

**SESOTHO PUO YA LAPENG: COVID-19 MORALO WA THUTO WA SELEMO O BOELEDITSWENG: 2021-2023
(KEREITI YA 4 – SESOTHO PUO YA LAPENG – KOTARA 1 – 4)**

KOTARA YA 1				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE YA 1 Matsatsi a 3	Tekanyetso ya Motheo ya Maemo le Tiwaetso di tla tsamaiswa matsatsing a mararo a pele a qalang a Kotara Bekeng ya 1 - Letsatsi la 1 ho isa ho la 3. Pokello ya tlhahisoleseding e rekotwe e le hore ho fihlellwe le ho bontsha bokhoni le ho tseba dikgeo tsa ho ithuta di tsejwe. Tlhahisoleseling ena e lokela ho sebeliswa ho tsebisa ka mesebetsi e latelang ya ho ruta le ho ithuta mesebetsi e lekanyeditsweng. Ho rekotwe leledi lohle e le ho fumana boiphihlelo ba baithuti le moo ba haellwang teng. Tlhahisoleseding ena e lokelwa ho sebediswa ha ho etswa diqeto ka tse tla rutwa le mesebetsi e tla etswa.			
BEKE YA 2	<p>Ho mamela palekgutshwe Tema ho tswa bukeng kapa faeleng ya titjhere ya mohloidi.FTM</p> <ul style="list-style-type: none"> Mesebetsi e lelekelang: ho akanya Ho hlwaya baphetwa Ho ikgopotsa ntlha ya sehlooho Ho araba dipotso tsa molomo <p>[TEMAKUTLWISISO E MAMELWANG]</p> <p>Ho pheta pale</p> <ul style="list-style-type: none"> Pheta diketsahalo hape ka tlhahlamano e nepahetseng Bolela mabitso a baphetwa ka nepo 	<p>Ho bala palekgutshwe Tema ho tswa bukeng kapa faeleng ya titjhere ya mohloidi.</p> <p>Pele ho ho bala: lepa ka sehlooho le ka ditshwantsho</p> <ul style="list-style-type: none"> Sebedisa mawa a ho bala: ho lepa, ho sebedisa medumo le ditemoso tsa maemo Buisana ka tlolontswa e ntjha e tswang temeng e badilweng Hlwaya le ho hlahisa maikutlo ka moralo/poloto le baphetwa Fana le ho hlalosa maikutlo a hae ka tema Sebedisa bukantswe/dikshenare <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola pale e itshetlehileng boiphihlelong ba hae/diketsahalong</p> <ul style="list-style-type: none"> Kgetha dikahare tse loketseng sehlooho Sebedisa sebopeho sa pale e le foreimi Kenyelletsa baphetwa Sebedisa thutapuo, mopeleto le matshwao a puo ka nepo. Sebedisa tlolontswa e batsi e amanang le sehlooho Iketsitse bukantswe <p>Ho sebedisa tshebetso ya ho ngola</p> <ul style="list-style-type: none"> Ho etsa moralo/Boitokisetso ba ho ngola Ho ngola mokgwaritso Ho boeletsa mesebetsi Ho bala hape bakeng sa ntlafatso Ho hlaola diphoso Ho nehelana ka mesebetsi <p>[HO NGOLA: PALE]</p>	<p>Mesebetsi o boemong ba lentswe: mabitsohohle, mabitsobitso, bonngwe le bongata</p> <p>Mesebetsi o boemong ba polelo: dipolelonolo</p> <p>Mopeleto le matshwao a puo: kgutlo, ditlhaku tse kgolo le tse nyane</p> <p>[Mesebetsi: Dibopeho le Melao ya Tshebediso ya Puo (DMTP)]</p>
		<ul style="list-style-type: none"> Balla hodimo ka qapodiso le sekgahla tse hlakileng 	<p>Iketsitse bukantswe</p> <ul style="list-style-type: none"> Tshwaya maqephe ka ditlhaku tsa nteterwane Ngola mantswe a 5 le ditlhaloso tsa ona (motako/setshwantsho/dipolelo o sebedisa mantswe/ditlhaloso tsa mantswe 	

KOTARA YA 1				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MELOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 3-4	<p>Ho mamela thothokiso kapa pina Tema ho tswa bukeng kapa faeleng ya titjhere ya mohlodi.FTM</p> <ul style="list-style-type: none"> • Mesebetsi e lelekelang: kakanyo • Ho ikgopotsa ntlha ya sehlooho • Ho buisana ka ntlha ya sehlooho • Ho amahanya le boitemohelo ba hae • Ho qolla raeme le morethetho • Ho ntsha maikutlo a susumeditsweng ke thothokiso • ho bina dipina/mela e kgethilweng <p>[TEMAKUTLWISISO E MAMELWANG]</p>	<p>Ho bala thothokiso/pina Tema ho tswa bukeng kapa faeleng ya titjhere ya mohlodi.FTM</p> <ul style="list-style-type: none"> • Buisana ka dintlha tsa sehlooho • Ho ntsha maikutlo a qholoditsweng ke pina • Qolla morethetho le raeme le thusumetso ya tsona • Ho qhaqholla mantswa ho a etsa dinoko e le ho utlwisisa morethetho <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola thothokiso/pina e bonolo</p> <ul style="list-style-type: none"> • Kgetha dikahare tse loketseng • Sebedisa sebopeho/moralo o loketseng • Ho etsa moralo, ho ngola mokgwaritso le ho boeletsa pina • Ho sebedisa morethetho le raeme e loketseng • Sebedisa tsebo ya dinoko ho bopa morethetho • Rekota mantswa le meelelo ya teng bukantsweng ya hao <p>Ho sebedisa tshebetso ya ho ngola</p> <ul style="list-style-type: none"> • Ho etsa moralo/Boitokisetso ba ho ngola • Ho ngola mokgwaritso • Ho boeletsa mosebetsi • Ho bala hape bakeng sa ntlafatso • Ho hlaola diphoso • Ho nehelana ka mosebetsi o motle <p>[HO NGOLA: THOTHOKISO/PINA]</p>	<p>Mosebetsi o boemong ba lentswe: mabitsokgoboka, mabitsokgopolo</p> <p>Mosebetsi boemong ba polelo: dipolelonolo</p> <p>Moelelo wa lentswe: morethetho, melata/maadingwa</p> <p>Mopeleto le matshwao a puo: kgotlo, feelwana</p> <p>[Mosebetsi: DMTP]</p>
			<p>Ho sheba hape tema e badilweng ka boikemelo</p> <ul style="list-style-type: none"> • Pheta pale hape kapa dintlha tsa sehlooho ka dipolelo tse 3 ho ya ho 5 • Ho bontsa maikutlo ka tema e badilweng <p>[HO BALLA HO NATEFELWA/BOITHABISO]</p>	<p>Ho ngola mantswa le meelelo ya yona bukantsweng ya hao</p> <ul style="list-style-type: none"> • Sebedisa ditshwantsho kapa dipolelo o sebedisa mantswa ho bontsha meelelo, j.j. <p>[BUKANTSWE YA HAO]</p>
<p>TEKANYETSO YA SEMMUSO YA 1: MOSEBETSI WA MOLOMO</p> <ul style="list-style-type: none"> • Ho Balla Hodimo (20) <p>Qala ka mosebetsi ona kotareng ya 1 mme o o phethele ks kotara ya 2 ha matshwao a se a rekotwa.</p>				

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana. KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDIGSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19: MOKGWARITSO WA 1

KOTARA YA 1				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 5-6	<p>Ho mamela pale mohl. Ditshomo (tsa bosatsejweng kapa bahale) Tema ho tswa bukeng kapa faeleng ya titjhere ya mohlodi.FTM</p> <ul style="list-style-type: none"> • Mesebetsi e lelekelang: kakanyo • Ho hlwaya poloto, baphetwa le tikoloho • Ho buisana ka molaetsa wa sehlooho • Ho araba dipotso tsa molomo <p>[TEMAKUTLWISISO E MAMELWANG]</p> <p>Ho pheta pale hape</p> <ul style="list-style-type: none"> • Pheta diketsahalo hape ka tlhahlamano e nepahetseng • Bolela mabitso a baphetwa ka nepo • Ntsha maikutlo le mehopollo 	<p>Ho bala pale mohl. ditshomo (tsa bosatsejweng kapa tsa bahale) Tema ho tswa bukeng kapa faeleng ya titjhere ya mohlodi.FTM</p> <ul style="list-style-type: none"> • Pele ho ho bala: ho lepa ka sehlooho le ka ditshwantsho • Sebedisa mawa a ho bala: ho lepa, tshebediso ya ditemoso tsa maemo ho fumana moelelo • Buisana ka poloto, baphetwa ba sehlooho le tikoloho • Buisana ka molaetsa • Hlahisa maikutlo le mehopollo ya hae ka tema • Etsa phapang pakeng tsa diketsahalo tsa nnete le tseo e seng tsa nnete 	<p>Ho ngola molaetsa/ Tshebetso ya Molaetsa o Mokgutshwane/ SMS/TMM</p> <ul style="list-style-type: none"> • Ho kgetha dikahare tse loketseng • Ho sebedisa sebopeho se nepahetseng • Ho lebisa molaetsa ho motho • Ho qetella ka ho ngola lebitso la hao <p>Ho ngola tlaheho ya botho ba hao o sebedisa foreime, (j.k. maobane ke..... Jwale ka.....)</p> <p>Ho tswa ho buka kapa FTM</p> <ul style="list-style-type: none"> • Ho sebedisa foreimi • Ho kgetha ho tswa boiphihlelong ba hae • Ho kgetha sehlooho se loketseng • Ho tsepama sehloohong • Ho bolela diketsahalo ka tlhahlamano/ tatelano ya tsona • Ho sebedisa tlontontse ka ho fapakana/ka bobatsi <p>[HO NGOLA LENGOLA/SMS]</p>	<p>Mosebetsi o boemong ba lentse: sehlongwapele, sehlongwanthao, motso</p> <p>Mosebetsi boemong ba polelo: polelonolo, polelomarane</p> <p>Moelelo wa lentse: maele, dikaploelo/maelana</p> <p>Matshwao a puo: kgutlo, feelwane, feelo, kgutlwana</p> <p>[MOSEBETSI: DMTP]</p>
		<p>Ho sheba hape tema e badilweng ka boikemelo</p> <ul style="list-style-type: none"> • Amana le bophelo ba hae <p>[HO BALLA HO NATEFELWA / BOITHABISO]</p>	<p>Ho ngola mantse le meelelo ya yona bukantsweng ya hae</p> <ul style="list-style-type: none"> • Ho sebedisa ditshwantsho kapa dipolelo le ditshaloso ho bontsha meelelo, j.j. <p>[BUKANTSWE YA HAO]</p>	
<p>TEKANYETSO YA SEMMUSO MOSEBETSI WA 2: HO NGOLA</p> <ul style="list-style-type: none"> • Moqoqo (20) <ul style="list-style-type: none"> ○ Hlalosang kapa Wa Phetelo ○ be le Diratswana tse 3. Seratswana ka seng se be le dipolelo tse 5 – 6 ○ phethelwe kotareng 				

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KOTARA YA 1				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 7-8	<p>Ho mamela tema ya tlhahisoleseding mohl. phousetara, ho bapatsa moketjana/kgwebo</p> <p>Tema ho tswa bukeng kapa faeleng ya titjhere ya mohlodi.FTM</p> <ul style="list-style-type: none"> • Ho hlwaya dintlha tse ikgethileng le dikahare • Ho hlalosa tlhahisoleseding eo ho nehelanweng ka yona • Ho e amanya le bophelo ba hae 	<p>Ho bala tema ya tlhahisoleseding e nang le ditshwantsho ya mohl.</p> <p>Ditjhate/dayakeramo/ditafole/mmapa wa monahano/dimmapa/ditshwantsho</p> <p>Tema ho tswa bukeng kapa faeleng ya titjhere ya mohlodi.FTM</p> <ul style="list-style-type: none"> • Pele ho ho bala: ho akanya ka sehlooho le ditshwantsho • Ho sebedisa mawa a ho bala: ho etsa dikakanyo,, ho okola, hosebedisa ditemoso • Ho botsa le ho araba dipotso • Buisana ka mohopolo wa sehlooho le dintlha tse ikgethileng • Hlalosa tlhahisoleseding e ditshwantshong temeng <p>Ho bala tema ya ditshwantsho mohl.</p> <p>Phousetara, ho bapatsa kgwebo/tshebetso</p> <ul style="list-style-type: none"> • Pele ho ho bala: ho bua ka ditshwantsho temeng • Ho hlalosa tlhahisoleseding • Ho buisana ka bohlokwa ba tema • Ho buisana ka tshebediso ya puo • Ho hlwaya le ho buisana ka moralo le makgetha a tema: mmala, boholo le mofuta wa mongolo <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho kgutsufatsa tema ya tlhahisoleseding ka ho e tshheheta</p> <ul style="list-style-type: none"> • Ho tlatsa mantswe a siilweng ho kgutsufatso kapa tjhateng/tafoleng/mmapeng wa monahano, • Ho sebedisa mantswe a loketseng • Ho sebedisa mantswe a matjha ho tswa temeng e badilweng <p>[KGUTSUFATSO: TEMA YA TLHAHISOLESERING]</p> <p>Ho qapa/aha tema ya setshwantsho jj. phousetara e bapatsang ketsahalo</p> <ul style="list-style-type: none"> • Kgetha tlhahisoleseding e loketseng • Sebedisa sebopeho se nepahetseng • Taka le ho sebedisa makgetha a kang mmala, boholo le mofuta wa mongolo <p>[HO NGOLA: TEMA YA SETSHWANTSHO]</p>	<p>Mosebetsi o boemong ba lentswe: bongata, dihlongwapele</p> <p>Tshebetso ya mantswe le dipolelo: dipolelonolo, pehelo/setateme, dipotso/mabotsi</p> <p>Moelelo wa lentswe: malatodi</p> <p>Mopeleto le matshwao a puo: letshwao la potso, makalo, lekgotsi, tshebediso ya bukantswe</p> <p>[MOSEBETSI: DMTP]</p>
		<p>Ho sheba hape tema e badilweng ka boikemelo</p> <ul style="list-style-type: none"> • Amanya le bophelo ba hae <p>[HO BALLA HO THABA/BOITHABISO]</p>	<p>Ho ngola mantswe le ditshaloso tsa ona bukantsweng ya hao</p> <ul style="list-style-type: none"> • Ho sebedisa ditshwantsho le dipolelo o sebedisa mantswe le ditshaloso ho bontsha moelelo, jj. <p>[BUKANTSWE YA HAO]</p>	
<p>MOSEBETSI WA SEMMUSO 3: HO ARABA DITEMA</p> <ul style="list-style-type: none"> • Temakutlwisiso Ya Boiqapelo / Temakutlwisiso Ya Nnete (15) • Tema Ya Ditshwantsho (10) • Dibopeho le Melao Ya Tshebediso Ya Puo (15) 				
<p>Mesebetsi ena ya Tshebetso ena ya 3 e ka ngolwa ka matsatsi kapa nako tse fapaneng.</p>				

KOTARA YA 1				
	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 9-10	<p>Ho mamela le ho buisna ka tema ya ditaelo, mohl. resepe</p> <ul style="list-style-type: none"> • Mosebetsi e lelekelang: kakanyo • Ho ikgopotsa tsamaiso • Qolla makgetha a tema ya ditaelo • Fana ka ditaelo tse hlakileng, mohl. o ka etsa tee jwang? • Etsa dinoutsu le ho sebedisa ditaelo tseo o di badileng • Botsa dipotso ho hlakisa • Bua ka ho hlaka ha ditaelo 	<p>Ho bala tema ya ditaelo</p> <p>Tema ho tswa bukeng kapa faeleng ya titjhere ya mohlodi.FTM</p> <ul style="list-style-type: none"> • Pele ho ho bala: lepa ka sehlooho le ditshwantsho • Sebedisa mawa a ho bala: ho lepa, ditemoso, ditemoso tsa maemo • Buisana ka dintlha tse ikgethileng tsa tema • Buisana ka tlhahlamano ya ditaelo 	<p>Ho ngola tema ya ditaelo mohl. Ho etsa tee</p> <ul style="list-style-type: none"> • Fana ka lenane la disebediswa le metswako • Sebedisa dintlha tse ikgethileng ka nepo • Sebedisa tlhahlamano e nepahetseng • Sebedisa sebopeho sa taelo sa leetsi • Sebedisa sebopeho le moralo tse nepahetseng • Ngola mantswa le meeelo ya ona bukantsweng ya hae • Ho sebedisa tshebetso ya ho ngola • Ho etsa moralo/boitokisetso pele ho ho ngola • Ho ngola mokgwaritso • Ho bala mosebetsi hape • Ho bala hape bakeng sa ntlafatso • Ho hlaola diphoso • Ho nehelana 	<p>Mosebetsi o boemong ba lentswe: leemedi/maemediqho, marui/lehokalerui, masupi/lehokalesupi,</p> <p>Mosebetsi boemong ba polelo: moetsi, moetsuwa,</p> <p>Moelelo wa lentswe: maadingwa/melata</p>
	[TEMAKUTLWISISO E MAMELWANG]	[TEMAKUTLWISISO E BALWANG]	[HO NGOLA: TEMA YA DITAELO]	[MOSEBETSI: DMTP]

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDIGSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19:
MOKGWARITSO WA 1

MESEBETSI YA TEKANYETSO YA TLHAHISO			
MESEBETSI YA HO MAMELA LE HO BUA (YA MOLOMO)	HO BALA LE HO BOHA	MESEBETSI YA HO NGOLA LE HO NEHELANA	MESEBETSI YA DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
<ul style="list-style-type: none"> Mesebetsi e fapaneng ya ho mamela le ho bua Mosebetsi ya ho mamela le ho bua e tsamaellanang le dipehelo tsa Covid-19 	<ul style="list-style-type: none"> Tshebetso ya ho bala Mosebetsi ya ho balla hodimo Mosebetsi ya temakutlwisiso e balwang Mosebetsi ya dingolwa e ipapisitseng le mefuta e 3 e behilweng bakeng sa sehla sena (kgwedi tse tsheletseng- semesetara) 	<ul style="list-style-type: none"> Tshebetso ya ho ngola Ho ngola seratswana Ditema tsa dikgokahano Moqoqo Tema ya boiqapelo 	<ul style="list-style-type: none"> Mesebetsi e fapaneng ya dikarolo tsa dibopeho le melao ya tshebediso ya puo
KEREITI YA 4 SESOTHO PUO YA LAPENG KAKARETSO YA MESEBETSI YA SEMMUSO: KOTARA YA 1			
TEKANYETSO YA SEMMUSO TSHEBETSO 1: TSA MOLOMO <ul style="list-style-type: none"> Ho balla hodimom (matshwao 20) Qala ka mosebetsi ona kotareng ya 1 mme o o phethele kotareng ya 2 ha matshwao a tla rekotwa 	TEKANYETSO YA SEMMUSO TSHEBETSO YA 2: HO NGOLA <ul style="list-style-type: none"> Moqoqo (matshwao 20) Moqoqo o hlalosang / Moqoqo wa phetelo (diratswana tse 3) O ngolwe hara kotara 	TEKANYETSO YA SEMMUSO TSHEBETSO YA 3: HO ARABELA DITEMA TSE FAPANENG (MATSHWAO 40) <ul style="list-style-type: none"> Temakutlwisiso ya boiqapelo / Temakutlwisiso ya nnete (15) Tema ya ditshwantsho (10) Dibopeho le melao ya tshebediso ya puo (15) 	

Mesebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDIGSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19: MOKGWARITSO WA 1

KOTARA YA 2				
BOKGONI	HO MAMELA LE HO BUA (TSA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
<p>BEKE 1-2</p>	<p>Ho mamela le ho buisana ka palekgutshwe</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehloodi FTM</p> <ul style="list-style-type: none"> Mosebetsi lelekelang: ho akanya Qolla mehopollo ya sehlooho le dintlha tse ikgethileng Buisana ka poloto, tikoloho le baphetwa E amahanye le bophelo ba hao Buisana le ho fana ka maikutlo Nka karolo puisanong ya sehlopha mohl. dinthong tse amanang le pale Botsa dipotso tse loketseng Fana ka tlaleho Tsepama dipuisanong Arabela mehopolong ya ba bang ka kelohlolo le tlhomphe Fananang ka sebaka sa ho bua <p>Ho hlalosa mophetwa wa motho/ wa phoofolo ho tswa paleng/sebaka ho tswa paleng</p> <ul style="list-style-type: none"> Hlalosa hore na mophetwa/ motho/ phoofolo/ sebaka ba shebahala jwang place looks like Sebedisa tlotlontswe e ntjha eo o ithutileng yona ho tswa paleng Sebedisa makgethi <p>[TEMAKUTLWISISO E MAMELWANG]</p> <p>Ho tshwantshisa / etsa bonketsisane o ipapisitse le dikahare tsa pale</p>	<p>Ho bala palekgutshwe</p> <p>Pele ho ho bala: lepa ka sehlooho le ka ditshwantsho</p> <ul style="list-style-type: none"> Hlwaya le ho bua ka mophetwa wa sehlooho, dipoloto le tikoloho (sebaka le nako) Sebelisa mawa/mekgwa ya ho bala: etsa dikakanyo le dikgakanyo, tshbediso ya lesupi la medumo le maemo ho bala: Ho buisana ka mophetwa o kenyellelsa le seo mophetwa a se buang , a se etsang le seo baphetwa ba bang ba se buang ka yena, seo ba se etsang ho yena Fana ka dikakanyo tsa mabaka a diketso paleng Fana le ho hlalosa maikutlo le maikutlo a hae ka sengolwa Buisana ka tlotlontswe e ntjha ho tswa temeng e badilweng Sebedisa bukantswe Manolla le ho hlalosa molaetsa Pheta diketsahalo ka tatellano e nepahetseng <p>[TEMAKUTLWISISO E BALWANG]</p> <p>Tekolobotjha ya Buka Ho etsa tshebetso ya kutlwisiso ka sengolwa (ya molomo kapa e ngotsweng)</p> <p>Ho bala tlhahlobo e bonolo ya buka</p> <ul style="list-style-type: none"> Kgetholla dintlha/lesedi la bohlokwa, sehlooho sa buka se hlahlojwang, mongodi jj. Ho kgetholla dintlha tsa bohlokwa Ho tshohla sebopelo sa tekolo Buisana ka karabelo/dikarabo tlhahlobong/tekolobotjheng 	<p>Ho ngola puisano/dayaloko (sebedisa foreimi)</p> <ul style="list-style-type: none"> Kgetha ditaba tse loketseng sehlooho Sebedisa foreime ka nepo Puo ya dibapadi e ba ka tatellano e utlwahalang Sebelisa thutapuo/sebopelo-puo se nepahetseng, mopeleto, matshwao a puo le ho tloa mola lipakeng tsa diratswana Ngola mabitso a dibapadi ka lehlakoreng le letshehadi la Leqephe O sebedise kolone/dikgutlwana ka mora lebitso la sebapadi se buang Sebedisa mola o motjha ho bontsha sebui se seng le se seng se setjha Hlahisa ketso ka masakaneng pele ho mantswe a buuwang Etsa meralo ya se etsahalang pele o qala ho ngola.(mmapa wa monahano) <p>[HO NGOLA PUISANO/DAYALOKO]</p> <p>Ho ngola thaloso ya sebapadi/mophetwa</p> <ul style="list-style-type: none"> Fana ka dintlha tse ikgethang Ho sebedisa sehlooho le dipolelo tse tshhehatsang ho bopa/hlahisa diratswana tse momahaneng Sebedisa tlotlontswe e fapaneng ho kenyeletswa mahlalonsongwe, malatodi le makgethi Sebedisa bukantswe ho lekola mopeleto le moelelo wa mantswe <p>[HO NGOLA: MOQOQO O HLALOSANG]</p> <p>Ho sebedisa mokgwa wa ho ngola</p> <ul style="list-style-type: none"> Ho lahlela/nahana ka mehopollo o sebedisa dimmapa tsa kelello Ho hlahisa moralo wa pele/mokgwaritso Ho hlophisa/bala hape bakeng sa ntlafatso Ho hlaola diphoso Ho ngola moralo/mokgwaritso wa ho qetela 	<p>Mosebetsi wa boemo ba lentswe: makgethi, maetsi, maetsi a tlwaelehleng, maetsi a fetohang le a sa fetoheng, dikgato tsa papiso.</p> <p>Mosebetsi wa boemo ba polelo: moetsi, moetsuwa, lehokamoetsi, lekgathe lejwale, lekgathe lefetile, lekgathe letlang</p> <p>Mopeleto le matshwao a puo: kgutlo, feelwane, letshwao la potso, letshwao la makalo/legqotsi, jj.</p> <p>[MESEBETSI YA DMTP]</p>

			<p>Ho rekota mantswe le moelelo wa ona ka bukantsweng/dikishinari ya hao</p> <ul style="list-style-type: none"> • Ho sebedisa ditshwantsho kapa dipolelo a sebedisa mantswe kapa ditlhaloso ho bontsha moelelo, jj. <p>[BUKANTSWE YA HAO]</p>	
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KOTARA YA 2				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
<p>BEKE</p> <p>3-4</p>	<p>Ho mamela le ho buisana ka diketsahalo tsa letsatsi tse tswang atikeleng ya makasine kapa ya koranta</p> <ul style="list-style-type: none"> • Mesebetsi e lelekelang: ho akanya • ho mamela bakeng sa dintlha tse ikgethileng • Ho supa/qolla molaetsa wa sehlooho • O amahanye le bophelo ba hao • Buisana ka mohopolo wa sehlooho le dintlha tse ikgethileng • Sebedisa tlhahisoleseding ho tswa temeng bakeng sa ho arabela dipotso • Buisana ka makgabane a phedisano, a boitshwaro le a setso temeng • Nka karolo dipuisanong ka phaphosing/tse etelletsweng pele ke titjhare 	<p>Ho bala tema ya tlhahisoleseding, mohl. atikele ya litaba.</p> <p>Tema ho tswa bukeng kapa ho FTM</p> <ul style="list-style-type: none"> • Pele ho ho bala: ho noha ka sehlooho le ditshwantsho • Sebedisa mawa a ho bala, mohl. noha, sebelisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang • Sebedisa sehlooho, mola ka mola, serapa se etellang ditaba pele, likarabo tsa dipotso tse batlang Mang, Eng, Kae, Neng, le Hobaneng/Jwang • Ho buisana ka sehlooho • Ho tshohla mohopolo wa sehlooho le dintlha tse totobetseng • Ho ntsha maikutlo ka kgetho ya ditshwantsho ka temeng • Ho hlalosa moelelo wa mantswe a sa tlwaelehang <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola tlaheho ya ditaba tse ipapisitseng le boiphihlelo ba hao / ketsahalo</p> <ul style="list-style-type: none"> • Sebedisa sehlooho, aha serapa ka mela ya dipolelo, etella pele serapa ka mela ya dipolelo, likarabo ho araba dipotso tse kang ho mang, eng, hokae, neng, Hobaneng / Jwang • Ho kgetha ditaba/dikahare tse loketseng • Sebelisa foreime e loketseng • Ngola sehlooho • Latelanya diketsahalo ka nepo • Sebedisa tloltontswa e loketseng • Sebedisa sebopeho-puo/thutapuo e nepahetseng, mopeleto le matshwao a puo • Ho lokisa mopeleto o sebedisa bukantswe. <p>Ho sebedisa tshebetso ya ho ngola</p> <ul style="list-style-type: none"> • Ho rala / Boitokisetso ba ho ngola ngola pele ho nako, , • ho ngola mokgwaritso • Ho boeletsa mosebetsi/ Ho ntlafatsa • Ho hlophisa/ho bala hape bakeng sa ntlafatso • Ho hlaola diphoso • ho nehelana <p>[NGOLA TLALEHO YA DITABA]</p>	<p>Mosebetsi wa boemo ba lentse: makgethi, maetsi, maetsi a tlwaelehileng, maetsi a fetohang le a sa fetoheng, maetsi a hlokang mathusi</p> <p>Mosebetsi wa boemo ba polelo: moetsi, moetsuwa, lehokamoetsi/lehokamoetsuwa, lekgathe lejwale</p> <p>Mopeleto le Matshwao a puo: kgutlo, feelwane, letshwao la potso, makalo/lekgutsi, jj.</p> <p>[MESEBETSI YA DMTP]</p>
	<p>Fana ka puo e hlophisitsweng</p> <ul style="list-style-type: none"> • Kgetha dikahare tse nepahetseng 	<p>Ho nahana ka ditemana tse badilweng nakong ya ho bala ka boikemelo / ka bobedi</p>	<p>Rekota mantswe le moelelo wa ona ka hara bukantswe ya hao</p>	

2021 Sesotho Puo ya Lapeng Kereiti ya 4 Tokomane ya Kakaretso ya Moralo - MTS o Boeleditsweng (Kamora Covid-19)



	<ul style="list-style-type: none"> • Sebedisa qalo, bohare/mmele le phethelo/qetelo, tsepama sehloohong • Tsepama sehloohong • O sebedise mehopollo e hlophisitsweng ka bohlale • Sebedisa tsebo ya ho nehela, mohl. sehalo sa lentse, kgefutso, botsitso ba mmele <p>[PUO]</p>	<ul style="list-style-type: none"> • Ho pheta pale kapa ho hlalosa mehopollo ya sehlooho. • Ho hlahisa maikutlo ka ho arabela tema e badilweng. <p>[HO BALLA HO THABA/NATEFELWA]</p>	<ul style="list-style-type: none"> • Ho sebelisa ditshwantsho kapa dipolelo o sebedisa mantswe kapa ditlhaloso ho bontsha moelelo, jj. 	
<p>TEKANYETSO YA SEMMUSO YA TSHEBETSO YA 1: TSA MOLOMO</p> <ul style="list-style-type: none"> • Ho balla hodimo (matshwao 20) <p>Mosebetsi ona ke tswelopele ho tloha Kotareng ya 1, mme o tla phethelwa le ho rekotwa ka Kotara ya 2.</p>				

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDIGSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19:
MOKGWARITSO WA 1

KOTARA YA 2				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 5-6	<p>Mamela ditlaleho tsa boemo ba lehodimo</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> Mesebetsi e lelekelang: ho lepa Ho mamela dintlha tse totobetseng/hlakileng <p>Nka karolo dipuisanong ka phaphosing/tse etelletseng pele ke titjhere</p> <ul style="list-style-type: none"> Ho buisana ka bohlokwa ba tlhahisoleseding Amahanya tlhahisoleseding le bophelo ba hao Buisana ka sephetho sa yona bathong Bapisa maemo dibakeng tse fapaneng, bontsha dibaka tse ratwang ka ho tshhetsa ka mabaka Fana ka mabaka bakeng sa ntlhakemo ya hao Ho supa makgetha a tlaleho ya tsa boemo ba lehodimo: rejisetara le mofuta wa puo e sebeditsweng Sebedisa mawa a tshebedisano ho buisana bakeng sa katleho dihlopheng 	<p>Ho bala tema ya tlhahisoleseding e nang le ditshwantsho mohl. ditjhate / ditafole / dimmapa</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> Pele ho ho bala: ho lepa ka sehlooho le ditshwantsho Sebedisa mawa a ho bala, mohl. lepa, sebelisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang Ho hlwaya tsela eo tema e hlophisitsweng ka yona. O bapisa diphapang le ho tshwana dibakeng tse fapaneng. Bala tema ya tlhahisoleseding e nang le ditshwantsho, mohl. mmapa, kerafo, tafole, jj. Sebedisa bukantswe ho hlahloba moelelo wa tlotlontse e ntjha. <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho akaretsa tema ya tlhahisoleseding (mohlala tjhate ya boemo ba lehodimo) ka ho tshehetso</p> <ul style="list-style-type: none"> Ho tlatsa mantswa a siyo temeng ka kakaretso kapa tjhateng / tafoleng / mmapeng wa monahano Sebedisa tlotlontse e loketseng Ho sebedisa mantswa a matjha ho tswa temeng e badilweng <p>[KAKARETISO/KGUTSUFATSO: TEMA YA TLHAHISOLESERING E NANG LE DITSHWANTSHO]</p>	<p>Mosebetsi wa boemo ba lentswe: makgethi, dikgato tsa papiso, maetsi a fetohang le a safetoheng, maetsi a ikemetseng le hlokgang mathusi, makgethi</p> <p>Mosebetsi wa boemo ba polelo: lehokamoetsi, lekgathe lefetile, lekgathe letlang</p> <p>Moelelo wa lentswe:</p> <p>[MESEBETSI YA DMTP]</p>
	<p>Ho mamela tlhaloso le ho hlalosa ntho e itseng</p> <ul style="list-style-type: none"> Ho supa hantle ntho e hlalolang Ho sebedisa mantswa ka nepo a hlalolang ntho eo Ho sebedisa tlotlontse e ntjha Ho sebedisa makgethi ho hlalosa <p>[NEHELANO YA MOLOMO]</p>		<p>Ho Ngola tlhaloso ya motho / phoofolo / sebaka</p> <ul style="list-style-type: none"> Tlhaloso e hlake Sebedisa dipolelo tse felletseng ebile di ahlilweng ka nepo. Sebedisa thutapuo/sebopehopuo se loketseng (makgethi), mopeleto le matshwao a puo <p>[HO NGOLA: MOQOQO O HLALOSANG]</p>	
			<p>Nahana ka ditemana tse badilweng nakong ya ho bala ka boikemelo / bobedi</p> <ul style="list-style-type: none"> Bapisa dibuka / ditemana tse badilweng <p>[HO BALLA HO THABA/NATEFELWA]</p>	<p>Rekota mantswa le moelelo wa ona ka bukantsweng/dikishinaring ya hao</p> <ul style="list-style-type: none"> Ho sebedisa ditshwantsho kapa dipolelo o sebedisa mantswa kapa ditlhaloso ho bontsha moelelo, jj.

Mesebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDIGSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19:
MOKGWARITSO WA 1

TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 4

- Ho ngola kgokahano (matshwao 10)

E ngolwe pele ho teko e laolwang ya Kotara ya 2

KOTARA YA 2				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 7-8	<p>Ho mamela le ho phetha ditaelo, mohl. resepe / litaelo tsa ho etsa ho hong</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> • Mesebetsi e lelekelang: ho lepa • Hopola tsamaiso • Qolla makgetha a tema ya ditaelo • Ngola dihlloho tsa bohlokwa • Fana ka ditaelo tse hlakileng, mohl. ka ho re o ka etsa bohobe jwang • Etsa dinoutsu mme o sebedise ditaelo tseo o di badileng <ul style="list-style-type: none"> • Botsa dipotso bakeng sa tlhakisetso • Bua ka ho hlaka ha ditaelo/Ho fana ka ditlhaloso mabapi le ho hlaka ha ditaelo <p>[TEMAKUTLWISISO E MAMELWANG]</p> <p>Mamela le ho fana ka ditaelo</p> <ul style="list-style-type: none"> • Mamela bakeng sa dintlha tse ikgethileng • Sebedisa dintlha tseo ka nepo • Sebedisa sebopeho se nepahetseng sa puo 	<p>Ho bala tema ya taelo</p> <p>Tema ho tswa bukeng/FTM</p> <ul style="list-style-type: none"> • Pele ho ho bala: lepa ka sehlooho le ka ditshwantsho • Sebedisa mawa a ho bala: ho lepa le ditemoso tsa maemo • Buisana ka dintlha tse ikgethileng tsa tema • Buisana ka tlhahlamano ya ditaelo • Sebedisa dikishinari/bukantswe ho lekola mopeleto le moelelo wa mantswe <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola tema ya taelo, mohl. ho etsa bohobe</p> <p>Tema ho tswa bukeng/FTM</p> <ul style="list-style-type: none"> • Kgetha dikahare tse tshwanetseng bakeng sa sehlooho <p>Selects appropriate content for the topic</p> <ul style="list-style-type: none"> • Sebedisa sebopeho se tshwanetseng e le foreime • Lokodisa dikahare ka bohlae • Sebedisa sehlooho le dipolelo tse se tshehetsang ho bopa diratswana tse momahaneng hantle • Sebedisa sebopehopuo/thutapuo, mopeleto, le matshwao a puo a loketseng • Nehelana ka mosebetsi o makgethe o sebedisa dihlloho, dibaka/dikgeo pakeng tsa diratswana • Rekota mantswe le meelelo ya ona bukantsweng ya hao <p>Ho sebedisa tshebetso ya ho ngola</p> <ul style="list-style-type: none"> • Ho etsa moralo/Boitokisetso ba ho ngola • Ho ngola mokgwaritso/moralo wa pele • Ho boeletsa mosebetsi • Ho bala hape bakeng sa ntlafatso • Ho hlaola diphoso • Ho nehelana ka moralo bobedi o phethahetseng <p>[HO NGOLA KGOKAHANO: TEMA YA DITAELO]</p> <p>Rekota mantswe le moelelo wa ona ka bukantsweng/dikishinaring ya hao</p> <ul style="list-style-type: none"> • Ho sebedisa ditshwantsho kapa dipolelo o sebedisa mantswe kapa ditlhaloso ho bontsha moelelo, jj. <p>[BUKANTSWE/DIKISHINARI YA HAO]</p>	<p>Mosebetsi wa boemo ba lentswe: mathusi, maetsi a maetso, maikutlo,</p> <p>Mosebetsi wa boemo ba polelo: lekgaathe letlang</p> <p>Mopeleto le matshwao a puo: karohano ya mantswe, tshebediso ya bukantswe/dikishinari</p> <p>[MESEBETSI YA DMTP]</p>
		<p>Ho itlwaetsa ho Mamela le ho Bua (Kgetha e le nngwe bakeng sa tlwaelo ya letsatsi le Letsatsi)</p> <ul style="list-style-type: none"> • Ho arabela ka mmele ho ditaelo • Ho fana le ho latela ditaelo / ditshupiso tse bonolo 		

Mesebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

BEKE 9-10	<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 5: TEKONG E LAOLWANG</p> <p>(HO ARABELA DITEMA TSE FAPANENG 40)</p> <ul style="list-style-type: none"> • Potso ya 1: Temakutlwisiso ya boiqapelo kapa Temakutlwisiso ya nnete (matshwao a 15) • Temakutlwisiso ya ditshwantsho (matshwao a 10) • Ho ngola Kgutsufatso (matshwao a 5) • Dibopeho e Melao ya Tshebediso ya Puo (matshwao a 10)
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MESEBETSI YA SEMMUSO YA TEKANYETSO					
	Mesebetsi ya ho Mamela le ho Bua	Mosebetsi ya ho Bala le ho Boha	Mesebetsi ya ho Ngola le ho Nehelana	Mesebetsi ya Dibopeho le Melao ya Tshebediso ya Puo	
	<ul style="list-style-type: none"> • Mesebetsi e fapaneng ya ho mamela le ho bua • Mesebetsi ya ho mamela le ho bua e tsamaellanang le dipehelo tsa Covid-19 	<ul style="list-style-type: none"> • Tshebetso ya ho bala • Mesebetsi ya ho balla hodimo • Mesebetsi ya temakutlwisiso e balwang • Mesebetsi ya dingolwa e ipapisitseng le mefuta e 3 e behilweng bakeng sa sehla sena (kgwedi tse tshelletseng-semesetara) 	<ul style="list-style-type: none"> • Tshebetso ya ho ngola • Ho ngola seratswana • Ditema tsa dikgokahano • Moqoqo • Tema ya boiqapelo 	<ul style="list-style-type: none"> • Mesebetsi e fapaneng ya dikarolo tsa dibopeho le melao ya tshebediso ya puo 	
KEREITI YA 4 SESOTHO PUO YA LAPENG KAKARETISO YA MESEBETSI YA TEKONG YA SEMMUSO					
	<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 1: TSA MOLOMO</p> <ul style="list-style-type: none"> • Ho balla hodimo (matshwao 20) <p>Mosebetsi ona ke tswelopele ho tloha Kotareng ya 1, mme o tla phethelwa le ho rekotwa ka Kotara ya 2.</p>	<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 4: HO NGOLA LE HO NEHELANA</p> <ul style="list-style-type: none"> • Ho ngola Kgokahano (matshwao 10) <p>E ngolwe pele ho teko e laolwang ya Kotara ya 2</p>	<p>TEKANYETSO YA SEMMUSO YA 5: TEKONG E LAOLWANG HO ARABELA DITEMA (MATSHWAO 40)</p> <ul style="list-style-type: none"> • Temakutlwisiso ya boiqapelo / Temakutlwisiso ya nnete (matshwao 15) • Tema ya ditshwantsho (matshwao 10) • Kgutsufatso (matshwao 5) • Dibopeho le melao ya tshebediso ya puo (matshwao 15) 		

Mesebetsi e lebelletsweeng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KOTARA YA 3				
BOKGONI	HO MAMELA LE HO BUA (TSA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 1-2	<p>Ho mamela le ho buisana ka tema ya tlhahisoleseding</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titihere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> • Mosebetsi e lelekelang: ho akanya • Ho buisana ka dintlha tse ikgethileng tsa tema • Ho botsa dipotso ho fumana tlhahisoleseding • Ho mamela le ho araba dipotso hantle • Ho araba dipotso tsa molomo • Ho amahanya le bophelo ba hao <p>Ho ba le seabo dipuisanong tsa sehlopha</p> <ul style="list-style-type: none"> • Fana ka sebaka dipuisanong • Ho se tswa lekoteng • Botsa dipotso tse motjheng • Ntshetsa puisano pele • Arabela mehopolong ya ba bang ka kutlwisiso le ka tlhompho. 	<p>Ho bala tema ya tlhahisoleseding, mohl. ditaba tse amang setjhaba/batho</p> <ul style="list-style-type: none"> • Tema ho tswa bukeng kapa Faeleng ya Titihere ya Mehloodi (FTM) • Pele ho ho bala: lepa ka sehlooho le ka ditshwantsho • Sebedisa mawa a ho bala mohl. okola ka hodimo bakeng sa mohopolo o akaretsang, tlodisa mahlo bakeng sa dintlha tse itseng, etsa dikakanyo, sebedisa ditemoso tsa maemo ho fumana moelelo • Bala disebediswa tse kgutshwane tse hatisitsweng/tse nang le ditshwantsho • Fumana tlhahisoleseding ho tswa mehloding e fapaneng • Kgetha dintlha tsa bohlokwa • Bontsha melemo e fapaneng ya tema • Hlwaya le ho buisana ka makgabane a ka hara tema • Buisanang ka baphetwa, poloto, tikoloho • Sebedisa bukantswe ho lekola mopeleto le moelelo wa mantswa <p>[TEMAKUTLWISISO E BALWANG]</p> <p>Ho ikgopotsa tema e badilweng ka boikemelo</p> <ul style="list-style-type: none"> • Bapisa dibuka/ditema tse seng di badilwe 	<p>Ho ngola seratswana se hlaosang (diratswana tse 2)</p> <ul style="list-style-type: none"> • Sebedisa sebopeho se nepahetseng • Kgetha dikahare tse loketseng sehlooho • Sebedisa mantswa a bontshang maikutlo • Sebedisa phetelo ka motho wa pele • Sebedisa sebopeho se loketseng e le foreime • Sebedisa sehlooho le dipolelo tse se tshhehetsang ho bopa diratswana tse momahaneng • Sebedisa thutapuo, mopeleto, matshwao a puo tlole le mola dipakeng tsa diratswana ka tshwanelo <p>[HO NGOLA; MOQQOO O HLALOSANG]</p>	<p>Mosebetsi o boemong ba lentsewe: makopanyi/mahokedi, leetelli maetelli (mathusi)</p> <p>Mosebetsi o boemong ba polelo: lekgathe lefetile letswelli, lekgathe letlang letswelli</p> <p>Moelelo wa lentsewe: mekgabisopuo/mekgabopuo, tshwantshwano/papiso, tshwantshiso</p> <p>Mopeleto le matshwao a puo: ditlhaku tse kgol le tse nyane, kgutlo, feelwane</p> <p>[Mosebetsi ya Dibopeho le Melao ya Tshebediso ya Puo]</p>

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KOTARA YA 3				
BOKGONI	HO MAMELA LE HO BUA (TSA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 3-4	<p>Ho ba le seabo dipuisanong tse kgutshwane ka sehlooho se tiwaelehileng</p> <ul style="list-style-type: none"> • Ho fanana sebaka sa ho bua • Ho tsepama sehloohong se oho buuwang ka sona • Ho botsa dipotso tse amanang le sehlooho <p>Ho itlwaetsa ho Mamela le ho Bua (Kgetha e le nngwe bakeng sa ho ikwetlisa letsatsi le letsatsi)</p> <ul style="list-style-type: none"> • Ho etsa morethetho, thothokiso kapa pina e bonolo • Ho bapala papadi e bonolo ya puo • Ho fana le ho latela ditaello le ditshupiso tse bonolo • Ho pheta pale ya hae • Pheta pale e utlwiweng kapa e badilweng 	<p>Ho bala tema ya ditshwantsho, mohl. phousetara kapa ditsebiso</p> <ul style="list-style-type: none"> • Pele ho ho bala: buisanang ka ditshwantsho • Buisanang ka hore tema e bua ka eng • Hlwaya lesedi le itseng • Toloka ditaba tsa tema • Ho ahlaahla morero wa sengolwa • Hlwaya le ho buisana ka dikarolo tsa moralo tse kang mmala le bohoho bo fapaneng kapa mefuta ya kgatiso (fonto) <p>[TEMAKUTLWISIO E BALWANG]</p> <p>Ho itlwaetsa ho bala</p> <ul style="list-style-type: none"> • Ho balla hodimo ka mokgwa o nepahetseng wa qapodiso, ho itlhalisa le sehala se nepahetseng <p>Ho ikgopotsa ka ditema tse badilweng ka boikemelo/ho bala ka bobedi</p> <ul style="list-style-type: none"> • Bapisa dibuka/ditema tse badilweng 	<p>Ho rala le hlalisa tema ya ditshwantsho mohl. phousetara kapa tsebiso</p> <ul style="list-style-type: none"> • Sebedisa sebopeho se nepahetseng • Kgetha dikahare tse loketseng • Sebedisa dikarolo tsa meralo tse kang mmala le bohoho bo fapaneng ba kgatiso, le mefuta e fapaneng ya kgatiso (fonto) <p>[HO NGOLA TEMA YA DITSHWANTSHO] Ho rekota mantswe le meeelo ya yona bukantsweng ya hao</p> <ul style="list-style-type: none"> • Sebedisa ditshwantsho kapa dipolelo o sebedisa mantswe ho hlalosa le bontsha meeelo, jj. 	<p>Mosebetsi o boemong ba lentse: mahlalosi</p> <p>Mosebetsi o boemong ba polelo: dipolelomararane</p> <p>Moelelo wa lentse: lentse le le leng bakeng sa polelo</p> <p>[Mosebetsi ya Dibopeho le Melao le Tshebediso ya Puo]</p>

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDIGSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19:
MOKGWARITSO WA 1

KOTARA YA 3				
BOKGONI	HO MAMELA LE HO BUA (TSA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 5-6	<p>Ho mamela pale Kgetha dipaleng tsa nnete/tse iqapetsweng, tsa kajeno/ lipale tsa botjhaba/meetlo, ditlaleho tsa motho ka mong/ boithabiso bo qabolang/ ditoro/ dipale tsa bophelo ba nnete</p> <p>Tema ho tswa bukeng kapa ho FTM</p> <ul style="list-style-type: none"> • Buisanang ka poloto, tikoloho le baphetwa • Arabela dipotso tse bonolo • Ho bolela mabitso a baphetwa paleng ka nepo • Ho pheta pale hape ka tatelano • Ho ntsha maikutlo a hao ka pale • Ho hlalosa sesosa le ditlamorao tsa diketso le diketsahalo <p>[TEMAKUTLWISISO E MAMELWANG]</p>	<p>Ho bala pale Tema e tswang bukakgakollong kapa Faeleng ya Titihere ya Mehlodi (FTM)</p> <ul style="list-style-type: none"> • Pele ho ho bala: lepa ka sehlooho le ditshwantsho • Toloka le ho hlalosa molaetsa • Sebedisa mawa a ho bala, mohl. noha, sebedisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang • Hlalosa maikutlo a tema o fana ka mabaka • Buisana ka baphetwa, poloto, le tikoloho • Hlahisa maikutlo a tsosolloswang ke tema • Sebedisa bukantswe ho lekola moelelo wa mantswe <p>[TEMAKUTLISISO E BALWANG]</p>	<p>Ho ngola bukatsatsi/dayari</p> <ul style="list-style-type: none"> • Sebedisa sebopeho se nepahetseng • Kgetha dikahare tse nepahetseng bakeng sa sehlooho sa hao • Sebedisa mantswe a amang maikutlo • O sebedisa phetelo ya motho wa pele: Ke... • O sebedisa sebopeho se nepahetseng e le foreimi ya ho ngola • Sebedisa sehlooho le dipolelo tse tshehetsang ho ngola tema ya hao • Sebedisa sebopehopuo/thapuo , mopeleto le matshwao a puo a loketseng, le ho tiola mola pakeng tsa diratswana • Ho ngola mantswe le meelelo ya yona bukantsweng ya hao <p>Ho sebedisa tshebediso ya ho ngola</p> <ul style="list-style-type: none"> • Ho etsa moralo/Boitokisetso ba ho ngola • Ho ngola mokgwaritso • Ho boelatsa mosebetsi • Ho bala hape bakeng sa ntlafatso • Ho hlaola diphoso, le • Ho nehelana <p>[HO NGOLA DAYARI/BUKATSATS]</p>	<p>Mosebetsi o boemong ba lentswe: kutu</p> <p>Mosebetsi o boemong ba polelo: polelonolo, polelomararane</p> <p>Mosebetsi o boemong ba polelo: polelwanaleetsi</p> <p>Mopeleto le matshwao a puo: dikgutlo</p> <p>[MESEBETSI YA DMTP]</p>
			<p>Ho ikgotsoa ka ditema tse badilweng ka boikemelo/ho bala ka bobedi</p> <ul style="list-style-type: none"> • Bapisa dibuka/ditema tse badilweng 	<p>Ho rekota mantswe le meelelo ya yona bukantsweng ya hao</p> <ul style="list-style-type: none"> • Sebedisa ditshwantsho kapa dipolelo o sebedisa mantswe ho hlalosa le bontsha meelelo, jj.

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KOTARA YA 3

BEKE YA 4 - 8	<p>POROJEKE/SERERO: Serero/Porojeke e ipapisitseng le mofuta ofe kapa ofe wa dingolwa o entsweng: dithothokiso/poko/ditshomo/dipale tse kgutshwane//tshwantshiso//terama/padi.</p> <p>Ela Hloko: Ho tlameha ho ba le mefutafuta e fapaneng ya dingolwa ho pharalla le dikereiti.</p> <p>Ho rera/Boitokisetso/Diphuputso/Diphuputso tsa nehelano ya molomo le ho ngola ka ho iqapela ka porojeke/serero.</p>
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<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 6: HO NGOLA KA BOIQAPELO KA POROJEKE/SERERO</p> <p>Mohato wa pele: Dipatlisiso (Baithuti ba etsa dipatlisiso morerong wa bona/porojekeng ya bona) (matshwao 10) Beke ya 4-5</p> <p>Mohato wa 2: Ho ngola (Baithuti ba etsa karolo ya ho ngola morero/porojeke ya bona. Ba fan aka selelekela le tlhaloso ya ditaello tsa morero/porojeke ya bona le mokgwa oo ba tlo o sebedisa ho ngola porojeke/serero sa bona) (matshwao 30)</p> <p>Ho sebedisa tshebediso ya ho ngola</p> <ul style="list-style-type: none"> • Ho etsa moralo/Boitokisetso ba ho ngola • Ho ngola mokgwaritso • Ho boelatsa mosebetsi • Ho bala hape bakeng sa ntlafatso • Ho hlaola diphoso, le • Ho nehelana <p>Beke ya 6</p>	<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 7: HO NGOLA KA BOIQAPELO KA POROJEKE/SERERO</p> <p>Mohato wa 3: Nehelano ya Molomo (Baithuti ba Nehelana ka mosebetsi wa bona ka molomo) (Matshwao 20)o sebedisa sebopeliso se loketseng:</p> <p>Nehelano ya Molomo</p> <ul style="list-style-type: none"> • O sebedisa sebopeliso se loketseng: Selelekela, mmele le qetelo • O fan aka mehopollo ya sehlooho le dikahare tse tshetsang mehopollo • O bontsha bopaki ba dipatlisiso le diphuputso mosebetsing wa hae • Ho sebedisa puo e loketseng ya mmele le bokgoni ba nehelano mohl. ho shebana le mahlo a bamamedi, bophahamo ba lentswe • Ho nka karolo dipuisanong • Ho fana ka maikutlo a ahang • Ho boloka le tsepama dipuisanong • Ho bontsha kutlwisiso ho ditokelo le maikutlo a ba bang <p>Qala ka mosebetsi wa molomo kotareng ya 3 mme o o phethele ka kotara ya 4 ha matshwao a tla be a rekotwa.</p>
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Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDITSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19:
MOKGWARITSO WA 1

KOTARA YA 3				
BOKGONI	HO MAMELA LE HO BUA	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE YA 7-8	<p>Ho mamela dithothokiso</p> <ul style="list-style-type: none"> Ho buisana ka hore na thothokiso e ka eng/bua ka eng Ho e amahanya le bophelo ba hao Ho hlwaya raeme le morethetho Ho hlwaya mantswe a qalang ka medumo e tshwanang Ho hlahisa maikutlo a qholotswang ke thothokiso Ho tshwantshisa ka ho bapala melana e kgethilweng ya thothokiso <p>Ho ikwetlisetsa ho mamela le ho bua</p> <ul style="list-style-type: none"> Ho ikwetlisa ka ho sebedisa mantswe a tshwantshisang/etsisang ka medumo, mohl. modumo wa dinotshi, how a ha ntho ha e tjhwatleha, modumo wa koloi, jj. <p>[TEMAKUTLWISISO E MAMELWANG]</p>	<p>Ho bala thothokiso</p> <ul style="list-style-type: none"> Pele ho ho bala: lepa ka sehlooho le ditshwantsho Sebedisa mawa a ho bala, mohl. noha, sebedisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang Ho hlwaya morethetho le raeme thothokisong Ho arola mantswe ho ya ka dinoko Ho ntsha maikutlo a qholoditsweng ke thothokiso <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola dipolelo tse nang le raeme</p> <ul style="list-style-type: none"> Ho ngola dipolelo tse tsamayang ka bobedi di na le bolelele bo tshwanang di na le raeme Ho sebedisa aha morethetho le raeme tse loketseng Ho sebedisa tsebo ya ho aha dinoko ho bopa morethetho <p>[HO NGOLA MELA E NANG LE RAEME]</p>	<p>Mosebetsi boemong ba lentswe: makopanyi/mahokedi</p> <p>Mosebetsi boemong ba polelo: pehelo/setateme, polelonolo</p> <p>Moelelo wa lentswe: mothofatso, poeletsomodumo /alithereishene, papiso / tshwantshwanyo, tshwantshiso, morethetho, raeme</p> <p>Mopeleto le matshwao a puo: tshebediso ya bukantswe/dikishinare, kgutsufatso/kgutsufatsa, tlhaku tse qalang tsa lebitso</p> <p>[MESEBETSI YA DMTP]</p>
			<p>Ho ikwetlisetsa ho bala</p> <ul style="list-style-type: none"> Balla hodimo ka mokgwa o nepahetseng wa ho qapodisa, o bontsha maikutlo a hao, le sehalo se nepahetseng sa ho bala 	<p>Ho ngola mantswe le ditlhaloso tsa ona dikishinareng / bukantsweng ya hao</p> <ul style="list-style-type: none"> Sebedisa ditshwantsho kapa dipolelo le ditlhaloso ho bontsha meeelo ya mantswe

Mesebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KOTARA YA 3				
BEKE YA 9-10	HO MAMELA LE HO BUA	HO BUA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
	<p>Ho mamela papadi /tshwantshiso ho tswa radiyong/thelebesheheng</p> <p>Tema ho tswa bukeng kapa FTM</p> <ul style="list-style-type: none"> Lepa ka sehlooho Pheta pale hape ho ya tlhahlamano ya diketsahalo Bolela dibapadi hantle/nepo <p>Ho bapala bonketsisane/ ho tshwantshisa sebakadi se itseng ka maemo a tlwaelehileng</p> <ul style="list-style-type: none"> Kgetha dikahare tse loketseng Sebedisa dintlha tsa bohlokwa hantle Bontsha maikutlo le menahano ka nepo Tsepama sehloohong Ho bontsha tlhokomediso ya diphapang tsa setjhaba Ho fapoha ho tloha puong e nngwe ho ya ho e nngwe ntse ho lokile 	<p>Ho bala papadi/tshwantshiso</p> <p>Tema ho tswa bukeng kapa FTM</p> <ul style="list-style-type: none"> Pele ho ho bala: lepa ka sehlooho le ditshwantsho Sebedisa mawa a ho bala, mohl. noha, sebedisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang Ho buisana ka dibapadi le tikoloho Ho ntsha maikutlo a qholoditsweng ke papadi Ho bapala korolwana ya tshwantshiso Ho bua ka makgetha a tema haholoholo <p>Tshebediso ya matshwao a puo le sebopeho</p> <p>[TEMAKUTLWISISO E BALWANG]</p> <p>Ho ikwetlisetsa hob ala</p> <ul style="list-style-type: none"> Balla hodimo ka mokgwa o nepahetseng wa ho qapodisa, o bontsha maikutlo a hao, le sehlo se nepahetseng sa ho bala <p>Ho ikgopotsa ka ditema tse badilweng ka boikemelo/ho bala ka bobedi</p> <ul style="list-style-type: none"> Ho etsa tlhahlobo e kgutshwane ya buka ya molomo a sebedisa foreimi e loketseng 	<p>Ho ngola puisano/dayaloko</p> <ul style="list-style-type: none"> kgetha dibapadi tse loketseng hlahlamisa puisano hantle Sebedisa foreimi hantle/nepo Sebedisa puoephelelo hantle Sebedisa tlotalontse ka tsela e loketseng Sebedisa puo le thutapuo, mopeleto, matshwao a puo le ho siya sebaka dipakeng tsa mela le diratswana hantle Rekota mantse le ditlhaloso tsa ona dikishinareng ya hao <p>[HO NGOLA PUISANO/DAYALOKO]</p> <p>Ho ngola mantse le ditlhaloso tsa ona dikishinareng / bukantsweng ya hao</p> <ul style="list-style-type: none"> Sebedisa ditshwantsho kapa dipolelo le ditlhaloso ho bontsha meelelo ya mantse 	<p>Mosebetsi wa boemong ba lentswe: mabitsokgoboka, lebopi la boiketsi, kutu</p> <p>Mosebetsi boemong ba polelo: lehokamoetsi/lehokaleetsi</p> <p>Mopeleto le matshwao a puo: kgutlo, feelwane, dikgutlwana, feelo, letshwao la potso</p> <p>[MOSEBETSI WA DMTP]</p>
	<p>Ho ikwetlisetsa ho Mamela le ho Bua</p> <p>(Kgetha e le nngwe bakeng sa ho ikwetlisa letsatsi le letsatsi)</p>			

	<ul style="list-style-type: none"> • Ho etsa morethetho, thothokiso kapa pina e bonolo • Ho bapala papadi e bonolo ya puo • Ho fana le ho latela ditaelo le ditshupiso tse bonolo • Ho pheta pale ya hae • Pheta pale e utlilweng kapa e badilweng 			
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Mesebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDITSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19:
MOKGWARITSO WA 1

MESEBETSI YA TEKANYETSO YA SEMMUSO			
<p>MESEBETSI YA HO MAMELA LE HO BUA</p> <ul style="list-style-type: none"> Mesebetsi e fapaneng ya ho mamela le ho bua Mesebetsi ya ho mamela le ho bua e tsamaellanang le dipheho tsa Covid-19 	<p>MESEBETSI YA HO BALA LE HO BOHA</p> <ul style="list-style-type: none"> Tshebetso ya ho bala Mesebetsi ya ho balla hodimo Mesebetsi ya temakutlwisiso e balwang Mesebetsi ya dingolwa e ipapisitseng le mofuta e 3 e behilweng bakeng sa sehla sena 	<p>MESEBETSI YA HO NGOLA LE NEHELANA</p> <ul style="list-style-type: none"> Tshebetso ya ho ngola Ho ngola seratswana Ditema tsa dikgokahano Moqoqo Tema ya boiqapelo 	<p>MESEBETSI YA DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO</p> <ul style="list-style-type: none"> Mesebetsi e fapaneng ya dikarolo tsa dibopeho le melao ya tshebediso ya puo

KEREITI YA 4 SESOTHO PUO YA LAPENG KAKARETISO YA MESEBETSI YA TEKANYETSO: KOTARA YA 3	
<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 6</p> <ul style="list-style-type: none"> Ho ngola ka boiqapelo (matshwao 10+30 = 40) Serero/Porojeke e ipapisitseng le mofuta ofe kapa ofe wa dingolwa o entsweng: dithothokiso/poko/ditshomo/dipale tse kgutshwane//tshwantshiso//terama/padi. 	<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 7: TSA MOLOMO</p> <ul style="list-style-type: none"> Nehelano ya Molomo (matshwao 20) <p>Qala ka mosebetsi wa molomo kotareng ya 3 mme o o phethele ka kotara ya 4 ha matshwao a tla be a rekotwa. Ela Hloko: Ho tlameha ho ba le mofuta e fapaneng ya dingolwa ho pharalla le dikereiti.</p>

KOTARA YA 4				
BOKGONI	HO MAMELA LE HO BUA (TSA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 1-2	<p>Ho mamela le ho buisana ka diketsahalo tsa letsatsi tse tswang atikeleng ya makasine kapa ya koranta</p> <p>Tema ho tswa bukeng kapa ho FTM</p> <ul style="list-style-type: none"> Mesebetsi e lelekelang: ho akanya/lepa ho mamela bakeng sa dintlha tse ikgethileng Ho supa/qolla molaetsa wa sehlooho O amahanye le bophelo ba hao Buisana ka mohopolo wa sehlooho le dintlha tse ikgethileng Sebedisa tlhahisoleseding ho tswa temeng bakeng sa ho arabela dipotso Buisana ka makgabane a phedisano, a boitshwaro le a setso temeng <p>Ho ba le seabo dipuisanong</p> <ul style="list-style-type: none"> Botsa dipotso tse loketseng le ho arabela le ho araba dipotso Bapisa mehopolo ya hae le ya ba bang Hlompha maikutlo a ba bang Fana ka maikutlo le tlaleho e ahang 	<p>Ho bala atekele ya koranta/makasine e hlahisang maemo a phedisano/eo ntlhakgolo e leng ka maemo a phedisano</p> <p>Tema ho tswa bukeng kapa ho FTM</p> <ul style="list-style-type: none"> Pele ho ho bala: ho noha/lepa ka sehlooho le ditshwantsho Sebedisa mawa a ho bala, mohl. noha, sebedisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang Akanya ka mabaka a diketsahalo paleng Hlalosa sesosa le sephetho paleng Hlahisa maikutlo ka tema o tshheheta mabaka Buisana ka bohlokwa ba pale Buisana ka kgetho ya puo mantswa le ditshwantshopuo ka temeng Elellwa sebopeliso, tshebediso ya puo, moelelo le bamamedi paleng Buisana ka tlotlontswa e ntjha ho tswa temeng eo o e badileng Sebedisa bukantswe/dikishinari <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola atikele ya koranta/makasine ka maemo a phedisano</p> <ul style="list-style-type: none"> Sebedisa dikahare tse loketseng babadi Sebedisa foreimi e nepahetseng ya tema Sebedisa puo ka ho inahanela mantswa, haholo sebedisa le tlotlontswa eo o ithutileng yona Seratswana sa hao se ahwe ka dipolelo tse nang le maemedi, makopanyi, matshwao a puo , masupi, le mongolo o nepahetseng Hokela diratswana o sebedisa makopanyi le dipolelwana Sebedisa sebopeliso/thapuo , mopeleto le matshwao a puo a loketseng Sebedisa makgathe a fapaneng ka botsitso Sebedisa bukantswe/dikishinari ho netefatsa moelelo wa mantswa <p>Ho sebedisa tshebetso ya ho ngola</p> <ul style="list-style-type: none"> Ho itokisetša ho etsa moralo Ho ngola mokgwaritso Ho boeletsa mosebetsi Ho bala hape bakeng sa ntlafatso Ho hlaola diphoso Ho nehelana ka mosebetsi o phethahetseng, o makgethe. <p>[HO NGOLA KGOKAHANO: ATEKELE YA KORANTA/MAKASINE]</p>	<p>Mosebetsi wa boemo ba lentswe: makopanyi, mathusi</p> <p>Mosebetsi wa boemo ba polelo: moetsi, moetsuwa, lehokedi, lekgathe lejwale letswelli</p> <p>Moelelo wa lentswe: mahlalosongwe, malatodi</p> <p>Mopeleto le matshwao a puo: tshebediso ya bukantswe/dikishinari, tatelano ya mantswa polelong, ho arola mantswa polelong</p> <p>[MESEBETSI YA DMTP]</p>
		<p>Ho ikgopotsa tse ditema tse badilweng ka boikemelo</p> <ul style="list-style-type: none"> Bapisa dibuka/ditema tse badilweng 		

Mesebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KOTARA YA 4				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSheBEDISO YA PUO
BEKE 3-4	<p>Ho mamela dipalekgutshwe</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> • Pele ho ho bala: ho lepa ka sehlooho le ditshwantsho • Ho mamela le amanya le bophelo ba hao • Ho hlwaya dintlha tse ikgethileng ka tema • Tsepama sehloohong • Hlwaya poloto, tikeloho le baphetwa • Araba dipotso tsa molomo • Jwetsa ba bang ka pale hape <p>Ho nka karolo dipuisanong tsa sehlopha</p> <ul style="list-style-type: none"> • Fananang sebaka sa ho bua • Tsepamang sehloohong • Botsa dipotso tse loketseng • Tswelang pele ka ho buisana • Arabela mehopolong ya ba bang ka kelohlolo le tlhomphe • Fana ka tlaleho e tsitsitseng ebile e aha 	<p>Ho bala palekgutshwe</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> • Pele ho ho bala: ho lepa ka sehlooho le ditshwantsho • Sebedisa mawa a ho bala, mohl. lepa, sebelisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang • Ho hlwaya tsela eo tema e hlophisitsweng ka yona. • Fana ka mabaka bakeng sa diketso tsa baphetwa • Utlwisisa tlotlontswa • Hlwaya mohopolo wa sehlooho le e tshhehatsang • Hlwaya le ho buisana ka bohlokwa ba pale • Buisanang ka tlotlontswa e ntjhaDiscusses new • Sebedisang bukantswe/dikishinari ho netefatsa meeelo ya mantswa <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola lengolo la setswalle</p> <ul style="list-style-type: none"> • Sebedisa sebopeho se nepahetseng • Kgetha dikahare tse loketseng bakeng sa sehlooho/ditaba tsa hao di nyalellane le sehlooho • Sebedisa sehlooho le dipolelo tse se tshhehatsang ho bopa diratswana tse momaneng hantle • Hokela diratswana o sebedisa makopanyi, le dipolelwana • Sebedisa tlotlontswa e teng ebile e tsamaellana le dikahare tsa tema • Sebedisa thutapuo/sebopehopuo, mopeleto le matshwao a puo a loketseng le ho tlola mela pakeng tsa diratswana • Sebedisa bukantswe/dikishinari ho netefatsa moelelo le mopeleto wa lentse <p>Ho latela tshebetso ya ho ngola</p> <ul style="list-style-type: none"> • Ho lahlela mehopolong ka tshhebediso ya dimmapa tsa monahano • Ho hlahisa mokgwaritso wa pele • Ho boeletsa mosebetsi • Ho bala mosebetsi hape bakeng sa ntlafatso • Ho ngola mokgwaritso wa ho qetela • Ho nehelana ka mosebetsi wa ho qetela o makgethe, o balehang, o nang le mela e tlotsweng mahareng a diratswana <p>[HO NGOLA KGOKAHANO: LENGOLA LA SETSWALLE]</p>	<p>Mosebetsi wa boemo ba lentse: mahlalosi a mokgwa, a sebaka, makgathe, makopanyi, maemedi (tsepama dikarolong tse seng di entswe)</p> <p>Mosebetsi wa boemo ba polelo: dipolelwana: polelwana bitso</p> <p>Mopeleto le matshwao a puo: tlhaku tse kgolo, kgutlo, feelo, feelwana, ho arola mantswa</p> <p>[MESEBETSI YA DMTP]</p>
			<p>Ho ikgopotso ka tema e badilweng ka boikemelo</p> <ul style="list-style-type: none"> • Buang ka pale hape kapa ka mohopolo wa sehlooho wa pale ka dipolelo tse 3 ho isa ho 5 • Hlahisa maikutlo ka ho arabela tema e badilweng 	
<p>MOSEBETSI WA TEKANYETSO WA SEMMUSO WA 7:</p> <ul style="list-style-type: none"> • Nehelano ya molomo (matshwao 20) <p>Qala ka mosebetsi wa molomo kotareng ya 3 mme o o phethele ka kotara ya 4 ha matshwao a tla be a rekotwa</p>				

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDITSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19:

MOKGWARITSO WA 1

BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 5-6	<p>Ho mamela papatso</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehlodi (FTM)</p> <ul style="list-style-type: none"> Mesebetsi e lelekelang: ho lepa Ho hlalosa le ho buisana ka molaetsa ho kenyellwetsa le bohlokwa ba tema Ho buisana ka sebopeho sa tema le tshebediso ya puo temeng eo <p>Ho nka karolo dipuisanong tsa sehlopha ka diketsahalo tsa phedisano tse amanang le dipapatso</p> <ul style="list-style-type: none"> Buisana ka bohlokwa ba phedisano Botsa dipotso tse loketseng ka ho sebedisa sebopeho sa dipotso tse batlang mang, efeng, eng, kae, neng, hobaneng, hobaneng, jwang 	<p>Ho bala tema ya tlhahisoleseding, mohl. papatso</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titjhere ya Mehlodi (FTM)</p> <ul style="list-style-type: none"> Ho hlalosa le ho buisana ka molaetsa hammoho le bohlokwa ba tema Ho buisana ka sebopeho, tshebediso ya puo, sepheo le baamohedi/bamamedi ba tema Ho buisana ka tshebediso ya puo, puo e susumetsang maikutlo, le tshebediso ya puo ka tsela e bolokehileng Ho botsa dipotso tse tobileng, tse sekasekang o sebedisa dibopeho tse loketseng, mohl. mang, efeng, eng, neng, jwang, hobaneng, Ho hlwaya le ho buisana ka diketsahalo tse tshhetsang lehlakore le le leng Ho hlwaya le ho buisana ka maano a ditshwantsho a kang mmala, moralo, kgetho ya ditshwantsho, jj., le ka moo di amang molaetsa o fetiswang <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola papatso</p> <ul style="list-style-type: none"> Sebedisa dikahare tse loketseng sepheo sa tema le baamohedi ba yona Sebedisa ditshwantsho le meralo e loketseng sepheo sa tema Sebedisa thutapuo/sebopehopuo le tlotlontswe tse nepahetseng kapa tse tsamaelanang le dikahare tsa tema Sebedisa puo ka bonono le bokgabane Sebedisa bukantswe ho lekola mopeleto le meeelo ya mantswe ao o a sebedisitseng hore a tsamaelana le dikahare tsa tema le sehlooho <p>Ho sebedisa tshebetso ya ho ngola</p> <ul style="list-style-type: none"> Ho lahlela mehopollo ka tshebediso ya dimmapa tsa monahano Ho hlahisa mokgwaritso wa pele Ho boeletsa mesebetsi Ho bala hape bakeng sa ntlafatso Ho ngola mokgwaritso wa ho qetela Ho nehelana ka mesebetsi wa ho qetela o makgethe, o balehang <p>[HO NGOLA KGOKAHANO]</p>	<p>Mosebetsi wa boemo ba lentswe: makopanyi</p> <p>Mosebetsi wa boemo ba polelo: makgethi a bontshang papiso, mahlalosi</p> <p>Mopeleto le matshwao a puo: Letshwao la makalo, kgutlwana, ditlhaku tse kgolo le tse nyane</p> <p>[MESEBETSI YA DMTP]</p>
		<p>Ho ikgopotsa ka tema e badilweng ka boikemelo</p> <ul style="list-style-type: none"> Hlahisa maikutlo ka ho arabela tema e badilweng 		
<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA: 8</p> <ul style="list-style-type: none"> Ho ngola Kgokahano (matshwao 10) <p>E ngolwe pele ho teko e laolwang</p>				

Mesebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana

KOTARA YA 4				
BOKGONI	HO MAMELA LE HO BUA (MESEBETSI YA MOLOMO)	HO BALA LE HO BOHA	HO NGOLA LE HO NEHELANA	DIBOPEHO LE MELAO YA TSHEBEDISO YA PUO
BEKE 7-8	<p>Ho mamela puisano/dayaloko</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titihere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> Mesebetsi e lelekelang: ho lepa Ho e mamela le ho e amanya le bophelo ba hae Qolla dintlha tsa bohlokwa ikgethileng tsa tema <p>Ho nka karolo dipuisanong tsa sehlopha</p> <ul style="list-style-type: none"> Ho fanana sebaka sa ho bua Tsepama sehloohong ha o bua Ho botsa dipotso tse loketseng Ho tswela pele ka puisano Ho arabela mehopolong ya ba bang ka kelohlolo le tlhomphe Ho fana ka tlaleho e tsitsitseng le ho aha 	<p>Ho bala tshwantshiso</p> <p>Tema ho tswa bukeng kapa Faeleng ya Titihere ya Mehloodi (FTM)</p> <ul style="list-style-type: none"> Pele ho ho bala: ho lepa ka sehlooho le ditshwantsho Sebedisa mawa a ho bala, mohl. lepa, sebedisa dintlha tse amanang le maemo ho fumana moelelo, lekola mohopolo bakeng sa ho fumana mohopolo o akaretsang Hlwaya le ho ntsha maikutlo ka poloto Ho fana ka mabaka a susumeditseng diketso Ho utlwisisa tlotlontswe Ho hlwaya mohopolo wa sehlooho le dintlha tse o tshhehatsang Ho hlwaya le ho buisana ka bohlokwa ba tema ho buisana ka tlotlontswe e ntjha ho tswa temeng Sebedisa bukantswe/dikishinari ho netefatsa moelelo wa mantswe <p>Ho ikgopotsa ka tema e badilweng ka boikemelo</p> <ul style="list-style-type: none"> Pheta pale le mohopolo wa sehlooho ka dipolelo tse ka bang 3 ho isa ho 5 Hlahisa maikutlo ka ho arabela tema e badilweng <p>[TEMAKUTLWISISO E BALWANG]</p>	<p>Ho ngola dayaloko/puisano</p> <ul style="list-style-type: none"> kgetha dikahare tse nepahetseng sebedisa foreimi e loketseng tema Sebedisa puo e tobileng ho ngola tema Atolosa dipolelo ka ho sebedisa makgethi/dihlakisi le mahlalosi Atolosa tshebediso ya tlotlontswe ka ho sebedisa maemdi, makopanyi, mahokedi, le dipolelwana tse hokelang Sebedisa kwahollopuo/thutapuo e loketseng, moelelo o hantle, le matshwao a puo a loketseng Sebedisa bukantswe ya hao ho netefatsa mopeleto le moelelo wa mantswe <p>[HO NGOLA DAYALOKO/PUISANO]</p>	<p>Mesebetsi wa boemo ba lentswe: tshwantshwanyo/papiso, tshwantshiso, dikapolelo, maele</p> <p>Mesebetsi wa boemo ba polelo: Puopehelo, matshwao a qotso, polelo e itshetlehileng ka e nngwe,</p> <p>Mopeleto le matshwao a puo: tshebetso e nepahetseng ya matshwao a puo, feelwane, dikgutlo, dikgutlwana, ditsejana, kgutlo, lekgotsi/letshwao la makalo, letshwao la potso</p> <p>[MESEBETSI YA DMTP]</p>
BEKE 9-10	<p>TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 9: TEKO E LAOLWANG</p> <p>(HO ARABELA HO DITEMA TSE FAPANENG: MATSHWAO 40)</p> <ul style="list-style-type: none"> Potso ya 1: Temakutlwisiso ya boiqapelo kapa Temakutlwisiso ya nnete (matshwao a 15) Temakutlwisiso ya ditshwantsho (matshwao a 10) Ho ngola Kgutsufatso (matshwao a 5) Dibopeho e Melao ya Tshebediso ya Puo (matshwao a 10) 			

MESEBETSI YA DITEKANYETSO TSA SEMMUSO				
	Mosebetsi ya ho Mamela le ho Bua <ul style="list-style-type: none"> Mosebetsi e fapaneng ya ho mamela le ho bua Mosebetsi ya ho mamela le ho bua e tsamaellanang le dipehelo tsa Covid-19 	Mosebetsi ya ho Boha le ho Bua <p>Tshebetso ya ho bala</p> <ul style="list-style-type: none"> Mosebetsi ya ho balla hodimo Mosebetsi ya temakutlwisiso e balwang Mosebetsi ya dingolwa e ipapisitseng le mefuta e 3 e behilweng bakeng sa sehla sena 	Mosebetsi ya ho Ngola le ho Nehelana <ul style="list-style-type: none"> Tshebetso ya ho ngola Ho ngola seratswana Ditema tsa dikgokahano Moqoqo Tema ya boiqapelo 	Mosebetsi ya Dibopeho le Melao ya Tshebediso ya Puo <ul style="list-style-type: none"> Mosebetsi e fapaneng ya dikarolo tsa dibopeho le melao ya tshebediso ya puo

KEREITI YA 4 SESOTHO PUO YA LAPENG KAKARETSO YA MESEBETSI YA SEMMUSO YA KOTARA YA 4		
TEKANYEETSO YA SEMMUSO YA MOSEBETSI WA 7: TSA MOLOMO <ul style="list-style-type: none"> Ho balla hodimo (matshwao 20) <p>Mosebetsi ona ke tswelopele ho tloha Kotareng ya 1, mme o tla phethelwa le ho rekotwa ka Kotara ya 2.</p>	TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 8: HO NGOLA <ul style="list-style-type: none"> Ho ngola Kgokahano (matshwao 10) <p>E ngolwe pele ho tlhahlobo e laolwang ya Kotara ya 2</p>	TEKANYETSO YA SEMMUSO YA MOSEBETSI WA 9: TLHAHLOBO E LAOLWANG YA HO ARABA DITEMA TSE FAPANENG (Matshwao 40) <ul style="list-style-type: none"> Temakutlwisiso ya boiqapelo / Temakutlwisiso ya nnete (matshwao 15) Tema ya ditshwantsho (matshwao 10) Kgutsufatso (matshwao 5) Dibopeho le Melao ya Tshebediso ya Puo (matshwao 15)

Mosebetsi e lebelletsweng ya ka phaposing/ tekanyetso eo e seng ya semmuso di bontshitswe ka hara masakana.

KEREITI YA 4 - SESOTHO PUO YA LAPENG MORALO WA THUTO O BOELEDITSWENG WA NAHA (KOTARA 1-4) – 2021 KOMORA COVID-19: MOKGWARITSO WA 1