledzeaho na u ṭhogomela vhanwe.
- U fhindula zwililo zwa vhagudi nga lufuno na vholondo.
- U ṭhogomela maitele a misi yoṭhe u londota nzulele i songo ḍoweleaho.

VHADEDEDZI VHA TEA U VHONA URI TSIRELEDZO YAVHO NA YA VHAGUDISWA VHAVHO NDI YA NDEME KHA VHONE VHANE.

- Nyito dza nḍivho thangeli na mutakalo wa vhuṅe na wa tshitshavha zwi fanela u sumbedza zwikili zwi re na vhusaka na Saints dza Matshilisano ,Saints ya Mupo na Thekholodzhi satsumbo ;zwikili zwa ṭhoḍuluso, u dzudzanya ,vhudzisa ,na zwinwe vho.Kha vha vhone uri mveledziso ya ḍivhaipfi yo katelwa kha u engedza luambo .
- Vhutsila [Vhutsila ha u Vhona na Vhutsila ha Nyito] dzi fanela u dzhenelana nga maanḍa Nyambo.
- Ngudo ya Nyonyoloso i fanela u itwa lwa iri nthihi nga vhege iri ya vhuvhili i fanela u shumiselwa nḍivho ya u vhalwa zwa mutakalo wa vhuṅe na wa tshitshavha na ndivho thangeli tsumbo :u pfesesa zwipiḍa : “ u vhalwa nḍivho “, zwitori ,zwirendo na zwinwe vho .
- Ngudo dzoṭhe dza zwikili zwa vhutshilo dzi fanela u fhela hu na minetse 5 ya ngudo yo livhanaho na u ita uri vhagudi vha dzhieze nzhele Covid-19 u ambedzela u ṭamba zwanḍa ,nḍowelo ire na mutakalo ,tsumbadwadze dza Covid – 19 ,u sia tshikhala vhukati ha iwe muṅe na vhanwe, musi khonani / muraḍo wa muṭa o lovha u tea u divha uri u divhadza nnyi lini, na zwinwe vho.
- Vhagudi vhakhou lavhelelwa u fhedza bugu ya nyito ya u shumela ya DBE na nyito mbili kana tharu dza u tou nwaliwa kana vha ite nyito nga vhege nga ngomu kilasisi kha bugu dzau shumela dza BK na PSW

KHA VHA DZHIELE NZHELE: VHULANGI HA MIHUMBULO NA U LANGA KUHUMBULELE NA MATSHILISANO A ZWO NGO NḶWALWA KHA TPL,HUNO ZWIKILI IZWI ZWI KONISA VHAGUDI U LANGA NYANYUWO, U DZHIELA NZHELE MAFHUNGO, U DZUDZANYA TSHIFHINGA, ZWISHUMISWA NA U FHINDULA NGA NḶILA YO TEAHO KHA NZULELE YA MATSHILISANO NA NYIMELE I KONḶAHO, NDI ZWA VHUṬHOGWA KHA NGUDO. VHA HUMBELWA U VHALA ZWINZHI NGA IZWI.

THEMO 1 MADUVHA A 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
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T ^h OH ^o DZA T ^h PL:	U PFUMBUDZWA /MATHOMELE	U PFUMBUDZWA / MATHOMELE	ZWINE RA ZWI TODA URI RI TSHILE	ZWINE RA ZWI TODA URI RI TSHILE	NNE NA VHAÑWE	NNE NA VHAÑWE	MUÑWE NA MUÑWE NDI WA NDEME	MUÑWE NA MUÑWE NDI WA NDEME	U TSHILA U NA MUTAKALO	U TSHILA U NA MUTAKALO
ZWIKILI NA VHUVHA: <ul style="list-style-type: none"> • U vhambedza • U sedzulusa • Nyambedzano • U wanulusa • Thonifho • U kondelela etc. 	<ul style="list-style-type: none"> • U sumbedza thonifho ,lufuno,u vhavhalela na u tangedza • U sumbedza nga nyito SKAVs 	<ul style="list-style-type: none"> • U sumbedza thonifho,lufuno,u vhavhalela na u tangedza • U sumbedza nga nyito SKAVs 	<ul style="list-style-type: none"> • U sedzulusa • U vhambedza • Nyambedzano 	<ul style="list-style-type: none"> • U sedzulusa • U wanulusa • U vhambedza • Nyambedzano • Thonifho 	<ul style="list-style-type: none"> • U wanulusa • U vhambedza • Nyambedzano • Thonifho • U vhavhalela 	<ul style="list-style-type: none"> • U wanulusa • Nyambedzano • U kona u thonifha na u hangwela • Thonifho • U vhavhalela • U kondelela 	<ul style="list-style-type: none"> • U sedzulusa • U wanulusa • U vhambedza • Nyambedzano • Thonifho • U vhavhalela 	<ul style="list-style-type: none"> • U sedzulusa • U vhambedza • Nyambedzano • Thonifho • U vhavhalela 	<ul style="list-style-type: none"> • U sedzulusa • U wanulusa • U vhambedza • Nyambedzano 	<ul style="list-style-type: none"> • U sedzulusa • U wanulusa • U vhambedza • Nyambedzano • U dithonifha
MIHUMBULO MIHULWANE NA NDIVHO :	<ul style="list-style-type: none"> • Upfumbudza kha milayo na maitele • Fhethu nga ngomu tshikoloni na kilasirumuni • Mathomele • U fhaṭa phazili • U vhalazwine wa funa 	<ul style="list-style-type: none"> • U pfumbudza kha milayo na maitele • Fhethu nga ngomu tshikoloni na kilasirumuni • Mathomele • U fhaṭa phazili • U vhalazwine wa funa 	<ul style="list-style-type: none"> • Tshakha dza zwiṭiwa zwine ra ṭa • Zwiṭiwa zwavhuḍi zwi no ri fha nungo 	<ul style="list-style-type: none"> • Ndemeya maḍi ,mufhe na masana • U londota kana u vhulunga zwishumiswa 	<ul style="list-style-type: none"> • Khonani • Vhuvha ha khonani yavhuḍi 	<ul style="list-style-type: none"> • U imedzana zwavhuḍi na khakhathi • Vhuḍipfi na u tambudza 	<ul style="list-style-type: none"> • Zwinezwa fana na zwi sa fani • Zwiṭiwa 	<ul style="list-style-type: none"> • Ada ptations • U thogomela vathu vha re na vuholefhal i 	<ul style="list-style-type: none"> • Zwiṭiwa zwi londotw hani 	<ul style="list-style-type: none"> • Ndi mini tshi re khombo muvhilini wa muthu? • Mait ele avhuḍi a vhutshilo
NDIVHO THANGELI :	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa 	<ul style="list-style-type: none"> • Zwikili zwa vhupfiwa

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	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha	●Ndivho ya duvha na duvha
<p>ZWI RE NGOMU KHA TPL:</p> <p>KHA VHA HUMBULE u ita nyito dzi no bvedza</p> <p>VHULANGI HA MIHUMBULO, u shumisa muhumbulo, vhukoni na u dilanga.</p> <p>Kha vha vhone uri bugu dza u shumela dza DBE dzi khou shumiswa lwo linganelaho</p>	<ul style="list-style-type: none"> ●Ndivho ya u rangela HL na Mbalo ●TPL – SKAVs Zwa iwaha wo fhiraho zwa Themo zwo funzwa 	<ul style="list-style-type: none"> ●Ndivho ya u rangela HL na Mbalo ●TPL – SKAVs Zwa iwaha wo fhiraho zwa Themo zwo funzwa 	<ul style="list-style-type: none"> ● Zwiwa zwo fhambanaho zwa u alusa ,u fha maandā na mutakalo 	<ul style="list-style-type: none"> ● Maḍi –ndi ngani ri tshi ṭoḍa maḍi ● Mufhe – mufhe ndi mini? ● Masa na – ● Ndi ngani ri tshi ṭoḍa masana ● U ḍi tsireledza kha duvha 	<ul style="list-style-type: none"> ● Khonani – Vhuvha ha khonani ya vhuḍi ● Vhukatela : u nea U thusa U sumbedza ṭhonifho 	<ul style="list-style-type: none"> ● Vhat hu vha tshikoloni na vhathu vhe hayani –zwi katela u nea , u thusa ,u sumbedza ṭhonifho. ● U imedzana zwavhuḍi na khakhathi-vhuḍipfi na u shengedza 	<ul style="list-style-type: none"> ● Vhathu vha a fana ,vhathu vha dovha vha fhambana ● Zwith u zwine zwa thusa vhathu sa :ngillasi dza u vhala ,fureme ya u tshimbila, mmbwa dza u femba ,tshomedzo ya u thetshesesa 	<ul style="list-style-type: none"> ● Zwi thu zwine zwa thusa vhathu sa :ngilasi dza u vhala,fure me dza u tshimbila ,mmbwa dza u femba ,tshomedz o ya u thetshesesa ● U ṭhogomela vhathu vha re na vuholefhal i ● Ndi nga vha mukundi 	<ul style="list-style-type: none"> ● U tsireledza zwiwa zwine ra ḷa-zwi katela u zwi tsireledza kha thunzi,zwili wa kha zwi vhewe fhethu hu rotholelaho 	<ul style="list-style-type: none"> ● Zwi hu zwine zwa ri vhaisa - u daha fola, halwa , zwidzidzivh adzi ● Mikh wa yavhuḍi – u fana na u dzula tshi ita nyonyoloso ,u fhungudza u vhona thelevishini 	
<p>MAḌUVHA A VHURERELI NA MAḆWE O KHETHEAHO ANE A PEMBELELWA KHA TSHITSHAVHA A TEA U AMBEDZANIWA NGAO MUSI A TSHI BVELELA KHA THEMO YOṬHE</p>											

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<p>ZWISHUMISWA:</p> <p>Kha vha vhone uri bugu dza DBE dzi khou shumiswa lwo linganelaho</p>			<ul style="list-style-type: none"> ● DBE WB1 Pg. 2 – 3 ● Zwa vhukuma zwa 3D ● Magaraṭatai ● Tshathi ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 4 – 5 ● DBE WB1 Pg. 6 – 7 ● DBE WB1 Pg. 8 – 9 ● Magaraṭatai ● Tshathi 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 10–11 ● Zwavhuku ma zwa 3D ● Magaraṭatai ● Tshathi ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg.12– 13 ● DBE WB1 Pg. 14 – 15 ● Zwa vhukuma zwa 3D ● Magaraṭatai ● Tshathi ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 16 – 17 ● DBE WB1 Pg. 22 - 23 ● DBE WB1 Pg. 18 – 19 ● Zwa vhukuma zwa 3D ● Magaraṭatai ● Tshathi ● Video 	<ul style="list-style-type: none"> ● DB E WB1 Pg. 20 – 21 ● DB E WB1 Pg. 24 – 25 ● Zwa vhukuma zwa 3D ● Magaraṭatai ● Tshathi ● Video 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 28 – 29 ● Zwavhuku ma zwa 3D ● Magaraṭatai ● Tshathi ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 30 – 31 ● Zwavhuku ma zwa 3D ● Magaraṭatai ● Tshathi ● Vidio
<p>U LINGA HU SI HA FOMAḶA:</p>	<ul style="list-style-type: none"> ● Nyito dzi fanela u sedzuluswa na u lingiwa nga tshifhinga tsha ngudo dza Zwikili zwa Vhutshilo dza ḁuvha na ḁuvha. U dzhiela nṯha.SKAVs dzo bveledzelwaho na u dodombedzwa kha Luambo lwa ḁamuni na Mbalo ● Vha fanela u fhiwa nyito dza u ṅwala ● Zwikili, nḁivho, maitele na vhuvha a si nyito dza u lingiwa fhedzi u fanela u vhona uri vhagudi vha wane zwikhala zwa u sumbedzisa zwikili izwi nga u amba, nga nyito na nga nḁila ya u tou ṅwala. ● Zwi fanela u itwa nga ndila i si ya fomaḶa zwi tshi khou tevhekana. 									
<p>U LINGA HA TSHIKOLONI :</p>	<p>KHA VHA SEDZE KHA GAIDI YA DBE YA SBA</p> 									

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GRADE 2 REVISED TEACHING PLANS: LIFE SKILLS

THEMO 1 MADUVHA A 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
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MAGA A DUVHA NGA DUVHA A COVID-19 :

Maitele a duvha nga duvha a vhutatshili a tea u tevhelwa:

- Vhagudiswa kha vhu humbudziwe kha maitele a duvha nga duvha..
- Vhagudiswa kha vha tutuwedzwe u dzula hayani musi vhatshimkhon vhaaisala.
- Vhagudiswa vha tea u ambara masiki dvha linwe na linwe. Masiki I tea u bvuliwa ya vhwewa fhethu ho tsireledzeaho musi vha tshi khon la.
- Kha vha thogomeliwe nga zwifhinga zwa u la..
- Kha vha gudiseswe u thivha mulomo na ningo nga lukudavhava kana thishu musi vha tshi hotola kana u atsamula. Thishu iyo kha I latiwe ho teaho nga u tavhanya.
- Tambani zwanda nga madi na tshisibe tshifhinga tshithe kana ni sanithaize zwanda.
- Sanithaizani ni kunakise fhethu kana zwithu zwi no dzulela u fariwa (zwilebula zwituku zwa 5 zwa dzhiki ngomu ha lithara nthihi ya madi) zwitambiswa, zwa u guda ngazwo na zwinwe. Ngavhe maitele a duvha linwe na linwe.
- Maitele: Siani tshikhala- Gudisani vhagudiswa nga ha u sia tshikhala na u lumelisa u so ngo kwama munwe.
- Help learners to cultivate compassion, increase resilience while building a safe environment and caring for others.
- Respond to learners' anxieties with love and care.
- Kha vhe maitele a duvha linwe na linwe a u vhona uri fhethu kana nyimele I si ya vhudi I vhe ya vhudi.

VHADEDEZI KHA VHA VHONE URI VHO TSIRELEDZEA NA VHANA

- Ngudo dza Ndivho Thangeli na Mutakalo wa Vhune na wa Tshitshavha kha zwi vhe zwi talutshedzaho zwikii zwi livhaho kha Social Science, Natural Science and Technology tsumbo. U todulusa, u bveledza, zwikili zwa u vhudzisesa, na zwinwe. Kha vha vhe na vnutanzi uri vokhabulari I khon bveledzwa hu u titela u alusa luambo.
- Vhutsila ha vhusiki [Vhutsila ha u Ita na Vhutsila ha u Vhona] zwi tea u tumanywa na Luambo.
- Pfunzo ya nyonyoloso I tea u vha awara nthihi kha vhege, wara ya vvhvili I do vha ya u vhalala kha Ngudo dza Ndivho Thangeli na Mutakalo wa Vhune tsumbo, zwipida zwa tholokanyo ndivho, u vhalala u na ndivho, zwitori, zwiendo na zwinwe.
- Miithethe mitanu minwe na minwe ya u thoma kha ngudo ya Zwikili zwa Vhutshilo I tea u vha yo livha kha u amba nga COVID-19, u tamba zwanda, maitele a vhudi a mutakalo, tsumba dwadze dza COVID-19, u sia tshikhala, ndi muni kana ndi lini hune ra tea u vhiga, u amba nga ha khonani kana murado wa muta o lovhaho, na zwinwe.
- Vhagudiswa vha khon livhalelwa u fhedzisa mishumo I re kha DBE bugu ya u shumelaLna mishumo mivhili kana muthihi wa practical nga vhege kha bugu ya u shuma kilasini ya BK na PSW.

NDIVHO THANGELI	THEMO 1 MADUVHA A 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
	THOHO DZA CAPS:	PFUMBUDZO /MUTHEO	PFUMBUDZO /MUTHEO	ZWINE RA TEA U TSHILISA ZWONE	ZWINE RA TEA U TSHILISA ZWONE	NNE NA VHANWE	NNE NA VHANWE	MUÑWE NA MUÑWE NDI WA NDEME	MUÑWE NA MUÑWE NDI WA NDEME	MUTAKALO WAVHUĐI	MUTAKALO WAVHUĐI
	ZWIKILI NA NDEME: <ul style="list-style-type: none"> • U sedza • U vhambedza • U vhekanya • U ela • U lingedza • U dāvhidzana • U ṭhonifha 	<ul style="list-style-type: none"> • U sedza • U vhambedza • U dāvhidzana 	<ul style="list-style-type: none"> • U sedza • U vhambedza • U dāvhidzana 	<ul style="list-style-type: none"> • U sedza • U vhambedza • U vhekanya • U ela • U lingedza • U dāvhidzana 	<ul style="list-style-type: none"> • U sedza • U vhambedza • U vhekanya • U ela • U lingedza • U dāvhidzana 	A hu na vhukwamani na mupo	A hu na vhukwamani na mupo	<ul style="list-style-type: none"> • U sedza • U vhambedza • U vhekanya • U dāvhidzana • U ṭhogomela • U ṭhonifha 	<ul style="list-style-type: none"> • U sedza • U vhambedza • U vhekanya • U dāvhidzana • U ṭhogomela • U ṭhonifha 	<ul style="list-style-type: none"> • U sedza • U vhambedza • U vhekanya • U dāvhidzana 	<ul style="list-style-type: none"> • U sedza • U vhambedza • U vhekanya • U dāvhidzana
VHA ELEKANYE u dzhiela ntha nyito dza u ṭṭuwedza Mashumele a Vhuimo ha Nṭha: Muhumbulo wa u shuma, Ndango ya nga ngomu na u ḍiilisa.											
KHONTSEPUTI KHULWANE NA NDIVHO:	• Pfumbudzo ya milayo na matshimbidz ele	• Pfumbudzo ya milayo na matshimbidz ele	• Tshaka dzo fhambanana ho dza zwiliwa. [Thoro na zwibveledzw	• Zwiko zwa maḍi [Ha vhuṭhogwa – mvula], damu			• Vhathu • Zwithu zwi thusaho vhathu [thanda dza u thusa u tshimbila(magob		• U tsireledza zwiliwa zwine ra ḷa • U kunakisa	• Zwithu zwine zwa Ri vhaisa • Mikhwa yavhuḍi	

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		<ul style="list-style-type: none"> ● Masia kilasirumuni na tshikoloni ● Mutheo ● Tshishumisw a tsha u vhala 	<ul style="list-style-type: none"> ● Masia kilasirumuni na tshikoloni ● Mutheo ● Tshishumisw a tsha u vhala 	<p>a zwa thoro , Muroho na mutshelo, zwiβveledzw a zwa mafhi, mapfura na iolji, nama, khovhe, khuhu, nduhu na nawa</p> <ul style="list-style-type: none"> ● Mishumo ya maḓi 	<p>mulambo, na zwinwe.</p> <ul style="list-style-type: none"> ● Ri vhulunga hani maḓi ● Ndeme ya mufhe na masana ● Vidio – Ndeme ya masana kha zwimela 			<p>odo), ngilasi dza u vhona, zwau thusedza u thetshesesa, zwidulo zwa malinga na zwiñwe.]</p>		<p>maḓi [u vhlisa, u bvisa mashika, u shela mishonga]</p>	
<p>ZWI RE KHA CAPS:</p> <p>U vhalela u pfe sesa) kha man walwa a zwi re zwavhukuma na zwi si zwavhukuma</p>	<ul style="list-style-type: none"> ● Mutheo HL & Mbalo ● CAPS – SKAVs kha ñwaha wo fhiraho ● Zwo swikelelwa kha themo 	<ul style="list-style-type: none"> ● Mutheo HL & Mbalo ● CAPS – SKAVs kha ñwaha wo fhiraho ● Zwo swikelelwa kha themo 	<ul style="list-style-type: none"> ● Maḓi – Ndi ngani ri tshi ṭoda maḓi, (u bika, u nwa, zwimela, u ṭanzwa) 	<ul style="list-style-type: none"> ● Mufhe – mufhe wo kunaho[Muf he ndi mini?] ● Masana – u katela tsireledzo u bva kha ● ḓuvha [Ndi ngani ri tshi tea u wana masana? – zwi tshilaho; vhathu, phukha na zwimela] 			<ul style="list-style-type: none"> ● Zwithu zwine wa thusa vhathu sa u ngilasi dza u vhala, fureme dza u tshimbila ● Vidio- Ngilasi dzo itwa hani 		<ul style="list-style-type: none"> ● Tsireledz o kha thunzi(zw itzhili) ● U rothodza zwiliwa ● Nḓila dzo leluwaho dza u kunakisa madi 	<ul style="list-style-type: none"> ● Zwithu zwine zwa ri vhaisa - u daha, zwikambi, zwidzidzi vhadzi ● Mikhwa yavhuḓi - sa nyonyolo so misi yoṭhe, u fhungudz a tshifhinga tsha televishini 	

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<p>MUPO: TSHATI YA MUTSHO I TEA U DZULA YO DZUDZANA LWA NGOMA NWAHA WOTHE</p> <ul style="list-style-type: none"> ● Mahumbulelwa ● Mufhiso wa fhasi na wa n̄tha ● U tsira gole ● Zwiga(selishiasi, u bvumba mutsho) ● U fhedzisa tshati yau ya mutsho ● Mutsho u ne wa vha na zwiwo, muya , na zwinwe 										
<p>TSHOMEDZO DZI NE DZA KHWATHISEDZA KUSHUMISELE KWA BUGU DZA U SHUMELA DZA DBE</p>			<ul style="list-style-type: none"> ● DBE WB1 Pg. 2 - 3 ● DBE WB1 Pg. 4 - 5 ● DBE WB1 Pg. 6 - 7 ● Vhungoho ha 3D ● Magaraṭatai ● Tshati ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 8 - 9 ● Vhungoho ha 3D ● Magaraṭatai ● Tshati ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg.10-11 ● DBE WB1 Pg.12 - 13 	<ul style="list-style-type: none"> ● D BE WB1 Pg. 14 - 15 	<ul style="list-style-type: none"> ● DBE WB1 Pg.16 - 17 ● DBE WB1 Pg.22 - 23 ● DBE WB1 Pg.18 - 19 ● Vhungoho ha 3D ● Magaraṭatai ● Tshati ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 20 - 21 ● DBE WB1 Pg.24 - 25 ● Vhungoho ha 3D ● Magaraṭatai ● Tshati ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1: Pg. 28 - 29 ● Vhungoho ha 3D ● Magaraṭatai ● Tshati ● Vidio 	<ul style="list-style-type: none"> ● DBE WB1 Pg. 30 - 31 ● Vhungoho ha 3D ● Magaraṭatai ● Tshati ● Vidio
<p>NDINGO I SI YA FOMALA</p>	<p>Mushumo wa u tou ita u itea u sedzwa na u lingwa hu si ha formala ḍuvha liṅwe na liṅwe musi mushumo wa pfunzo ya Zwikili zwa Vhutshilo u vhukati. Na u dzhiela n̄tha SKAVs zwi no khou bvelela, zwo bvededzwaho na u koneswa kha Luambo Lwa Hayani na kha Mbalo</p> <ul style="list-style-type: none"> ● Muṅwe mushumo wa u ṅwala u nga ṅewa. ● Zwikili, u shumisa ṅdivho, mbonalelo na ndeme a zwi tou vha zwa nyito ya u lingiwa fhedzi kha vha ite vhungoho ha uri vhana vha fhiwe tshikhala tsha u sumbedza hezwi zwikili nga nyito dza orala na nga u tou ita. ● U iyi ndi i si ya fomala ndi ya tshifhinga tshoṭhe. 									
<p>NDINGO YA TSHIKOLONI:</p>	<p>KHA VHA SEDZE KHA TSUMBANDILA YA SBA YA DBE</p>									

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THEMO 1 MADUVHA A 45											
VHEGE 1 VHEGE 2 VHEGE 3 VHEGE 4 VHEGE 5 VHEGE 6 VHEGE 7 VHEGE 8 VHEGE 9 VHEGE 10											
CAPS TOPICS:											
ORIENTATION/ BASELINE ORIENTATION/ BASELINE KHALANWA HA ZWINE RA TEA U TSHILISA ZWONE NNE NA VHANWE NNE NA VHANWE MUNWE NA MUNWE NDI WA NDEME MUNWE NA MUNWE NDI WA NDEME HEALTHY LIVING HEALTHY LIVING											
U SIKA KHA 2D											
Nwana munwe na munwe kha vhe na tshifaredzi tsha ice cream tshine tsha do vha na zwishumiswa. Arali zwi nga si konadzee. <i>Olani nga zwine zwa vha hone</i>											
REMEMBER to always be aware of activities to promote Executive Functioning : Working memory, Inhibitory control and Self-regulation											
VHUT SILA HA VHUS IKI	<ul style="list-style-type: none"> Penndani tshifanyiso tsha inwi mune musu ni na vhanwe ni kha nyito. (u gidima, u fhufha, u tshina na zwinwe.) ambani nga ha mivhala yo dzulaho yo tou ralo(Primary colours) na mivhala yo tanganyiswaho (Secondary colours) mivhala yo dzikaho na l no penyapenya, zwivhumbeo na mitalo. 					X					
	<ul style="list-style-type: none"> Fhatani phetheni ni tshi khou shumisa zwivhumbeo zwa dzhometiri, ambani nga ha mutevhetsindo na ndovhololo 			X							

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	<p>U SIKA KHA 3D (U FHATA) (Vhana kha vha vhe na mavumba avho kha zwifaredzi na zwishumiswa zwavho) arali mavumba a siho kha vha fhate zwinwe</p>											
	<ul style="list-style-type: none"> U shumisa vumba u ita na u nakisa zwifaredzi, u ita nyambedzano nga ha phetheni, zwivhumbeo zwa dzhometiri, mitalo, u ita nyambedzano nga ha zwine fhasi ha pfalisa zwone, na thekheniki ya matanganyele. 										X	
	<p>U ITA U SO NGO THOMA WA DI LUGISELA NA U TALUTSHEDZELA Kha vha shumise zwikhala zwa vhone vhane kha zwidulo na nda mudavhini</p>											
VHUT SILA HA U ITA	<ul style="list-style-type: none"> U sika mabono matuku zwo livhanya na thoho dzo teaho, ho sedzuluswa kha mutodo wa tshitori 									X		
	<ul style="list-style-type: none"> U sika vhabvumbedzwa vho teaho: u sumbedza phambano vhukati ha vha bvumbedza na mihumbulo ya vha 										X	

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	bvumbedzwa kha mabono.										
	<ul style="list-style-type: none"> Mutevhetsindo wa phetheni hu tshi shumiswa maipfi a ndeme a bvaho kha thoho dzo nangiwaho sa, vhatu vhe mishumoni, vharemi vha khuni” khe-khe-khe, mulimi “dzhebu-dzhebu na zwinwe. 				X						
	<ul style="list-style-type: none"> U shumisa tsumbo u tandula mutsindo nga ndila yo teaho na u fhambana sa khe-khe-khe hu a ita phosho na nga u tavhanya dzhebu-dzhebu hu sin a phosho na nga u ongolowa. 				X						
	<ul style="list-style-type: none"> U guda musudzuluwo zwi tshi bva kha mitshino ya Afurika Tshipembe sa mitshino ya magambutsu na zwinwe. 						X				
MITAMBO NA ZWIKILI ZWA VHUSIKI Use own space at their chair or a demarcated area outside with clear markings (lanes can be drawn on tarmac- learners take turns 7 or 8 at a time dependent on the number of lanes- If no space, do not do the locomotor activities)											
	<ul style="list-style-type: none"> U dudedza muvhili: nyonyoloso ya u fema na 		X						X		X

age

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u shumisa zwienda nugno zwo fhambanaho sa, tshinungo tsha lwayo: u sumbedza na u tepisa na umonisa tshinungo hu tshiitwa tshidanga na zwinwe.											
<ul style="list-style-type: none"> U dudedza ipfi: hu tshi shumiswa nyimbo, u imba pfallandothe, zwidade na zwi no monisa lulimi. 	X		X		X			X			
<ul style="list-style-type: none"> U imba nyimbo mazha (khathihhi) nga u sielisana na u vhidzelela na uvhidza u tshi fhindula. 			X		X			X			
<ul style="list-style-type: none"> U shumisa muvhili sa tshilidzo nga u tou vhanda: u vhulunga mutsindo u sin a u shumisa miungo yo fhambanaho na u ita mungo nga minwe mirado ya muvhili (u lidza matya, u vhanda, u ginda) 				X		X					
<ul style="list-style-type: none"> Musudzuluwo: u tshimbila, u gidima, u tamba khadi, u thamutshela matungo o 		X									X

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fhambanaho nga ethe na msi e na khonani											
● Hu sin a musudzuluwo: U dudumela, u kwatama, u takuwa nga ethe na musie na khonani				X					X		
● Nyito dza zwitori zwa nyambedzano: U thetshelesa na u fhindula ngangona kha khonani, sa u vhudzanan zwito ri ni nga vhavhili vha vhili nga ha zwiliwa zwine nda zwi funa, zwitori zwo tou kuvhanganywaho, zwitori zwa mungo na zwinwe.						X				X	
● U xuxwa na u netulusa muvhili: U lala fhasi nga mutana, u femela ngomu na nnda, u sedza mivhala sa tshinyanyuli.		X							X		X
ZWISHUMISWA U ita u so ngo di lugisela	Mivhili ya vhana vhone vhane, desike, tshidulo, zwishumiswa zwo sikwaho hayani										
U LINGA HA INFORMAL	<ul style="list-style-type: none"> ● Mitambo i tea u sedzuluswa na u lingiwa nga tshifhinga tsha pfunzo ya Zwikili na Vhutsila The activities must be observed and assessed during daily lesson activities in Life Skills. Also note SKAVs that is developed and mastered for Home Language and Mathematics ● Ensure that learners are afforded opportunities to demonstrate these skills practically. ● This must be done informally and ongoing. 										
U LINGA HA TSHIKOLONI:	REFER TO DBE SBA Guidelines										
											

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PFUN ZO YA NYO NYOLOSO	THEMO YA 1 MADUVHA A 45	VHEGE 1	VHEGE 2	VHEGE 3	VHEGE 4	VHEGE 5	VHEGE 6	VHEGE 7	VHEGE 8	VHEGE 9	VHEGE 10
	CAPS TOPICS	ORIENTATION/ BASELINE	ORIENTATION/ BASELINE	KHALANWAHA	ZWINE RA TEA U TSHILISA ZWONE	NNE NA VHANWE	NNE NA VHANWE	MUNWE NA MUNWE NDI WA NDEME	MUNWE NA MUNWE NDI WA NDEME	U TSHILA LWA MUTAKALO	U TSHILA LWAMUTAKAL O
	ZWIKILI: REMEMBER to always be aware of activities to promote EXECUTIVE FUNCTION - Working memory Inhibitory control Self-regulation	<p>U TAMBA NDI YONE NDILA YAVHUDI KHA VHANA MUSI VHE NA MINWAHA HEI. VHA SO NGO DZIVHELIWA U TAMBA</p> <ul style="list-style-type: none"> ● Kha vha tutuwedze u sia tshikhala. ● Mushumo u khwinisiwe uri hu vhe na u sia tshikhala. ● Mishumo l tea u itiwa kilasirumuni-arali vhana vhe vhanzhi ri nga bvela nnda- a ri tendele vhana vha vha ime vho sia tshikhala. ● Mitambo ya musudzuluwo l nga tambwa musi vhana vha tshi bva kilasini na musi vha tshi dzhena nga matsheloni na nga tshifhinga tsha u awela. ● Navigating safely when responding to movement instructions ● I vhani na vhutanzi uri kha mithethe ya 15 u ya kha ya 20 hu vhe hu tshi khou itiwa zwi tevhelaho: u di dudedza, na u xuxwa. Ri nga tanganyisa zwinwe zwa u di dudedza, musudzuluwo. Mitambo ya usudzuluwa na u sa sudzuluwa ya vhutsila na zwikili kha pfunzo ya nyonyoloso. Arali vhe na tshikhala tsha vhudi vha nga engedza tshifhinga. ● Kha ri tendele vhana vha shumise zwishumiswa zwavho kana vha shume nga zwigwada nga maduvha o fhambananaho u itela uri vha sanithaziwe. 									

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- Tshifhinga tshothe ri tshi fhedza u shuma, zwishumiswa kha zwi tanzwiwe. (lithara nthihi ya madi na lebula thukhu thanu dza dzhiki.)
DIVHANI HEZWI, NAHO MITAMBO YO TETSHELWA VHEGE, I NGA DI SHANDUKISWA UYA NGA HUNE ZWA DO THUSA VHONE VHANE.

MUSUDZULUWO

Mitambo itea u tambelwa he ya tetshelwa hone. Arali hu si na fhethu hu hulwane, shumani nga zwigwada zwituku. (Hu tshi tevhedzelwa maga a COVID)

U TSHIMBIDZA NA U KHWATHISA MIRADO MIHULWANE YA NDEME U ITELA U KONA U DZULA KHA TAFULA KANA KHA THOVHO.

<ul style="list-style-type: none"> • Tambani mitambo ya sialala ya nga ngomu, e.g. ndode [matombo a fumi] thomani nga matombo matanu (a ene mune) zwigwada zwo fhambanaho zwi tamba mitambo yo fhambana ho vha tshi khou thogomela tshikhala 	X		X		X		X		X	
Mbambe ya madabula`						X				
VHUKONI HA U DZIELA NZHELE KHA U VHO MUSUDZULUSO										
<ul style="list-style-type: none"> • vha posa bege ya nawa nthu vha tshi gavha Throwing [munwe na munwe u shumisa bege yawe kana vha putela magurannya] 	x						X			

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U DIVHADZA VHUIMO NA ZWIKHALA										
<ul style="list-style-type: none"> U tatamuwa na u guludana-kha tatamuwe a lapfe a dovhe a pfufhifhale. <i>Zwi nga shuma sa u mutambo wa u xuxwa</i> 		X							X	
MUTEVHETSINDO (Kha ri lavhelese uri hu vha na tshikhala u itela maga a COVID-19) Vhana vha fanela u sielisana-sanithaizani khadi dza u tamba ngadzo										
<ul style="list-style-type: none"> Ufhufha thambo dzo vhwahho tswititi tsini na tsini hu tshi dovhololwa thambo dzi tshi sendedzwa kule na kule - 			X						X	
U LINGANYISA Vha tshi khou lavhelesa nga vhuronwane- nwana muthihi nga tshifhinga tshithihi (Olani zwidanga, vhana kha vha tambe nga vhatanu u ya kha vha fumi khathihi, mudededzi kha thogomele tshikhala kha vhana vha re kha mutevhe wo lindelaho u dzhena.)										
<ul style="list-style-type: none"> U linganyisa saga ya nawa kha zwipida zwa muvhili zwo fhambanaho [sa thoho, u tatamudza zwanda, 				X						X

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<p>vhukati ha tshanda]head, outstretched arm, palm of hand etc.] vha tshi khou tshimbila kha mutalo (munwe na munwe kha vhe na tshisagana tshawe tsha nawa)</p>										
<p>● U tika ho langiwaho ha nyonyoloso ya u shumisanan na mirado ya muvhili [u ima nga mulenze muthihi, nga murahu, u gwadama nga magona na zwanda zwihili, na u gwadama nga magona na tshanda tshithihi]</p>		X				X	X			
MUTALOKATI WA MUVHILI										
<p>● Bveledzani mitambo ine vhana vha nga shumisa mirado ya muvhili sa zwanda na milenzhe.</p>					X				X	
<p>ZWISHUMISWA</p>	<p>Khadi, zwitanda, bege ya nawa, bola ya bambiri, matombo a fumi kha nwana muthi (nwana munwe na munwe u doba awe ane a kona u fhelela kha zwanda zwawe) mudededzi u da na ndabula na lebula etc.</p>									

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	U LINGA HA INFORMAL.	<ul style="list-style-type: none">● Mitambo itea u sedzuluswa ya dovha ya lingiwa nga tshifhinga tsha Zwikili na Vhutsila. Kha vha dzhie ntha (SKAV) zwo bvedzwaho na vhukoni kha Mbalo na Luambo lwa Hayani.● I vhani na vhungoho uri vhana vhothe vho newa zwikhala zwa u sumbedza vhukoni he vha guda.● Zwi itwa tshifhinga tshothe hu sa dzhenisiwi maraga.
	U LIGA HA TSHIKOLONI:	KHA VHA LAVHELESE KHA DBE 