



Province of the  
**EASTERN CAPE**  
EDUCATION

**NATIONAL  
SENIOR CERTIFICATE**

**GRADE 11**

**NOVEMBER 2017**

**DANCE STUDIES**

**MARKS: 100**

**TIME: 3 hours**

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This question paper consists of 10 pages.

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**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of NINE questions. Answer only SEVEN questions.
2. This question paper consists of TWO sections:
3. SECTION A: SAFE DANCE PRACTICE AND HEALTHCARE – 40 MARKS
4. SECTION A: Consists of FOUR questions. Answer only THREE questions in this section. Note that you have a choice between QUESTION 3 and QUESTION 4 in this section. If you answer both questions, only the first question answered will be marked.
5. SECTION B: Consists of FIVE questions. Answer only FOUR questions in this section. Note that you have a choice between QUESTION 6 and QUESTION 7 in this section. If you answer both questions, only the first question answered will be marked.
6. Number the answers correctly according to the numbering system used in this question paper.
7. Read each question carefully and take note of what is required.
8. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
9. You will be assessed on your ability to:
  - Use only ONE language when answering
  - Organise and communicate information clearly
  - Use the specific format asked for in certain questions
  - Use correct dance terminology where appropriate
10. Write neatly and legibly.

**SECTION A: SAFE DANCE PRACTICES AND HEALTHCARE**

**QUESTION 1: POSTURE/WARMING UP/COOLING DOWN**

1.1



[Source: <http://www.courses.VCU.edu/DANC291-003/unit//.ht>]

- The picture above shows the correct dance posture, which is important to a dancer. Describe the benefits of having the correct dance posture during dance classes. (5)
- 1.2 Explain what happens to the body during warming-up exercises. (6)
- 1.3 Discuss what will happen to the body if you do not do cooling down activities after a dance class. (4)
- [15]**

**QUESTION 2: FLEXIBILITY/STRENGTH/CRAMPS**

2.1 Choose ONE of the following components of fitness below and answer the following questions:

- Flexibility
- Strength

2.1.1 Give the name of the component that you have chosen and describe the benefits of having this component. (5)

2.1.2 Answer only ONE of the two questions below.

**If you have chosen FLEXIBILITY, then answer the question on flexibility.**

Explain how to stretch safely to develop flexibility.

**OR**

**If you have chosen STRENGTH, then answer the question on strength.**

Explain what type of exercises you do in the class that would develop strength in the following:

- Legs
- Arms
- Torso

(6)

2.2 Cramps during dance class are common for most dancers. What treatment would you recommend for cramps?

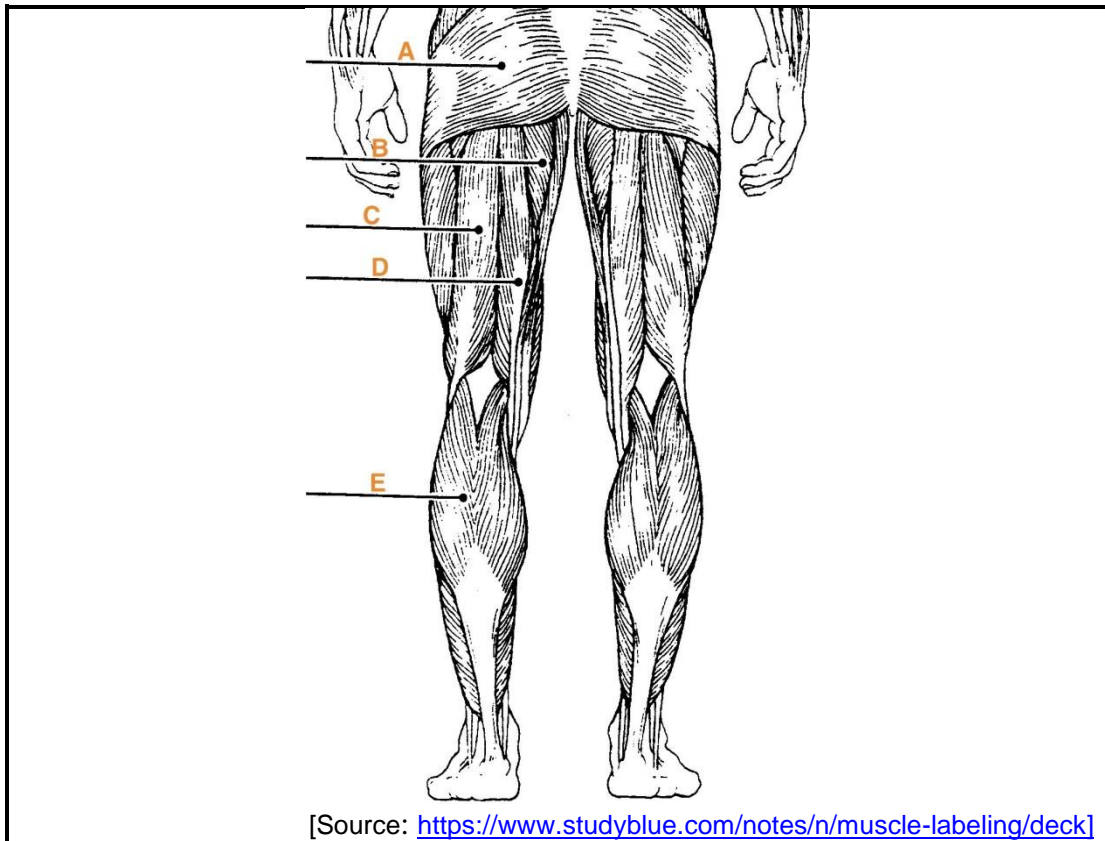
(4)

**[15]**

**YOU HAVE A CHOICE BETWEEN QUESTION 3 AND QUESTION 4.  
ANSWER ONLY ONE QUESTION**

**QUESTION 3 (CHOICE QUESTION): MUSCLES/JOINTS/ANATOMICAL  
ACTIONS**

3.1 Label the muscles below. Write only the answer next to the letter (A–E) in your ANSWER BOOK.



(5 x 1) (5)

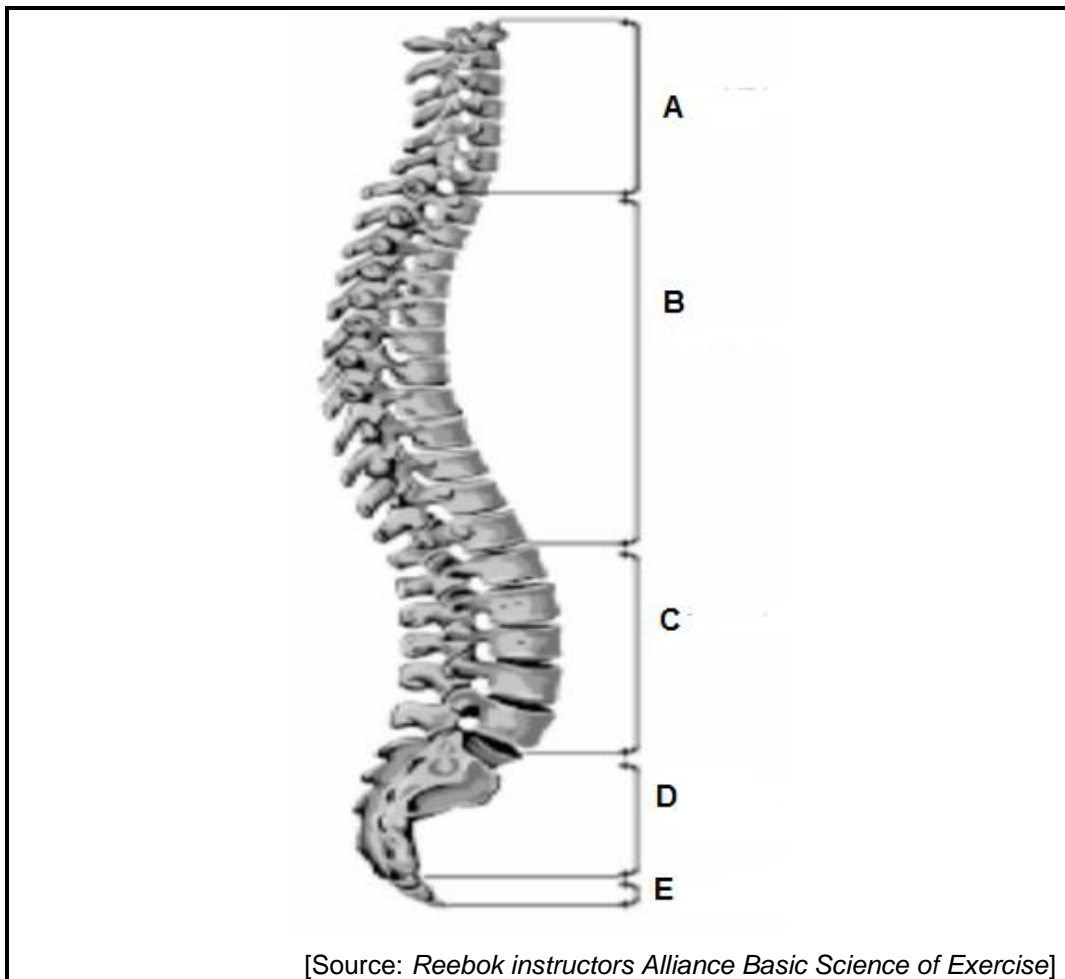
- 3.2 What kind of joint separates the thigh from the lower leg? (1)
- 3.3 What kind of joint separates the torso from the thighs? (1)
- 3.4 What anatomical action happens when the leg is lifted behind the body? (1)
- 3.5 What anatomical action happens when the foot is pointed? (1)
- 3.6 What anatomical action happens when the head is turned? (1)

**[10]**

**OR**

**QUESTION 4: SPINE (CHOICE QUESTION)**

- 4.1 Name the FIVE regions of the spine indicated in the diagram below.  
Write only the answer next to A–E in your ANSWER BOOK.



(5)

- 4.2 Give any TWO anatomical actions of the spine. (2)

- 4.3 Explain any THREE functions of the spine. (3)

**[10]****TOTAL SECTION A: 40**

**SECTION B: DANCE HISTORY AND LITERACY****QUESTION 5: FEET/DANCE FORMS/PRINCIPLES**

- 5.1 Describe how you would recognise African dance. You may include movements, steps, style, music, costumes, who would perform it and where it may be performed. (4)
- 5.2 Explain the difference between *theatrical dance forms* and *cultural dance forms*. (6)
- [10]**

**YOU HAVE A CHOICE BETWEEN QUESTION 6 AND QUESTION 7.  
ANSWER ONLY ONE QUESTION.**

**QUESTION 6: INTERNATIONAL/SOUTH AFRICAN CHOREOGRAPHER AND DANCE WORK**

Choose ONE of the prescribed International/South African choreographers and ONE of their dance works from the list below and answer the following questions.

**BELOW IS A PRESCRIBED LIST OF THE INTERNATIONAL/SOUTH AFRICAN CHOREOGRAPHERS AND THEIR DANCE WORKS.**

<b>INTERNATIONAL CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
George Balanchine	<i>Appollo/Jewels</i>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Lamentation/Errand into the Maze</i>
Christopher Bruce	<i>Ghost Dances</i>
Matthew Bourne	<i>Swan Lake/Cinderella</i>
Pina Bausch	<i>The Rite of Spring</i>
William Forsythe	<i>In the Middle, Somewhat Elevated</i>
Mats Ek	<i>Giselle/Swan Lake/Carmen</i>
Rudi van Dantzig	<i>Four Last Songs</i>
Jiri Killian	<i>Wings of Wax/Stamping Ground</i>

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
Veronica Paeper	<i>Orpheus in the Underworld/Carmen</i>
Vincent Mantsoe	<i>Gula Matari</i>
Alfred Hinkel	<i>Last Dance (Bolero)/Rain in a Dead Man's Footprints/ Cargo/I am Cinnamon</i>
Sylvia Glasser	<i>Tranceformations</i>
Gary Gordon	<i>Bessie's Head</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Caroline Holden	<i>Imagenes</i>
Gregory Maqoma	<i>Beauty Trilogy/Skeleton Dry/Four Seasons</i>

- 6.1 Give the name of the choreographer and the dance work. *(No marks)*
- 6.2 Describe the choreographer's background and training. (4)
- 6.3 Elaborate on the synopsis/theme/intent/story used. (4)
- 6.4 Give a detailed explanation of the costume, lighting and set design used in the dance work. (4)
- 6.5 Explain the characteristics of the dance style used by this choreographer in his/her dance works. (4)
- 6.6 Discuss what has made this dance work innovative. (4)
- [20]**

**OR**

**QUESTION 7: INTERNATIONAL CHOREOGRAPHER AND DANCE WORK  
(CHOICE QUESTION):**

Write study notes about the choreographer Christopher Bruce and his dance work *Ghost Dancers*.

- 7.1 Describe in detail Christopher Bruce's background and dance training. (4)
- 7.2 Explain the synopsis/intent of the dance work. (4)
- 7.3 Give an explanation of the costumes that the 'Dead' and the 'Ghosts' used. (4)
- 7.4 Give an explanation of the movement vocabulary that Bruce used in this work. (4)
- 7.5 Discuss the symbolism used in this dance work. (4)
- [20]**



**QUESTION 8: MUSIC TERMS/GENRES**

- 8.1 Choose the correct answer from COLUMN B that matches COLUMN A. Write only the correct letter (A–E) from COLUMN B opposite the corresponding numbers (8.1.1–8.1.5) in COLUMN A for example 8.1.6 F.

COLUMN A		COLUMN B	
8.1.1	The speed at which music is played	A	Pace
8.1.2	A regular constant throb	B	Duration
8.1.3	The amount of time taken to perform	C	Polyrhythms
8.1.4	Two or more rhythms played simultaneously	D	Tempo
8.1.5	The rate at which the music proceeds	E	Beat

(5 x 1) (5)

- 8.2 Explain TWO different music genres and how you would recognise their characteristics and instrumentation. (6)
- 8.3 Give ideas how music can influence your dancing. (4)

**[15]****QUESTION 9: PERFORMANCE SPACES /CHOREOGRAPHIC ELEMENTS/MARKETING**

- 9.1 Give a description of the following:

- 9.1.1 Upstage (1)
- 9.1.2 Downstage (1)
- 9.1.3 Centre stage (1)
- 9.1.4 Cyclorama (1)
- 9.1.5 Wings (1)

- 9.2 Explain the following:
- 9.2.1 Transitions (1)
  - 9.2.2 Climax (1)
  - 9.2.3 Levels (1)
  - 9.2.4 Stimulus (1)
  - 9.2.5 Beginnings and endings (1)
  - 9.2.6 Motif (1)
- 9.3 Discuss how you would market a dance production. (4)
- [15]**

**TOTAL SECTION B: 60**  
**GRAND TOTAL: 100**