

2022 ANNUAL TEACHING PLAN - TERM 1

TERM 1: 47 days	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	WEEK 10			
CAPS section	Development of	the self in society		Development of the s	self in society				World of work				
	Basic hygiene pr	rinciples (issues of CO\	/ID-19)	Basic hygiene principle	es (issues of COVID-19)			Basic hygiene principles (i	issues of COVID-19)				
Topic, concepts, skills and values	(7-11 March 2022 Week 8) - Prior-Knowledge: Grade 8 term 2- Social factors that contribute to substance abuse including community and media - Appropriate behaviour to stop and avoid substance abuse: refusal and decision-making skills -Long and short term consequences of substance abuse: link to crime, violence and educational outcomes Rehabilitation options: where to find help, care and support (Week 1) - Goal-setting skills: personal lifestyle choices -Influence of media, environment, friends and peers, family, culture, religion and community on personal lifestyle choices (Week 2) - Appropriate responses to influences on personal lifestyle choices:			-Unwanted results of u infections (STIs), HIV a low self-image and em - Factors that influence norms - Strategies to deal wit - Protective factors, whor resilience against his behaviour	o unhealthy sexual behavious inhealthy sexual behavious and AIDS, sotional scars a personal behaviour incluing (Week the unhealthy sexual behaviour to find help and suppligh risk and implications of tee	riour In: teenage pregnancy Iding family, friends, p 5-6) Tiour: abstinence and cort: community structure.	eers and community change of behaviour lires that offer protection	- How to organise one's w -How to use time effective • Reading and writing for c - Keeping a journal; sum *Prior-Knowledge: Grade Six career categories: inve- Interests and abilities rela- Thinking and learning skit - School subjects related t • The role of work in relatir Identify needs in the com	accountability in carrying out resork ly and efficiently different purposes: marising and improving reading a (22-25 March 2022 Week 10) 8 8 term 2- estigative, enterprising, realistic, a sted to each career category lls required by each career category on to South Africa's social and economity and country	artistic, conventional and social bory			
	Physical Education -Participation in target games, activities that improve physical wellness level Safety issues relating to fitness activities				games, activities that improvement performance in ac			* How work can meet social and economic needs in South Africa • Participation in target games, activities that improve physical wellness level • Participation and movement performance in activities that improve physical wellness level					
Requisite pre- knowledge	Development of	f the self in society		Development of the self in society					World of work				
Resources (other than textbook) to enhance learning	Textbook, resou Textbook, resou COVID-19, poste	rces on recreational act	tivities, e-book for	Textbook, newspaper articles and resources on sport Textbook, resources on recreational activities, e-book for COVID-19, posters, PE guideline Textbook, newspaper articles Textbook, resources on recreational activities, e-book for COVID-19, posters, PE guideline									
Informal assessment; remediation	Homework/ class	swork /worksheets		'					1				
SBA (Formal Assessment)					Ph	Written Task: 70 l ysical Education Tas							



2022 ANNUAL TEACHING PLAN – TERM 2

TERM 2 : 53 days	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11-12:		
CAPS section	Constitutional rights a	nd responsibilities	Constitutional rights and responsibilities			World of work			FORMAL ASSESSMENT				
Topic, concepts, skills and values	(23-27 May Week *Prior-Knowledge: Grade Informed, responsible dechealth and safety: HIV and - Management with me healthy living and poor - Prevention and safet HIV and AIDS Caring for people living wing wing the carried of the company of the co	e 8 term 3 — isision-making about d AIDS edication, diet, sitive attitude y issues relating to th HIV and AIDS 1-2) 3' rights and 5: people living with IV and AIDS and international Freedom Day, on Day, Youth en's Day, Africa Day, rld Refugee's Day local celebration of a y 2022 8) e 8 term3- es: olicies to protect the less an the environment ys of being kinder to an environmental	Prior-knowle Nation buildin -Different way context: comm -Contributions building: indiv Constitution - Positive and - Role models parents and le - Applying the * Participation i techniques, p for individual of	rs to promote nonunity, school as of women and idual and group (Week values as state negative role is for upholding leaders in the case values in days articipate in an or team sport	June 2022 (a 9) em 3 – lation building and home domen towards ps 3-5) ed in the South models constitutional community/socially life e that improve do executes a general constitution of the social constitutio	in different nation h African values: ety	 Prior-knowledge Relationship betwand interests and -Type of learning practical, theoreti -Demands of each required Decision making -Steps in choosin individual strengt Options available Senior Certificate National Certificate National Certificate Qualifications -Implications of CNCV -Knowledge of the wand opportunities in 	Week 10) e: Grade 8 term: ween performance d abilities activities related ical, individual or th subject: thinkin process: ng career categor th, ability, interes (Week 6-7) e after completing (NSC – Grades ite Vocational (N choices: choice b vorld of work: right the workplace	3- ce in scho d to differer r group ac ng and lea ry relating et and pass g Grade 9 s 10 – 12) lCV – TVE netween N hts, respo	ent subjects: ent subjects: etivities erning skills to sion E. National and ET Colleges) SC and Insibilities	2 will be a co Education Ta 2 work.	assessment at tontrolled test an ask based on Teask	d Physical
		for individual of Participation	or team sport on and movement or individual or	ent performanc	ce in a		oort novement perforr	mance in	a game plan				



Requisite pre- knowledge	Health, social and environmental responsibility Constitutional rights and responsibilities	Constitutional rights and responsibilities	World of work	Learners should provide direct can be provided responses, full sentences in point graphs/cartoons can be provided as stimulus.
Resources (other than textbook) to enhance learning	Textbook, resources on careers Textbook, resources on recreational activities, e-book for COVID-19, posters, PE guideline	Textbook, newspaper articles and resources on sport Textbook, resources on recreational activities, , e-book for COVID-19, posters, PE guideline	Textbook, newspaper articles Textbook, resources on recreational activities, e-book for COVID-19, posters, PE guideline	form and extended writing in short paragraphs
Informal	Homework/ classwork /worksheets			
assessment;				
remediation				
SBA (Formal			led Test: 70 Marks	
Assessment)		Physical Ed	ucation Task: 30 Marks	

2022 ANNUAL TEACHING PLAN - TERM 3

TERM 3: 52 days	Week 1 Week 2 Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	
CAPS section	World of Work	Healti	h, social and env	ironmental respo	nsibility	Health, social and environmental responsibility				
Topic, concepts, skills and values	Constitutional rights and responsibilities Basic hygiene principles (issues of COVID-19) (12-16 September 2022 Week 9) -* Prior Knowledge; Grade 8 term 4 Concept human rights violation -Type of violations -Counter strategies to violations of human rights (Week 1-2) World of Work *Career and subject choices: - Subjects in Grades 10, 11 and 12 - Careers related to different subjects - Qualities relating to different careers and subjects: strengths and weaknesses; interests and abilities o Decision-making skills: steps in choosing subjects relating to interests and abilities and career of interest Physical Education -Participation in a programme that improves movement and refinement of own and peer performance in movement activities • Safety issues relating to movement activities	- Diverse cultural issues Influence of cultural choices: cultural exp Health, social and Concept: volunteeri - Individual and com - Different types of vand non-profitable cenvironmental healt Different types of those affected and i and other terminal in	ge: Grade 8 term ural diversity in Sor al norms and values pectations, practic (We environmental re sm numurity responsible volunteer organisat organisations to so th and sustainable volunteer activities infected by HIV an illnesses	potember 2022 pek 10) 14 puth Africa pes in relation to person individual behaves and traditions pek 3-5) pesponsibility personal and personal development personal and person	rsonal and community avior, attitude and s of community-based ss privileged; assisting	-Defining gender ba -Emotional, health a Prevention of violen -Sources of help for vic Health, social and env Health and safety issue - Common acts of viole - Reasons that violence - Impact of violence on - Alternatives to violence - Protecting oneself and promotion programmes	(26-30 Grade 8 term 4- Juity es in a variety of athlet used violence and social impact of rapide and social impact of rapide against women: law tims: safety for girls and vironmental responsites related to violence: nee at home, school are occurs in families and individual and communice: problem-solving skill others from acts of vironmental improves rent activities	September 2022 Week 11) ic and sport activit be and gender-bas or on sexual offenced women Week 6-8) bility and in the community health and saf lls and managing of olence: where to ference where to ference women and reference where and reference where and reference where to ference where and reference where and reference where to ference where and reference where to ference where and reference where to ference where and reference where and reference where to ference where the control of th	ties sed violence es ity I among friends and peers	



Requisite pre- knowledge	World of Work	Constitutional rights and responsibilities	Health, social and environmental responsibility					
Resources (other than textbook) to enhance learning	Textbook, resources on careers Textbook, resources on recreational activities, e-book for COVID-19, posters, PE guideline	Textbook, newspaper articles and resources on sport Textbook, resources on recreational activities, , e-book for COVID-19, posters, PE guideline	Textbook, newspaper articles Textbook, resources on recreational activities, e-book for COVID-19, posters, PE guideline					
Informal assessment; remediation	Homework/ classwork /worksheets							
SBA (Formal Assessment)	Project: 70 Marks Physical Education Task: 30 Marks							

2022 ANNUAL TEACHING PLAN - TERM 4

TERM 4: 47 days	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8		Week 9 - 10		
CAPS section	Constitutional right responsibilities	s and	Constitutional rights and responsibilities	Development o	of the self in society	1	World of Work		FOR	FORMAL ASSESSMENT		
Topic, concepts, skills and values	Constitutional right responsibilities Basic hygiene princip (COVID-19) (14-18 Noven Week Prior-Knowledge 4- Understanding cultures: recognit cultures to enrich society Respect difference gender Celebrate unity in respect difference similarity Contribute to soc by organisations religions (Wee -Contributions of varipromoting peace	poles (issues of onber 2022 6) e: Grade 8 term of diverse ion of diverse South African ce: religion and on diversity: es and celebrate ial development from various	Constitutional rights and responsibilities Basic hygiene principles (issues of COVID-19) (Week 2) - Sport ethics in all physical activities	- Prior-knowled cultural norms and attitude and choop practices and Traditions - Challenging sitt trauma and crisical causes of depictions	ression, grief, loss, to	- Influence of ual behaviour, ations, grief, loss,	World of Work Basic hygiene princip COVID-19) (28 November – 0 Wee Prior-knowledge: Gr Problem-solving and skills: strategies to rechallenging situations (Wee Study and career functure. Plan for own lifelong setting for lifelong lea	2 December 2022 kk 8) rade 8 term 4- decision-making spond to emotions in kk 5) ding providers learning: goal-	controlled test ar on Term 3 and Te	Section B: 25 Marks All questions are compulsory Short open ended, scenario based, source based and case study questions Questions should be knowledge based i.e. include information that learners have acquired from the Life Orientation class Learners should display, present and apply knowledge and skills gained. Learners will display an understanding of	on task based	



					nossible solutions	or the integration of
					possible solutions, demonstrate goal	content.
					setting and decision	
					making skills	A short
						text/diagram/data/g
					Learners should	raphs/cartoons can
					provide direct	be provided as
					responses, full	stimulus.
					sentences in point form and extended	
					writing in short	
					paragraphs	
	Participation and refinement of own	Participation and refinement of own	Participation and refinement of own performance in an outdoor r	1 2 2		
	performance in an outdoor	performance in an outdoor	Safety issues relating to participation in recreational activities			
	recreational activity • Safety issues relating to	recreational activity • Safety issues relating to				
	participation in recreational activities	participation in recreational activities				
	Constitutional rights and	Constitutional rights and	World of Work			
Requisite pre-	responsibilities	responsibilities				
knowledge						
	Textbook, resources on careers	Textbook, newspaper articles and	Textbook, newspaper articles			
Resources (other than	Textbook, resources on recreational	resources on sport	Textbook, resources on recreational activities, e-book for COVII	D-19, posters, PE guideline		
textbook) to enhance learning	activities, e-book for COVID-19,	Textbook, resources on recreational activities, , e-book for COVID-19,				
9	posters, PE guideline	posters, PE guideline				
Informal assessment; remediation	Homework/ classwork /worksheets					
SBA (Formal			Controlled Test: 70 Marks			
Assessment)			Physical Education Task: 30 Marks			