

Jeppes High School for Boys



Grade: 8 Examination: Life Orientation

Date: 13th June 2019
Duration: 1½ Hours
Total Marks: 70
Examiner: J. De Lange
Moderator: B. Riskowitz / B. Kemp
Number of Pages: 8

Instructions:__

- Complete the front cover of your answer booklet.
- Answer all questions in the answer booklet provided.
- Number in the middle of the page.
- Rule off after each section.
- The following are not allowed in the examination room: school bags, cell phones, smart watches, tablets, books, dictionaries, notes, sketches or paper.

Only the official examination material distributed by the invigilator is allowed

SECTION A (COMPULSORY)

Answer ALL the questions in this section.

QUESTION 1

1.1 Various options are provided as possible answers to the following questions.

Choose the most correct answer and write only the letter (A-D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 B.

1.1.1 ■ Someone with an aural learning style might enjoy doing:

- A. Oral reports.
- B. Speeches.
- C. Making mind maps.
- D. Listening to podcasts.

1.1.2 Deciding not to engage in sexual intercourse is known as:

- A. Abstinence.
- B. Aberrance.
- C. Absence.
- D. Abortiveness.

1.1.3 ■ Having bodily sweats and shakes is a sign of what type of addiction?

- A. Psychological.
- B. Physical.
- C. Emotional.
- D. Behavioural.

1.1.4 A scarce skill is:

- A. A skill that is difficult to obtain.
- B. A skill that is more theoretical than practical.
- C. A skill that is not in demand anymore.
- D. A skill that not many people have.

1.1.5 Smoking cigarettes because your friends are all smoking is an example of:

- A. Making an informed decision.
- B. Peer pressure.
- C. Rebellion.
- D. Doing the right thing.

(5X1) (5)

- 1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.5) in the ANSWER BOOK.
- 1.2.1 Part of the constitution that sets out the human rights for all citizens of the country. (1)
- 1.2.2 The fair and equal treatment of men and women. (1)
- 1.2.3 A strategy to improve your self esteem. (1)
- 1.2.4 The stage in the life cycle when a child's body develops into an adult's body. (1)
- 1.2.5 Natural abilities or skills. (1)

TOTAL SECTION A: 10

SECTION B (COMPULSORY)

Answer ALL the questions in this section. Write your answers in full sentences.

QUESTION 2

Read the extract below and answer the questions that follow:

Source: Govender, S. 2017. Available from:

<http://www.heraldive.co.za/news/2017/09/19/social-media-turning-teenagers-depressed-recluses-experts-say/>

Social Media Turning Teens into Depressed Recluses

Social media is turning teens into recluses, who prefer cyber relationships to real-life interactions. They are far more open about sexuality, and can freely express who they are and what sexual preferences they have.

Dr Lori Eddy, a Johannesburg counselling psychologist, notes that there are pros and cons to social media use. Eddy feels that the problem of online bullying is one of the causes of this, and she has a number of teenage patients “who have convinced their parents to let them have plastic surgery due to extreme bullying based on their appearance”.

Eddy urges teens to regulate and balance his or her own screen time with non-screen activities.

- 2.1 Explain the terms “self-concept” and “self-esteem”. (1+1) (2)
- 2.2 State how the online bullying mentioned by Dr Eddy has impacted on the self-concept of *her* patients. (2)
- 2.3 Other than social media, which additional THREE(3) factors have an influence on your self-concept formation? (3)
- 2.4 Discuss ONE positive and ONE negative that social media might have on the development of one’s self-concept. (2X2) (4)
- 2.5 Recommend TWO ways how you could regulate and balance your own access to social media. (2X2) (4)
- [15]**

QUESTION 3

Study the image below and answer the questions that follow:

Source: Batshevs. No Date. Available from:

<https://www.vectorstock.com/royalty-free-vector/education-learning-styles-memory-and-learning-vector-16312081>



- 3.1 Explain in your own words the term “learning style”. (1+1) (2)
- 3.2 Which learning style would best suite a learner that likes to work independently? (1)
- 3.3 Identify and briefly describe TWO of the learning styles you are likely to use when you are studying. (2X2) (4)
- 3.4 Provide constructive advice on how someone who displays each of the two learning styles identified in question 3.3 could most effectively apply these learning styles while studying for a test or examination. (2X2) (4)
- 3.5 Discuss TWO reasons why you should attempt to understand what your dominant learning style is. [redacted] (2X2) (4)
- [15]**

TOTAL SECTION B: 30

SECTION C

Answer any TWO questions in this section.

Your responses must consist of paragraphs. Marks will only be allocated for responses written in full sentences.

QUESTION 4

Study the image below and answer the question that follows:

Source: Kisspng. No Date. Available from:

<https://www.kisspng.com/png-prohibition-of-drugs-substance-dependence-addictio-467350/preview.html>



Construct an essay on substance abuse (please number your paragraphs clearly).

Use the following as a guideline:

- Define the term “substance abuse” and state TWO types of negative environments that promote substance abuse. (1+2) (3)
- Identify and describe TWO skills that could assist you in avoiding participation in high-risk behaviours or environments. (2X2) (4)

- Provide TWO examples of substance abuse and discuss how an addict could overcome these examples. (2X2) (4)
 - Provide and explain ONE consequence of substance abuse. (1+1) (2)
 - Discuss how rehabilitation centres benefit people who are recovering addicts AND provide the name of a South African rehabilitation centre. (1+1) (2)
- [15]**

QUESTION 5

Examine the quote below and answer the question that follows:

Source: Ratay, E. 2017. Available from:

<https://www.yourtango.com/2017304807/20-inspirational-quotes-about-relationships-and-fighting-keep-love-alive>

Relationships

IF YOU WANT A RELATIONSHIP THAT LOOKS AND FEELS LIKE THE MOST AMAZING THING ON EARTH, YOU NEED TO TREAT IT LIKE IT IS THE MOST AMAZING THING ON EARTH

Construct an essay on relationships (please number your paragraphs clearly).

Use the following as a guideline:

- Discuss THREE types of relationships. (3)
 - Explain THREE appropriate behaviours in a relationship. (3X2) (6)
 - Provide TWO pieces of advice regarding how to deal with a relationship that just ended, in a healthy way. In your answers, discuss the importance of ending a relationship in this manner. (2X3) (6)
- [15]**

QUESTION 6

Study the excerpt below and answer the question that follows:

Source: Solomon, M. 2018. Available from: <https://www.news24.com/SouthAfrica/News/lets-talk-about-sex-babies-20180121-2>

Let's Talk About Sex, Babies

Telling preteens about sex, asking them why pornography is so common and teaching them that they have both the right and the responsibility to be in control of what they will and will not do sexually.

Those issues were on the table when the UN Educational, Scientific and Cultural Organisation (Unesco) and several African countries, including South Africa, The guidance report includes definitions of various sex-related terms, ranging from "heteronormativity" – the belief that heterosexuality is the normal or default sexual orientation – to "transphobia", or "the fear, discomfort, intolerance or hatred of transgender people".

Construct an essay on sexuality (please number your paragraphs clearly).

Use the following as a guideline:

- Define the term "sexuality" and discuss how puberty and hormones have an impact on your sexuality. (1+2) (3)
- Analyse THREE factors that may have influenced your own personal values surrounding sexuality in general. (3X2) (6)
- Advise young people on TWO ways in which they can handle a partner's pressurising them to have sex (assuming that their partner's perspective of sexuality is different to theirs). In your answer, also indicate other sexual pressures this young person may face. (2X3) (6)

[15]

TOTAL SECTION C: 30

GRAND TOTAL: 70