

THULAGANYO YA GO RUTA MOPHATO 6 2021-2023



MOPHATO 6 KWGEDITHARO 1				
	Go Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 1 BEKE 1	<p>Reetsa le go bua kgang go tswa mo athikeleng e e amanang le Covid 19</p> <p>Setlhanga go tswa mo bukakgakololong / faele ya morutabana.</p> <ul style="list-style-type: none"> • Reetsa kgang e e ikaegileng ka Covid 19 • Bua ditiragalo gape ka tatelano o dirisa pakaphethi 	<p>Buisa kgang e e ikaegileng ka Covid 19 go tswa mo Athikale</p> <ul style="list-style-type: none"> • Pele ga puiso: ponelopele e e ikaegileng ka setlhogo le ditshwantsho • Dirisa ditogamaano tsa go buisa gore ba tlhaloganye se ba se buisang: go okola, go latlhela matlho, ponelopele. • Buisana ka tlotlofoko e ntshwa go tswa mo setlhaweng se se buisitsweng. • Buisanang ka setlhogo le maitshetlego (lefelokgang) • Senola/Bontsha maikutlo a gago ka setlhanga. • Dirisa thanodi. <p>Tekatlhaloganyo ya theetso/puiso ka setlhanga</p> <p>Ikatiso ya puiso Practises reading</p> <ul style="list-style-type: none"> • Puisetogodimo ka go poleta sentle, ka thelelo le bokao le go tlhaloganya. 	<p>Kwala bukatsatsi</p> <ul style="list-style-type: none"> • Tlhophha diteng tse di maleba mabapi le setlhogo • Tlhophha ka maitemogelo Selects from experience • Nnase fapoge mo setlhogong. • Neela letlhomeso go dirisiwa ke barutwana ba ba nang le dikgwetlho • Dirisa puo, mopeleto le matyshwao a puiso tse di siameng. • Dirisa tlotlofoko e e tsamaelanang le setlhopgo. <p>Rulaganya/Dirisa thanodi ya gago.</p> <ul style="list-style-type: none"> • Supa ditsebe ka ditlhaka tsa dialefabete. • Tsenya mafoko a le 5 le bokao jwa ona (sethalo/polelo o dirisa mafoko/bokao jwa mafoko) • Kgotsa tswelela go tsenya mafoko mo thanoding e e tlhamilweng. 	<p>Mopeleto le matshwao a puiso.</p> <p>Dirisa thanodi go netefatsa mopeleto le bokao jwa mafoko.</p> <p>Agelela mo kitsong ya ditumatlhaka go peleta mafoko s.k aga mafoko go ya medumo le tebegu ya yona.</p> <p>Agelela mo mafokong a a tlwaelegileng a dirisiwa ka gale.</p> <p>Kgato ya go dira ka mafoko le dipolelo</p> <p>Go tlhaloganya le go dirisa mefuta e e farologaneng ya maina.</p> <p>Tlotlofoko mo tirisong</p> <p>Mafoko a a tswang mo ditlhaweng tse di buisitsweng ka nosi kgotsa ka kopanelo.</p>
<p>Tekanyetso ya motheo. Go tlholo kitso ya pele ya barutwana go bona gore mekhino e fa kae. Tshedimoseto eno e dirisetswa go bona gore ke eng se se tshwanetseng sa dirwa go tsweletsa ditirwana tsa go ruta le go ithuta.</p>				

KGWEDITHARO 1 BEKE 2	<p>Reetsa pegelo ya seyalemowa kgotsa ya lokwalodikgang mme le buisane ka ditiragalo tsa ga jaana.</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Reeletsa dintlha tse di totobetseng go tswa mo mananeong a seyalemowa le thelebišhene. • Supa ka moo puo e e naganelang lethakoreng le le lengwe e tlhamiwang ka teng. • Botsa dipotso tse di tseneletseng tse di gwetlhang le tse di tlhokang ditlhaloso tsa tlaleletso. • Reeletsa tshedimosetso go tswa mo ditlhaweng tsa molomo tse di farologaneng: dipegelo, o sobokane dikakanyokgolo. • Tlhama ngangisano e e lekalekanang ya dintlha tse di maleba e bile di gwetlha. • Bontsha kakanyo le go e tshegetsa ka bosupi jo bo utlwlang. • Reetsa ka mathlagatlhaga le ka tshisimologo. • Amogela dikakanyo tse di sa dumelaneng le tsa gago le go tsiboga sentle mo go tlhokegalang. • Buisanang ka ga bonnate jwa tshedimosetso ka go e bapisa le metswedi e mengwe 	<p>Go buisa athikele ya lokwalodikgang go tswa mo faeleng ya metswedi ya morutabana</p> <ul style="list-style-type: none"> • Pele ga puiso- ponelopele go tswa mo setlhogong le mo ditshwantshong • Supa le go buisana ka melaetsa e e ikaeletsweng le e e bofitlha ya setso. • Dirisa ditogamano tse di farologaneng tsa go buisa: go tlodisa matlho, go okola le go bonela pele dintlha tse di totobetseng • Bisanang ka moo molaetsa o ka digelang ka gona. • Bisanang ka moo ditogamaano tsa bakwadi, barulaganyi ba dikhathunu le batsayaditshwantsho ba neelang lefatshe selebego se se rileng ka teng. • Tlhama le go tlhalosa dipholo le bokhutlo jo bo elediwang/itlhophelwang. • Nna le boikakanyetsi le go neela kgetho fa go rarabololwa bothata. 	<p>Go kwala athikele ya lokwalodikgang</p> <ul style="list-style-type: none"> • Dirisa ditlhogo, mola, temana ya matseno le go araba dipotso tsa Mang? Eng? Kae? Leng? le Goreng?/Jang? mo athikeleng. • Kwala polelo e e leng setlhogo, e e tsenyeletsang tshedimosetso e e maleba go rulaganya temana e e lomaganeng. • Tlhophya, aroganya le go kgobokanya mmogo tshedimosetso e e maleba go tswa mo Metswedding e e farologaneng. • Letlhomeso, setlhawga sa ntla le tlhagiso e e neelwang. • Boeletsa le go lekola bokwadi le tiro ya boitlhamedi • Kwala ka mokwalo o o bonalang o le phepa. <p>Dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsiro / Pele ga go kwala • Go kwala ditlhawng tsa ntla • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le go tlhagisa 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • Maina (mefuta ya maina go tloga beka 3-4): mainagotlhelo mainakgopoloo • Maemedi (maemeditho le maemeditota) <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • Sediri – thuanyisediri le lediri, • Polelonolo (pakafetileng, pakajaanong, pakatlang} <p>Mopeleto le matshwao a puiso: Kgaoganyo ya mafoko, tiriso ya thanodi,</p> <p>Matshwao a puiso: khutlo, phegelwana, phegelo, khutlokhutlo, letshwao la potso, letshwao la tsiboso.</p>
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KGWEDITHARO BEKE 3-4	<p>Go Reetsa le go buisana ka dinaane, sk, kinane/noolwane</p> <ul style="list-style-type: none"> Ditirwana tsa matseno: ponelopele Gakologelwa ditiragalo ka tatelano e e siameng o dirisa paka e e siameng. Tirisano mmogo e e amogelesegang ka nako ya dipuisano tsa ditlhophha. Supa ka moo puo e e naganelang lethakore le le lengwe e tlhamiwang ka gona le mokgwa o e amang moreetsi ka gona. Buisanang ka baanelwa , kgotlhlang le maitshetlego (lefelokgang le nako) Buisanang ka melaetsa mo setlhawng. Akanya ka meetlo ya setso e e tlwaelegileng, boleng le ditumelo. Akanya ka kgogakgogano magareng ga tshiamo le bosula. 	<p>Go buisa dinaane, sk. Kinane/noolwane go tswa mo bukeng ya ditlhengwa kgotsa Faele ya Metswedi ya Morutabana.</p> <ul style="list-style-type: none"> Ditirwana tsa pele ga puiso sk. Ponelopele e ikaegileng ka setlhogo kgotsa ditshwantsho Ditogamaano tsa go buisa: go okola, go tlodisa matlho, ponelopele, go lebelela ditlhengwapono tse di faroganeng, le go kgontsha go di ranola. Buisana ka diponagalo tsa mainane, sk. Baanelwa le melaetsa. Tlhalosa tharabololo le tsibogelo ya sethangwa ka kakaretso. Tlhama le go tlhalosa dipholo kgotsa bokhutlo jo ba bo ratang. Dirisa thanodi go godisa tlhotlofoko. Sobokanya sethangwa ka dipolelo di le tlhano. 	<p>Go kwala dinaane, sk. Kinane/noolwane go tswa mo bukeng ya ditlhengwa kgotsa mo Faeleng ya morutabana</p> <ul style="list-style-type: none"> Kwalela maithlomo a gago, boitlhamedu, go tshameka, a go bopa setshwantsho sa tlhaloganyo. Leka go ruta thuto e e nang le molaetsa. Dirisa baanelwa ba ba tsheleng. Dirisa tlhotlofoko e e maleba. Nagana ka ga setlhogo le go tlhama dikakanyo. Tlhagisa dikakanyo tse di kgodisang sentle. Akanya le go tlhatlhoba tiro ya gago le ya boitlhamedu. Kwala sethangwa santlha o lebeletse thitokgang/ntlhakgolo le puo le melawana e e maleba ya maithlomo le baamogedi ba ba rileng. <p>Dikgato tsa go kwala</p> <ul style="list-style-type: none"> Go dira paakanetsotiro/pele ga go kwala Go kwala ditlhengwa tsa ntlha Go boeletsa Go tseleganya Go tlhotlha diphoso Go tlhagisa
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TLHATLHOBO E E TLHOMAMENG: TIRO 1: TIRO YA MOLOMO

- Puisetsogodimo (20 maduo) Simolola ka tiro e, mo kgweditharong ya ntlha mme e wediwe mo kgweditharong ya bobedi fa maduo a rekotiwa.

KGWEDITHARO 1 BEKE 5-6	<p>Go Reetsa setlhanga sa tlhotlheletso, sekao, papatso ya seyalemowa</p> <ul style="list-style-type: none"> Ditirwana tsa matseno: ponelopele Botsa dipotso tse di tlhotlheletsang go akanya o dirisa puo e e maleba. Supa dikakanyo tse di farologaneng le tsa gago. Farologanya dikakanyo tse di ganetsanang o bo o neye mabaka. Tirisano mmogo e e siameng ka nako ya dipuisano tsa setlhopho Aroganya dikgopoloo mme o rebole dikakanyo mo ditlhogong tse di gwetlheng ka mokgwa o o rulaganeng le go latelana sentle. Tlhama ngangisano e e boleng e na le dintlha tse go ka ngangisanwang ka tsona. Tlhama ponalo/tshwaelo e e ganetsang mme o tshegetsa ka lebaka. Tsepama mo tlhalosong. 	<p>Go buisa setlhanga sa tlhotlheletso go tswa mo bukakgakololong kgotsa Faele ya Motswedi ya Morutabana</p> <ul style="list-style-type: none"> Ditirwana tsa pele ga puiso: ponelopele e e ikaegileng ka setlhogo le ka ditshwantsho. Dirisa ditogamaano tse di farologaneng tsa puiso go go kgontsha go tlhaloganya se se buisiwang: go okola, go tlodisa matlho, ponelopele Supa le go buisana ka tsenelelo ka boleng jwa setso le loago mo ditlhengweng. Ranola melaetsa ya mokwadi e e leng ya maikaelelo le e e seng ya maikaelelo. Supa dikakanyo tse di farologaneng mo ditlhengweng tse di marara thata le go naya kakanyo ya gago e e theetsweng mo bosuping jo bo fithelwang mo setlhengweng. Buisanang ka go sa tshwane ga loago le boleng jwa setso mo ditlhengweng Dirisa thanodi go godisa tlotlofoko <p>Buisa le go tlhaloganya ditlhengwa tsa tlhotlheletso s k. Papatso le phousetara</p> <ul style="list-style-type: none"> Pele ga puiso: buisanang ka ditshwantsho Ranola tshedimosetso Buisanang ka maikaelelo a setlhanga. Buisanag ka puo e e dirisitsweng Buisanang ka diponagalo tsa sebopego/tlhagiso jaaka mmala le fonto Buisanang ka sebopego Bapisa ditlhengwa tse di farologaneng sk. Phousetara le papatso 	<p>Go kwala setlhanga sa tlhotlheletso, sekao, motlotlo/ papatso</p> <ul style="list-style-type: none"> Tsosolosa tsibogelo ya maikutlo Dira ditsholofetsa Kgobera/tlhotlheletsa baamogedi. Dira paakanyetsotiro, kwala ditlhengwa tsa ntla le go boletsa tiro ya gago. Nagana ka ga setlhogo le go tlhama dikgopoloo Akanya le go tlhatlhoba tiro ya gago le ya boithamedi. Bontsha dikgopoloo sentle le ka tatelano Bontsha go tlhaloganya setaele le rejisetara. Tlhagisa tiro o tlhokometse bophepha le tlhagiso e e maatlafetseng Fetisa bokao sentle le ka nepagalo Kwala polelo ya setlhogo le go akaretsa tshedimosetso e e maleba go tlhama temana e e lomaganeng. Tlhama bokhutlo le go dira dikatlenegiso. Tlhama le go tlhalosa dipholo le bokhutlo jo o bo batlang. 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> Makopanyi <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> Puosebui le puopegelo <p>Bokao jwa mafoko:</p> <ul style="list-style-type: none"> Maele le diane
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TLHATLHOBO E E TLHOMAMENG: TIRO 2: GO KWALA

- Tlhamo (20 maduo)
- Tlhamo ya Kanelo kgotsa ya Tlhaloso
- Ditemana di le 5

E dirwe mo tsamaong ya kgweditharo

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 1 BEKE 7-8	<p>Reetsa le go buisana ka mmuisano</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Reeletsa go bona kitso mo ditlhengweng tse di farologaneng tsa molomo mo mmuisanong. • Sobokanya dintlhakgolo mme o kwale dintlha tse di kgethegileng • Tsaya karolo ka tsela e e nepagetseng ka nako ya dipuisano tsa setlhophya. • Supa le go buisana ka diponagalo tsa botlhokwa. • Buisanag ka bokao, puo ya mmele ya mmui, diteng, regisetara le tlhopho ya mafoko. • Buisanag ka sebopego sa setlhengwa 	<p>Buisa motshameko o o bonolo kgotsa terama go tswa mo bukakgakololo/faele ya morutabana</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele go tswa mo setlhogong le ditshwantshong. • Tlhosa morero, poloto, maitshetlego le batsayakarolo • Sobokanya setlhengwa • Buisanang ka ntlha ya mokwadi. • Dirisa thanodi go oketsa tlotlofoko 	<p>Kwala Mmuisano</p> <ul style="list-style-type: none"> • Tlhagisa batsayakarolo le tshusumetso • Tlhoma segalo le modiriso • Tlhama kgotsa agelela mo kgotlheng e e leng teng. • Tlhagisa setlhengwa santlha go etswe tlhoko dintlha tsa botlhokwa/ko setlheng • Supa go tlhaloganya setaele le regisetara. • Akanya ka tiro ya boitlhamedu le go lekola bokwadi. • Dirisa dipolelonolo le dipoleltswako tse di farologaneng. 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • Matlhulosi (mokgwa, nako) <p>Mopeleto le matshwao a puiso: Matshwao a nopolو,</p> <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • Mefuta ya dipolelo (tlhagiso, dipotso, ditaelo) <p>Bokao jwa mafoko: Makaelagongwe, malatodi</p>

TLHATLHOBO E E TLHOMAMENG: TIRO 3: TSIBOGELO YA DITLHANGWA (50 Maduo)

- Tekatlhaloganyo ya puiso (20 maduo)
- Setshwantshopono (10 maduo)
- Dipopego tsa puo le melawana mo tirisong (20 maduo)

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 1 BEKE 9-10	<p>Go reetsa le go buisana ka leboko</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Bontsha maikutlo ka mokgwa wa tshisimogo. • Tirisanoo mmogo e e siameng ka nako ya dipuisano tsa setlhophoa. • Tshwaela ka modumo, le ka seabe sa pono jaaka: moribo/morethetho, poeletsomodumo, le dipapiso. • Ranola diteng tsa leboko. • Sobokanya leboko • Buisanang ka moribo/morethetho le morumo • Buisanang ka dipopego tsa leboko tse di farologaneng. • Buisanang ka dipopego tsa maboko 	<p>Buisa leboko le le bonolo go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Pele ga puiso: ponelopele ya setlhogo e e ikaegileng ka ditlhogo le ditshwantsho • Buisetsa kwa godimo o dirisa lebolo le le siameng, kapodiso e e utlwlang sentle, le puiso e e siameng ya dipolelwana • Baakanya mokgwa o setlhangwa se buisiwang ka ona go tshwanelo moreetsi. • Bontsha go tlhaloganya setlhangwa, le kamano ya sona le botshelo jwa gago. • Supa le go ranola diponagalo tsa ditlhangwa tse di farologaneng tse di kwadilweng kgotsa mefuta ya ditlhangwa, sk. Moribo/morethetho, morumo, mothofatso, tshwantshiso • Dirisa thanodi go godisa tlolofoko 	<p>Kwala leboko</p> <ul style="list-style-type: none"> • Dirisa poeletsomedumo, (ditumammogo le ditumanosi), tshwantshiso, tshwantshanyo • Dirisa puo e e tlhalosang. • Rulaganaya, kwala setlhangwa sa ntla, boeletsa tiro ya gago, • Dira setlhangwa sa ntla mme o lemoge thitokgang/ntlhakgolo. • Bontsha go tlhaloganya setaele le rejisetara • Akanya le go tlhatlhoba tiro ya gago le tiro ya boithamedi. <p>Dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro / Pele ga go kwala • Go kwala ditlhangwa tsa ntla • Go boeletsa • Go tseleganya • Go tlhotla diphoso le • Go tlhagisa 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • Matlama • Matlhalosi (mokgwa, nako, felo) <p>Kgato ya go dira dipolelo:</p> <ul style="list-style-type: none"> • Puopegelo <p>Bokao jwa mafoko:</p> <ul style="list-style-type: none"> • Poeletsomodumo (ditumammogo le ditumanosi), tshwantshiso, tshwantshanyo, mothofatso.

DITIRO TSA TLHATLHOBO E E TLHOMAMENG			
<p>Ditiro tsa go Reetsa le go Bua</p> <ul style="list-style-type: none"> • Ditiro tse di farologaneng tsa Reetsa le go Bua • Ditiro tsa go Reetsa le go Bua tse di ikaegileng ka maemo a Covid 19. 	<p>Ditiro tsa go Buisa le go Lebelela</p> <ul style="list-style-type: none"> • Dikgato tsa go buisa • Ditiro tsa puisetogodimo • Ditiro tsa tekatlhaloganyo ya puiso • Ditiro tsa dikwalo tse di ikaegileng ka dikwalo tse di tlhaotsweng mo kgweditharong 	<p>Ditiro tsa go Kwala le go Tlhagisa</p> <ul style="list-style-type: none"> • Dikgato tsa go kwala • Ditemana • Ditlhangwa tsa tirisano • Tlhamo • Boitlhamedi 	<p>Ditiro tsa Dpopego tsa Puo le Melawana mo Tirisong</p> <ul style="list-style-type: none"> • Ditiro tsa dipopego tsa Puo le Melawana mo Tirisong tse di farologaneng

TSHOBOKANYO YA DITIRO TSA TLHATLHOBO E E TLHOMAMENG: KGWEDITHARO 1: MOPHATO 6			
<p>TLHATLHOBO E E TLHOMAMENG: TIRO 1: TIRO YA MOLOMO</p> <ul style="list-style-type: none"> • Puisetogodimo (20 maduo) <p>Simolola ka tiro e, mo kgweditharong ya ntlha mme e wediwe mo kgweditharong ya bobedi fa maduo a rekotiwa.</p>	<p>TLHATLHOBO E E TLHOMAMENG: TIRO 2: GO KWALA</p> <ul style="list-style-type: none"> • Tlhamo (20 maduo) • Tlhamo ya Tlhaloso /Kanelo (Ditemana di le 5) <p>Mo tsamaong ya kgweditharo</p>	<p>TLHATLHOBO E E TLHOMAMENG: TIRO 3: TSIBOGELO YA DITLHANGWA (50 maduo)</p> <ul style="list-style-type: none"> • Tekatlhaologanyo ya puiso (20 maduo) • Setshwantshopono (10 maduo) • Dipopego tsa Puo le Melawana mo Tirisong (20 maduo) 	

MOPHATO 6 KGWEDITHARO 2

DIKGONO	Go Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 2 BEKE 1.2	<p>Go reetsa le go buisana ka sethangwa sa ditaelo sekai: ditaelo, dikaelo</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Gopola tsamaiso • Tlhaola diponagalo tsa sethangwa sa ditaelo • Kwala ditlhogo tse di botlhokwa • Neela ditaelo tse di tlhaloganyegang, sekao, o tla dira jang kopi ya mogodungwana (tee) • Kwala dintlha le go diragatsa ditaelo. • Botsa dipotso go batla tlhaloso • Tshwaela ka ga go tlhaloganyega ga ditaelo 	<p>Go buisa resipe kgotsa sethangwa sengwe sa ditaelo</p> <ul style="list-style-type: none"> • Ranola diponagalo tsa sethangwa sa ditaelo • Rulaganya ditaelo tse di tlhakathakaneng • Bontsha go tlhaloganya sethangwa le gore sethangwa se dirwa jang: Puiso ya lefoko ka lefoko. • Tshwantshanya/ bapisa dithhangwa tsa diresipe le ditaelo tse pedi tse di farologaneng 	<p>Go kwala sethangwa sa ditaelo, sekao, o dira jang kopi ya mogodungwana (tee)</p> <ul style="list-style-type: none"> • Kwala lenaane la didiriswa le ditswaki • Dirisa modirisotaelo • Tlhma foreimi/letlhomeso la go kwala • Dirisa mekgwa ya go kopanya dipolelwana le ya go rulaganya. <p>Dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro/ pele ga go kwala • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotla diphoso le go tlhagisa 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • Maemedi (marui le maemeditho) • Kutu, tlhogo, megatlana <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • Sediri, sedirwa <p>Mopeleto le matshwao a puiso:</p> <p>Kgaoganyo ya mafoko, tiriso ya thanodi</p>

TLHATLHOBO E E TLHOMAMENG: TIRO 1: TIRO YA MOLOMO: PUSETSOGODIMO (20 MADUO)

Simolola ka tiro e, mo kgweditharong ya ntlha mme e wediwe mo kgweditharong ya bobedi fa maduo a rekotiwa.

KGWEDITHARO 2 BEKE 3-4	<p>Go reetsa padi</p> <p>Setlhanga go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> Ditirwana tsa matseno: ponelopele Reetsa dinopoloo go tswa mo pading Reeletsa dintlha tse di kgethegileng/ totobetseng Supa molaetsa mogolo Amanyala botshelo jwa gago Buisanang ka dikakanyokgolo le dintlha tse di kgethegileng/ totobetseng Dirisa tshedimosetso go tswa mo setlhaweng go tsiboga Buisanang ka boleng jwa tsa loago, tsa setho le tsa setso mo setlhaweng. <p>Tsaya karolo mo puisanong ya setlhophpha</p> <ul style="list-style-type: none"> Refosana go bua Tsepama mo setlhogong Botsa dipotso tse di maleba Tsweletsa dipuisano Tsibogela dikgopoloo tsa ba bangwe ka go di utlwelala le ka tlotlo 	<p>Go buisa padi e khutshwane/patsana</p> <p>Setlhanga go tswa bukakgakololo kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> Pele ga puiso: ponelopele go tswa mo setlhogong le go buisana ka dithitokgang/diteng tse di amanang Supa lego tlhalosa ditiragalo tse dikgolo Supa le go buisana ka ga ntlhakemo. Buisanang ka baanelwa Supa le go buisana ka maikutlo a a bontshiwang. Amanyala ditiragalo le baanelwa le botshelo jwa gago. Go dirisa ditogamaano tsa go buisa tse di farologaneng. Buisanang ka popego, tiriso ya puo, maithlomo/maikaelelo le baamogedi/ bareetsi Supa pharolaganyo magareng ga makwalotshelo/dibukatsatsi le dikgangnnyana. Dirisa thanodi go godisa tlotlofoko Akanya ka ga kgangnnyana e o e buisitsweng ka bowena. Tlotla kgannyana kgotsa dikgopoloo/ dikakanyo tse dikgolo ka dipolelo di le 3 go ya go di le 5. Tlhagisa maikutlo ka ditlhaweng tse di buisitsweng. Amanyala maitemogelo a gago a botshelo Bapisa/tshwantshanya dibuka/ ditlhaweng tse di buisitsweng. 	<p>Go kwala thadiso ya buka</p> <ul style="list-style-type: none"> Dirisa foreimi/lethomeso Pele ga go kwala: reetsa dinopoloo go tswa mo pading e e buisitsweng Tlhophha diteng tse di maleba le maithlomo/maikaelelo dirisa puo le popego e e maleba le setlhanga Dirisa kagego e e maleba Rulaganya diteng tse di kgodisang ka tateleno Dirisa thutapuo, mopeleto le matshwao a puiso a a maleba, go akaretsa dithuanyi tsa sediri le lediri Dirisa thanodi go peleta mafoko le kgodiso ya tlotlofoko <p>Dikgato tsa go kwala</p> <ul style="list-style-type: none"> Go dira paakanyetsotiro/ pele ga go kwala Go kwala ditlhaweng tsa ntlha Go booletsa Go tseleganya Go tlhotla diphoso le Go tlhagisa 	<p>Kgato ya go dira ka mafoko: Madiri (mafeledi, mafetedi) * madiritota le madirimatswa</p> <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> Polelwanakalaina, polelwanakalatlaodi, polelwanakalatthalosi <p>Mopeleto le matshwao a puiso:</p> <ul style="list-style-type: none"> Tiriso ya thanodi Matshwao a puiso (letshwao la tsiboso, letshwao la potso; khutlo Melawana ya mopeleto)
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DIKGONO	Go Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 2 BEKE 5-6	Go reetsa le go buisana ka kgang <ul style="list-style-type: none"> Ditirwana tsa matseno: ponelopele Supa dithithokgang, botsa dipotso, le go amanya dikgopolole maitemogelo a gago a botshelo Supa le go buisana ka mokgwa o puo e e tsayang lethakore e tlhamiwang ka gona. Buisanang ka ga tsibogelo ya setlhengwa. Golaganya le botshelo jwa gago Buisanang ka boleng jwa loago, setho le setso mo dithhangweng tse di farologaneng le go tshwaela ka mokgwa o di fetisiwang ka teng mo setlhengweng, sekao. Puo e e sekamelang letlhakoreng le le lengwe. Dirisa bokgoni jwa go tlhagisa, sekao, modumo, lebelo, go ikhutsa/ kgaotsa, kemo, puo ya tiriso ya dikarolo tsa mmele, jalo jalo 	Buisa kgang go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana kgotsa podi ya phaposi. <ul style="list-style-type: none"> Ditirwana tsa pele ga puiso: ponelopele e e ikaegileng ka ditlhogo le ditshwantsho Buisetsa kwa godimo le ka setu, o baakanya ditogamaano tsa go buisa go tshwanela maithomo le baamogedi/bareetsi. Buisanang ka boleng jwa loago le setso go tswa mo ditlhengweng. Ranola le go buisana ka melaetsa. Bontsha go tlhaloganya setlhengwa, kamano ya sona le botshelo jwa gago, maithomo a sona le gore se dira jang. 	Go kwala kgang <ul style="list-style-type: none"> Tlhama baanelwa ba ba dumelesegang Bontsha kitso ya baanelwa, poloto, maitshetlego (lefelokgang le nako), kgotlheng le setlhoa Rulaganya ditiragalo tse di kgodisang Tatelano ya dintha Tlhagisa dikgopolole tse di kgodisang sentle Dirisa thitokgang kgotsa molaetsa 	Kgato ya go dira ka mafoko: <ul style="list-style-type: none"> madirimathusi marui Kgato ya go dira ka dipolelo: <ul style="list-style-type: none"> pakajaanong, pakapheti, pakatlang tswaledi Bokao jwa mafoko: maele

TLHATLHOBO E E TLHOMAMENG: TIRO 4

Setlhengwa sa tirisano (10 maduo)

Se kwalwa pele ga teko

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 2 BEKE 7-8	<p>Go reetsa le go buisana ka setlhangwa sa tshedimosetso, sekao, pegelo ya tsa maemo a bosa</p> <p>Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Reeletsa dintilha tse di totobetseng. • Buisanang ka mosola wa tshedimosetso • Lomaganya tshedimosetso le botshelo jwa gago • Buisanang ka ditlamorago tse di kgonagalang mo bathong • Tshwantshanya/bapisa maemo mo mafelong a a farologaneng, bontsha boyo (lefelo) bo o bo ratang ka mabaka. • Tsaya karolo mo dipusanong, le go emelela kakanyo ya gago. • Supa diponagalo tsa dipegelo tsa maemo a bosa: rejisetara le mofuta wa puo e e dirisitsweng • Dirisa ditogamaano tsa tirisanoo mmogo tsa go tlhaeletsana sentle mo maemong a dithlophoa. • Ranola le go buisana ka ditlhangwapono tse di marara thata. 	<p>Go buisa setlhangwa sa tshedimosetso, sekao, pegelo ya tsa maemo a bosa go tswa mo lekwalodikgang, bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Pele ga puiso: ponelopele ya setlhogo, ditlhogo le ditshwantsho • Go dirisa ditogamaano tsa go buisa: okola setlhangwa gore o kgone go bona kakanyokgolo, tlodisa matlho mo setlhangweng gore o kgone go ntsha dintilha tse di kgethegileng/ totobetseng. • Supa mokgwa o setlhangwa se rulagantsweng ka teng. • Bapisa/tshwantshanya dipharologanyo le go tshwana mo mafelong a a farologaneng. • Buisa ditlhangwa tsa tshedimosetso tse di nang le ditshwantsho, sekao, mmepe • Dirisa ditogamaano tsa go buisa, sekao. dira diponelopele le go dirisa methala ya setlhangwa le tiriso • Ranola didiriswa tsa pono • Dirisa thanodi go godisa tlolofoko 	<p>Go kwala setlhangwa sa tshedimosetso, sekao, karata ya tsa maemo a bosa</p> <ul style="list-style-type: none"> • Tlhophya didiriswa tsa pono le diteng tse di maleba tse di siametseng maithlomo • Tlhagisa tshedimosetso a dirisa mmepe, tshate, kerafo kgotsa sethalo <p>Dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro / Pele ga go kwala • Go kwala ditlhangwa tsa nthla • Go boeletsa • Go tseleganya • Go tlhotla diphoso le • Go tlhagisa 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • Matlhaodi (mefuta, lebotsi, masupi) <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • Maina – polelwanakalaina, polelwanakatlhalosi, polelwanakalatlhaodi <p>Mopeleto le matshwao a puiso:</p> <ul style="list-style-type: none"> • Tiriso ya thanodi • ditumatshwano

Beke 9 le 10	TLHATLHOBO E E TLHOMAMENG; TIRO 5: TEKO TSIBOGELO YA DITLHANGWA (50 maduo) <ul style="list-style-type: none"> • Potso 1: Tekatlhaloganyo ya puiso (20 maduo) • Potso 2: Setshwantshopono (10 maduo) • Potso 3: Tshobokanyo (5 maduo) • Potso 4: Dipopego tsa Puo le Melawana mo Tirisong (15 maduo)
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DITIRO TSA TLHATLHOBO E E TLHOMAMENG			
Ditiro tsa go Reetsa le go Bua <ul style="list-style-type: none"> • Ditiro tse di farologaneng tsa Reetsa le go Bua • Ditiro tsa go Reetsa le go Bua tse di ikaegileng ka maemo a Covid 19. 	Ditiro tsa go Buisa le go Lebelela <ul style="list-style-type: none"> • Dikgato tsa go buisa • Ditiro tsa puiset sogodimo • Ditiro tsa tekatlhaloganyo ya puiso • Ditiro tsa dikwalo tse di ikaegileng ka dikwalo tse di tlhaotsweng mo kgweditharong 	Ditiro tsa go Kwala le go Tlhagisa <ul style="list-style-type: none"> • Dikgato tsa go kwala • Ditemana • Ditlhangwa tsa tirisano • Tlhamo • Boitlhamedi 	Ditiro tsa Dipopego tsa Puo le Melawana mo Tirisong <ul style="list-style-type: none"> • Ditiro tsa dipopego tsa Puo le Melawana mo Tirisong tse di farologaneng

TSHOBOKANYO YA DITIRO TSA TLHATLHOBO E E TLHOMAMENG 2		
TLHATLHOBO E E TLHOMAMENG: TIRO 1: TIRO YA MOLOMO <ul style="list-style-type: none"> • Puiset sogodimo (20 maduo) Simolola ka tiro e, mo kgweditharong ya ntlha mme e wediwe mo kgweditharong ya bobedi fa maduo a rekotiwa.	TLHATLHOBO E E TLHOMAMENG: TIRO 4 <ul style="list-style-type: none"> • Setlhangwa sa tirisano (10 maduo) E kwalwa pele ga teko	TLHATLHOBO E E TLHOMAMENG; TIRO 5: TEKO TSIBOGELO YA DITLHANGWA (50 maduo) <ul style="list-style-type: none"> • Potso 1: Tekatlhaloganyo ya puiso (20 maduo) • Potso 2: Setshwantshopono (10 maduo) • Potso 3: Tshobokanyo (5 maduo) • Potso 4: Dipopego tsa Puo le Melawana mo Tirisong (15 maduo)

MOPHATO 6 KGWEDITHARO 3

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 3 BEKE 1-2	<p>Go buisana ka padi</p> <p>Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Reetsa nopolو e e buisiwang ya padi • Bonelapele se se tlileng go diragala • Tlhalosa ntihakemo ya mokwadi le ya mmuisi • Tlhomama mo setlhogong • Tlhaloso e e kgodisang • Buisanang ka dikgopolo tse dikgolo le dintla tse di kgethegileng/ totobetseng. • Botsa dipotso tse di maleba le go tsiboga sentle. 	<p>Go buisa padi</p> <p>Setlhangwa go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Pele ga puiso: ponelopele go tswa mo setlhogong le go buisana ka dithitokgang/diteng tse di nyalanang/ amanang • Supa le go tlhalosa thitokgang/ kgangkgolo • Buisanang ka baanelwa • Supa le go buisana ka maikutlo a a tlhagisitsweng. • Buisanang ka kemiso le go khutla ga ditiragalo ka mokgwa o o sa solofelwang/phetogo e e sa solofelwang. • Amany a ditiragalo le baanelwa le botshelo jwa gago. • Go dirisa dikgato tsa ditogamaano tsa go buisa tse di farologaneng • Buisanang ka popego, tiriso ya puo, maithomo le babuisi/baamogedi • Dirisa thanodi go godisa tlotlofoko • Akanya ka setlhangwa se a se ipueseditseng. • Tlotla kgang kgotsa dikakanyokgolo ka dipolelo di le 3 go ya go di le 5. • Tlhagisa tsibogelo ya maikutlo ka ditlhangwa tse di buisitsweng. • Amany a le botshelo jwa gago • Tshwantshanya/bapisa dibuka/ ditlhangwa tse di buisitsweng 	<p>Go kwala thadiso ya buka</p> <p>Dirisa foreimi/letlhomeso</p> <ul style="list-style-type: none"> • Pele ga go kwala/thulaganyo: reetsa nopolو go tswa mo padding e e buisiwang • Tlhophya diteng tse di siametseng maithomo • Dirisa puo le popego e e maleba • Dirisa kagego/popego e e nepagetseng. • Rulaganya diteng ka tolamo lo dirisa tateleno. • Dirisa thutapuo, mopeleto le matshwao a puiso a a maleba, go akaretsa thuanyisediri • Dirisa thanodi go peleta mafoko le kgodiso ya tlotlofoko <p>Dirisa dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro / Pele ga go kwala • Go kwala ditlhangwa tsa ntla • Go boeletsa • Go tseleganya • Go tlhotla diphoso le • Go tlhagisa 	<p>Kgato ya go sira ka mafoko:</p> <ul style="list-style-type: none"> • Mabotsi, masupi, madirimafetedi <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • polelonolo, pakajaanong, phethi, pakatlang <p>Mopeleto le matshwao a puiso:</p> <ul style="list-style-type: none"> • Tiriso ya thanodi, kgaoganyo ya mafoko • Makaelagongwe le malatodi

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 3 BEKE 3-4	<p>Go reetsa le go buisana ka dinaane, sekao, kinane kgotsa noolwane</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Gakologelwa tatelano e e siameng ya ditiragalo o dirise paka e e nepagetseng • Tirisan e e siameng ka nako ya dipuisano tsa setlhophya. • Go reetsa • Supa le go buisana ka mokgwa o puo e e tsayang lethakore e tlhamiwang ka teng. • Buisanang ka baanelwa • Buisanang ka poloto, kgotlheng le maitshetlego (lefelokgang le nako) • Buisanang ka melaetsa mo setlhengweng • Akanya ka boleng jwa tlwaelo ya ditso, le ditumelo. • Akanya ka kgaratlho magareng ga tshiamo le bosula. 	<p>Go buisa dinaane, sekao, kinane kgotsa noolwane go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Ditirwana tsa pele ga puiso, sekao, ponelopele e e ikaegileng ka ditlhogo le ditshwantsho • Dirisa ditogamaano tsa go buisa: go okola, go tlodisa matlho, ponelopele, go lebelela ditlhengwa tsa pono gore o di ranole. • Buisanang ka diponagalo tsa mainane, sekao. baanelwa le melaetsa • Tlhama le go tlhalosa dipholo kgotsa bokhutlo jo bo batliwang. • Thanolo le tsibogelo ya setlhengwa ka kakaretso • Sobokanya setlhengwa ka dipolelo di le 3-5 . 	<p>Go kwala sethalo/setshwantsho sa moanelwa</p> <ul style="list-style-type: none"> • Nagana ka baanelwa • Dirisa mafoko a a thalosang go bapisa/tshwantshanya baanelwa • Rulaganya, kwala setlhengwa sa ntsha le go boeletsa tiro ya gago, o totile go tokafatsa mopeleto, dipaka le go lomaganya dipolelo go nna ditemana tse di lomaganeng. • Bontsha go tlhaloganya maitshetlego (lefelokgang le nako), poloto, kgotlheng le thitokgang/ntlhakgolo • Tiriso e e nepagetseng ya dipaka. <p>Dirisa dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro / Pele ga go kwala • Go kwala ditlhengwa tsa ntsha • Go boeletsa • Go tseleganya • Go tlhotla diphoso le • Go tlhagisa 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • Matlhaodi (agelela mo tirisong ya matlhaodi • Madiri (megatlana) <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • Tira le tirwa • Malatodi/kganetso <p>Mopeleto le matshwao a puiso:</p> <ul style="list-style-type: none"> • Matshwao a puiso (ditlogelo)

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 3 BEKE 5-6	<p>Go reetsa kgang e khutshwane</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Gakologelwa ditiragalo ka tatelano e e siameng o dirisa baka e e siameng/ nepagetseng • Tirisan e e siameng ka nako ya dipuisano tsa setlhophha. • Supa le go buisana ka mokgwa o puo e e tsayang lethakore e tlhamiwang ka teng. • Buisanang ka baanelwa • Buisanang ka poloto, kgotlheng le maitshetlego (lefelokgang le nako) • Buisanang ka melaetsa mo setlhaweng 	<p>Go buisa kgang e khutshwane go tswa mo bukakgakololong kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Ditirwana tsa pele ga puiso: ponelopele e ikaegileng ka ditlhogo le ditshwantsho • Tlhatlhoba setlhaweng go bona melaetsa e e bofitla le go sobokanya dikakanyokgolo le tsa tshegetso. • Tlhalosa mokgwa o mokwadi a o dirisang go digela temogo ya mmuisi ka teng: ditogamaano tse di dirisitsweng, baanelwa • Buisanang ka tsenelelo ka boleng jwa setso le loago mo setlhaweng • Buisanang ka poloto, thitokgang/ ntlhakgolo, maitshetlego (lefelokgang le nako) le baanelwa • Dirisa thanodi go godisa tlotlofoko 	<p>Kwala lekwalo la botsalano/ bukatsatsi</p> <ul style="list-style-type: none"> • Dirisa kagego e e nepagetseng. • Bontsha temogo ya baamogedi/ babuisi le setaele • Dirisa segalo se se maleba • Rulaganaya, kwala setlhaweng sa nthla le go boeletsa tiro ya gago, o totile go tokafatsa mopeleto, dipaka le go lomaganya dipolelo go nna ditemana tse di kopanengDirisa makopanyi, sekao, le gale, makaelagongwe le malatodi go tshwaraganya dipolelo go bopa ditemana tse di lomaganeng • Dirisa matshwao a puiso le mopeleto o o nepagetseng 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • makopanyi <p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • botemepedi, bokaobontsi <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • pakaphethi tsweledi, pakatlang tsweledi <p>Mopeleto le matshwao a puiso:</p> <ul style="list-style-type: none"> • kgaoganyo ya mafoko (dinoko) • ditumatshwano

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 3 BEKE 7-8	<p>Go reetsa le go lebelela didiriswa tsa pono le theetsso/buisa setlhangwa: khathunu/ dikgemetšana tsa khomiki/ditshwantsho tse di anelang kgang</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Lebelela le go buisana ka diteng le melaetsa ya setlhangwa. • Buisanang ka bomaleba jwa ditshwantsho le setlhangwa. • Buisanang ka ga tlhotlheletso/nonofo ya ditshwantsho le mmino. • Aroganya dikakanyo ka setlhogo le setlhangwa. • Buisanang ka mafoko a mangwe le a mangwe a mašwa a a botlhokwa mo go tlhaloganyeng lenaneo. • Buisanang ka baanelwa- bagolo le molaetsa wa motheo. • Supa le go buisana ka mokgwa o temogo e tlhotlheletswang ke diteng, tlhopho ya mafoko le puo ya mmele ya sebui. 	<p>Go buisa khathunu/dikgemetšana tsa khomiki/ditshwantsho tse di anelang kgang go tswa mo bukakgakololo kgotsa Faele ya Metswedi ya Morutabana</p> <ul style="list-style-type: none"> • Sala ditaelo tse dikhutshwane tse di kwadilweng morago, go di ranola le go tlhalosa setlhangwapono se se bonolo: dikerafo, dithalo, ditshwantsho • Tlhatlhoba setlhangwa go bona melaetsa e e bofitla le go sobokanya dikakanyokgolo le tsa tshegetso • Tlhalosa ka mokgwa o mokwadi a o dirisang go digela temogo ya ya mmuisi ka teng: ditogamaano tse di dirisitsweng, baanelwa • Buisanang ka tsenelelo ka boleng jwa setso le loago mo setlhangweng • Supa dikakanyo tse di farologaneng le go naya kakanyo ya gago e e ikaegileng ka bosupi. • Ranola le go sekaseka dintha mo dithhangweng tsa ditshwantsho • Fetolela dintla go tswa mo sebopengong se sengwe go ya go se sengwe. 	<p>Go kwala khathunu/ dikgemetšana tsa khomiki/ditshwantsho tse di anelang kgang</p> <ul style="list-style-type: none"> • Dirisa foreimi/lethomeso. • Tlhalosa kgopololo. • Neela boalo jwa kgatiso • Dirisa kagego/popego e e nepagetsegeng. • Dirisa baanelwa bagolo le ba tshegetso ba ba kgatlhisang. • Dirisa poloto le kgotlhang tse di nonofileng. • Kwala le go tlhama ditlhangwapono lo dirisa puo, ditshwantsho le tlhotlheletso ya modumo ka boithamedi, sekao, papatso ya thelebišene <p>Dirisa dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro / Pele ga go kwala • Go kwala ditlhangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le • Go tlhagisa 	<p>Kgato ya go dira ka mafoko: madiri (dipaka) mediriso, matlhalosi, matlhaodi</p> <p>Kgato ya go dira ka dipolelo: tira le tirwa, puosebui le puopegelo</p> <p>Mopeleto le matshwao a puiso: tiriso ya thanodi, kgaoganyo ya mafoko</p>

MOPHATO 6 KGWEDITHARO 3			
Go Reetsa le Go Bua	Go Buisa le Go Lebelela	Go Kwala le Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
<p>Porojeke la nngwe ya dikwalo tse di rutilweng: poko/Naane/kgangkhutshwe/terama/padi. Ela Tlhoko: Go nne le pharologanyo ya dikwalo tse di dirisetswang porojeke mo mephatong e e farologaneng. Dithulaganyo/Ipaakanyo/Dipatlisiso tsa tlhagiso ya molomo le ya boitlhamedu jwa porojeke</p>			Beke 7 -8

TLHATLHOBO E E TLHOMAMENG: TIRO 6: GO KWALA POROJEKE (40 MADUO)

Kgato 1: Dipatlisiso (Barutwana ba dira dipatlisiso ka porojeke ya bona) (10 maduo)

Beke 4-5

Kgato 2: Go Kwala (Barutwana ba kwala porojeke (30 maduo)

- Go dira paakanyetsotiro / Pele ga go kwala
- Go kwala ditlhengwa tsa ntlha
- Go boeletsa
- Go tseleganya
- Go tlhotlha diphoso le
- Go tlhagisa

Beke 6

TLHATLHOBO E ETLHOMAMENG: TIRO 7: GO KWALA POROJEKE (20 MADUO)

Kgato 3: Tlhagiso ya molomo (Barutwana ba dira tlhagiso ya molomo ya porojeke ya bona) (20 maduo)

Tlhagiso ya Molomo

- O dirisa sebopego se se maleba: matseno, mmele le bokhutlo
- Tlhagisa dintlhakgolo le tsa tshegetso
- Supa bosupi jwa dipatlisiso
- Dirisa puo ya mmele e e maleba le bokgini jwa go tlhagisa sk. Tshebo ya matlho, lentswe le le utlwlang
- Tsaya karolo mo dipuisanong
- Neela diphitlhelelo tse di tsepameng
- Tshola le go tshegetsa dipuisano
- Supa bosisi mo ditshwanelong le maikutlong a batho ba bangwe.

Simolola ka tiro ya molomo mo kgweditharo 3 mme e wediwe mo kgweditharo 4 le go rekota maduo

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 3 BEKE 9-10	<p>Go reetsa le go buisana ka terama</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Buisanang ka diponagalo tse di botlhokwa tsa setlhangwa. • Supa le go buisana ka mokgwa o puo e e tsayang lethakore e tlhamiwang ka gona le gore e tlhotlheletsa jang moreetsi. • Supa dithithokgang, botsa dipotsa • Supa le go buisana ka boleng jwa setlhangwa. • Golaganya diteng le melaetsa mo setlhangweng le botshelo jwa gago. • Neela ditshwaelo tse di tseneletseng ka melaetsa e e mo setlhangweng. 	<p>Buisa dithadiso tsa motshameko/terama</p> <ul style="list-style-type: none"> • Pele ga puiso: ponelopele ya setlhogo, ditlhogo le ditshwantsho • Dirisa ditogamaano tse di farologaneng tsa puiso: sekao, go okola, go tlodisa matlho go bona dikakanyokgolo le tsa tshegetso. • Buisanang ka tsenelelo ka boleng jwa setso le loago mo setlhangweng • Supa dikakanyo tse di farologaneng le go naya kakanyo ya gago e e ikaegileng mo bosuping jo bo mo setlhangweng. 	<p>Go kwala puisano/teramakhutshwe</p> <ul style="list-style-type: none"> • Dirisa boanedi • Dirisa foreimi/letlhomeso le le nepagetseng. • Bontsha segalo kgotsa maikutlo • Bontsha go tlhaloganya setaele le rejisetara. <p>Dirisa dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro / Pele ga go kwala • Go kwala ditlhwangwa tsa ntlha • Go boeletsa • Go tseleganya • Go tlhotlha diphoso le • Go tlhagisa 	<p>Kgato ya go dira ka mafoko:</p> <ul style="list-style-type: none"> • Kutu, ditlhogo, megatlana <p>Kgato ya go dira ka dipolelo:</p> <ul style="list-style-type: none"> • Tirwa, tira • Mabotsi <p>Mopeleto le matshwao a puiso:</p> <ul style="list-style-type: none"> • phegelo, khutlwana

DITIRO TSA TLHATLHOBO E E TLHOMAMENG			
Ditiro tsa Go Bua le Go Reetsa <ul style="list-style-type: none"> Ditiro tse di farologaneng tsa Go Reetsa le Go Bua Ditiro tsa Go Reetsa le Go Bua tse di tsamaelanang le maemo a Covid 19. 	Ditiro tsa Go Buisa le Go Lebelela <ul style="list-style-type: none"> Dikgato tsa go buisa Ditiro tsa puisetogodimo Ditiro tsa tekatlhologanyo ya puiso Ditiro tsa dikwalo tse di ikaegileng ka dikwalo tse di tlhaotsweng mo kgweditharong. 	Ditiro tsa Go Kwala le Go Tlhagisa <ul style="list-style-type: none"> Dikgato tsa go kwala Ditemana Ditlhagwa tsa tirisano Tlhamo Boitlhamedi 	Ditiro tsa Dipopego tsa Puo le Melawana mo Tirisong

MOPHATO 6 SETSWANA PUO YA GAE: TLHATLHOBO E E TLHOMAMENG	
TLHATLHOBO E E TLHOMAMENG: TIRO 6 <ul style="list-style-type: none"> Go Kwala ($10+30=40$ maduo) <p>Porojeke la nngwe ya dikwalo tse di rutilweng: poko/Naane/kgangkhutshwe/terama/padi.</p>	TLHATLHOBO E E TLHOMAMENG: TIRO 7: TIRO YA MOLOMO <ul style="list-style-type: none"> Tlhagiso ya molomo ya porojeke (20 maduo) <p>Ela Tlhoko: Go tshwanetse go nne le pharologano magareng ga dikwalo go ralala mephato Simolola ka tiro ya molomo mo kgweditharo 3 mme e wediwe mo kgweditharo 4 le go rekota maduo</p>

MOPHATO 6 KGWEDITHARO 4

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 4 BEKE 1-2	Go reetsa le go buisana ka setlhangwa sa ditaelo, sekao. resipe, dikaelo <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Gakologelwa tsamaiso • Tlhaola diponagalo tsa setlhangwa sa ditaelo • Tlhokomela ditlhogo tse di botlhokwa • Neela ditaelo tse di tlhaloganyegang, sekao, o tla dira jang kop i ya tee • Tsaya dinttha le go dirisa ditaelo tse di buisitsweng. • Botsa dipotso go tlhaloganya. • Tshwaela ka ga go tlhaloganya ditaelo. 	Buisa setlhangwa sa ditaelo, sekao, resipe, dikaelo <ul style="list-style-type: none"> • Sekaseka diponagalo tsa setlhangwa: thulaganyo le melawana ya ditlhangwa tsa ditaelo. • Rulaganya ditaelo tse di tlhakatlhakaneng. • Dirisa ditogamaano tse di maleba tsa go buisa le go tlhaloganya: go tlodisa matlho • Bontsha go tlhaloganya setlhangwa le mokgwa o se dirisiwang ka ona: puiso ya lefoko ka lefoko. • Lemoga le go tlhalosa dipopego tse di farologaneng, tiriso ya puo, le maitlhomo/maikaelelo. • Tlhaola le go tlhatlhoba rejisetara ya setlhangwa. • Tlhaloganya le go dirisa tshedimosetso ya ditlhangwa ka tselo ee maleba • Tshwantshanya diresipe le ditaelo tse pedi tse di farologaneng 	Kwala setlhangwa sa ditaelo <ul style="list-style-type: none"> • Thulaganyo e e kgodisang • Kwala lenane la didiriswa le ditswaki • Dirisa dithanodi • Dirisa modirisotaelo • Tlhama foreimi/letlhomeso la go kwala • Dirisa mekgwa ya go kopanya le ya go rulaganya dipolelo • Tlhalosa tsamaiso • Rulaganya mafoko le dipolelo ka nepagalo 	Kgato ya go dira ka mafoko: Matlhalosi a mokgwa, nako, lefelo. Kgato ya go dira ka dipolelo: polelotswako le polelopate

TLHATLHOBO E E TLHOMAMENG: TIRO 7

- Tlhagiso ya Molomo (20 maduo)

Tiro e, ke tsweletso go tswa mo kgweditharo 3. E wediwa le go rekotiwa mo kgweditharo 4

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 4 BEKE 3-4	<p>Go reetsa kgang</p> <ul style="list-style-type: none"> • Ditirwana tsa matseno: ponelopele • Tsiboga ka tsenelelo ka go tlhaola diponagalo tse di botlhokwa tsa thadiso ya buka. • Gakologelwa dikakanyo tsa botlhokwa le tsa tshegetso tsa setlhangwa • Tlotla karolo ya kgang. • Tlhaola le go buisana ka boleng • Tlhaola le go buisana ka melaetsa ya setlhangwa • Tlhamma le go tlhalosa dipholo kgotsa bokhutlo jo o bo batlang. 	<p>Buisa kgang</p> <ul style="list-style-type: none"> • Ditirwana tsa pele ga puiso: ponelopele e e ikaegileng ka setlhogo le ditshwantsho • Dirisa ditogamaano tse di faroganeng tsa puiso: Sekao, go okola, go tlodisa matlho • Tlhaola dikakanyo tse dikgolo le tsa tshegetso. • Ranola le go buisana ka molaetsa. • Tshwaela ka tatelano ya ditiragalo tsa kgang. • Tshwaela ka tsibogelo ya setlhangwa • Tshwaele ka boleng • Tshwaela ka melaetsa e e mo setlhangweng • Tlhamma le go tlhalosa dipholo kgotsa bokhutlo jo o bo batlang. 	<p>Go kwala tshobokanyo e khutshwane</p> <ul style="list-style-type: none"> • Kwala tshobokanyo e khutshwane. • Kwala ditiragalo tse dikgolo ka go dirisa tshate kelelo ya dikakanyo. • Rulaganya sentle • Tlhagisa dikakanyo tse di kgodisang sentle • Akanya ka tsibogelo ya maikutlo. • Dira dikatlenegiso. <p>Dirisa dikgato tsa go kwala</p> <ul style="list-style-type: none"> • Go dira paakanyetsotiro / Pele ga go kwala • Go kwala ditlhangwa tsa nthla • Go boeletsa • Go tseleganya • Go tlhotla diphoso le • Go tlhagisa 	<p>Kgato ya go dira ka dipolelo: Maina, dipolelo le dipolelwana</p> <p>Kgato ya go dira ka dipolelo: Madiri, dipolelo le dipolelwana</p> <p>Bokao jwa mafo: mediriso, bokaobontsi, botemepedi</p> <p>Mopeleto le matshwao a puiso: Khutlwana, phegelo, khutlokhutlo, tlogelo, letshwao la potso</p>

DIKGONO	Go Bua Reetsa le Go Bua (Tiro ya Molomo)	Go Buisa le Go Lebelela	Go Kwala LE Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong
KGWEDITHARO 4 BEKE 5-6	<p>Reetsa le go buisana ka maboko</p> <ul style="list-style-type: none"> Ditirwana tsa matseno: ponelopele Reeletsa tshedimosetso le go sobokanya dikakanyokgolo, le go tlhokomela dintlha tse di totobetseng. Buisa ka boleng jwa loago, setho le setso mo ditlhengweng. Tshwaela ka mokgwa o boleng le melaetsa e fetisiwang ka ona mo setlhengweng. Neela pegelo e e tletseng tshisimogo, e lekalekana e bile e aga 	<p>Buisa leboko</p> <p>Ditirwana tsa pele ga puiso: ponelopele e ikaegileng ka setlhogo kgotsa ditshwantsho</p> <ul style="list-style-type: none"> Dirisa ditogamaano tsa puiso tse di farologaneng: sekao, go okola, go tlodisa matlho mo ditlhengweng Tsibogela maboko ka tsenelelo Tshwaela ka tiriso ya poeletsomedumo, tshwantshanyo le maetsi Buisa le go tsibogela pokon ka tsenelelo. Ranola le go buisana ka molaetsa Bontsha go tlhaloganya leboko le kamano ya lona le botshelo jwa gago 	<p>Kwala leboko</p> <ul style="list-style-type: none"> Dirisa poeletsomedumo, tshwantshanyo, maetsi, tshwantshiso, letshwao, thitokgang Akanya le go tlhatlhoba se o se kwadileng le tiro ya boithamedi. Tlhamma le go rulaganya dikakanyo ka go dirisa dikgato tsa go kwala. Dirisa dikgato tsa go kwala Go dira paakanyetsotiro / Pele ga go kwala Go kwala ditlhengwa tsa ntlha Go boeletsa Go tseleganya Go tlhotla diphoso le Go tlhagisa 	<p>Kgato ya go dira ka dipolelo: sediri, sedirwa</p> <p>Bokao jwa mafoko: tshwantshiso, tshwantshanyo, mothofatso, maetsi, letshwao</p> <p>Puosebui le Puopegelo</p> <p>Mopeleto le Matshwao a puiso: Masakana</p>

TLHATLHOBO E E TLHOMAMENG: TIRO 8

- Setlhengwa sa tirisano (10 maduo)

Se kwalwa pele ga teko

Go Reetsa le Go Bua	Go Buisa le Go Lebelela	Go Kwala le Go Tlhagisa	Dipopego tsa Puo le Melawana mo Tirisong	Kgweditharo 4 Beke 7-8
Poeletso	Poeletso	Poeletso	Poeletso	

TLHATLHOBO E E TLHOMAMENG: TIRO 9: TEKO TSIBOGELO YA DITLHANGWA (50 MADUO) <ul style="list-style-type: none"> Potsa 1: Tekatlhaloganyo ya Puiso (20 maduo) Potsa 2: Setshwantshopono (10 maduo) Potsa 3: Tshobokanyo (5 maduo) Potsa 4: Dipopego tsa Puo le Melawana mo Tirisong (15 maduo) 	Beke 9-10
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DITIRO TSA TLHATLHOBO E E TLHOMAMENG			
Ditiro tsa Go Bua le Go Reetsa <ul style="list-style-type: none"> Ditiro tse di farologaneng tsa Go Reetsa le Go Bua Ditiro tsa Go Reetsa le Go Bua tse di tsamaelanang le maemo a Covid 19. 	Ditiro tsa Go Buisa le Go Lebelela <ul style="list-style-type: none"> Dikgato tsa go buisa Ditiro tsa puisetogodimo Ditiro tsa tekatlhaloganyo ya puiso Ditiro tsa dikwalo tse di ikaegileng ka dikwalo tse di tlhaotsweng mo kgweditharong. 	Ditiro tsa Go Kwala le Go Tlhagisa <ul style="list-style-type: none"> Dikgato tsa go kwala Ditemana Ditlhangwa tsa tirisano Tlhamo Boitlhamedi 	Ditiro tsa Dipopego tsa Puo le Melawana mo Tirisong

TSHOBOKANYO YA DITIRO TSA TLHATLHOBO E E TLHOMAMENG 4			
TLHATLHOBO E E TLHOMAMENG: TIRO 7: TIRO YA MOLOMO <ul style="list-style-type: none"> Puisetsogodimo (20 maduo) <p>Simolola ka tiro e, mo kgweditharong ya ntlha mme e wediwe mo kgweditharong ya bobedi fa maduo a rekotiwa.</p>	TLHATLHOBO E E TLHOMAMENG: TIRO 8 <ul style="list-style-type: none"> Setlhangwa sa tirisano (10 maduo) <p>E kwalwa pele ga teko</p>	TLHATLHOBO E E TLHOMAMENG; TIRO 9: TEKO TSIBOGELO YA DITLHANGWA (50 maduo) <ul style="list-style-type: none"> Potsa 1: Tekatlhaloganyo ya puiso (20 maduo) Potsa 2: Setshwantshopono (10 maduo) Potsa 3: Tshobokanyo (5 maduo) Potsa 4: Dipopego tsa Puo le Melawana mo Tirisong (15 maduo) 	