



Province of the
EASTERN CAPE
EDUCATION

**NATIONAL
SENIOR CERTIFICATE**

GRADE 11

NOVEMBER 2018

DANCE STUDIES

MARKS: 100

TIME: 3 hours



This question paper consists of 10 pages.

INSTRUCTIONS AND INFORMATION

1. This question paper consists of NINE questions. Answer only SEVEN questions.
2. This question paper consists of TWO sections:
3. SECTION A: SAFE DANCE PRACTICE AND HEALTHCARE (40 marks)
SECTION B: DANCE HISTORY AND LITERACY (60 marks)
4. SECTION A: Consists of FOUR questions. Answer only THREE questions in this section. Note that you have a choice between QUESTION 3 and QUESTION 4 in this section. If you answer both questions, only the first question answered will be marked.
5. SECTION B: Consists of FIVE questions. Answer only FOUR questions in this section. Note that you have a choice between QUESTION 6 and QUESTION 7 in this section. If you answer both questions, only the first question answered will be marked.
6. Number the answers correctly according to the numbering system used in this question paper.
7. Read each question carefully and take note of what is required.
8. NOTE: If you are requested to explain/elaborate/describe/analyse/evaluate/compare, write your answer in full sentences and give as much information as possible. One-word answers will NOT be accepted.
9. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
10. You will be assessed on your ability to:
 - Use only ONE language when answering
 - Organise and communicate information clearly
 - Use the specific format asked for in certain questions
 - Use correct dance terminology where appropriate
11. Write neatly and legibly.

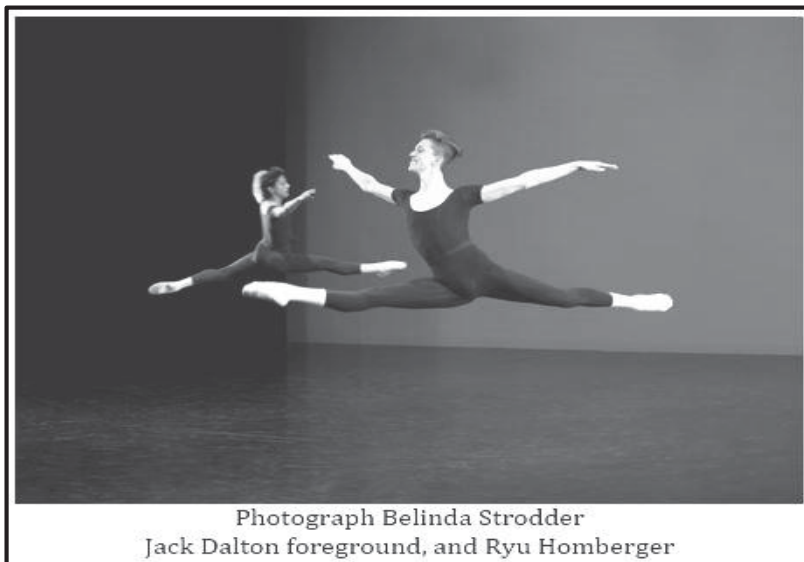
SECTION A: SAFE DANCE PRACTICE AND HEALTHCARE

QUESTION 1: DANCE CONVENTIONS/POSTURE/SAFE LANDINGS

- 1.1 Describe how the following dance conventions and values can ensure success in your dance performance:
 - 1.1.1 Punctuality (1)
 - 1.1.2 Discipline (1)
 - 1.1.3 Concentrating and listening in the class (1)
 - 1.1.4 Dress code (1)
 - 1.1.5 Safe dance practice (1)
 - 1.2 Explain how to maintain correct posture in the dance class. (6)
 - 1.3 Discuss the rules of a jump and how to land safely. (4)
- [15]**

QUESTION 2: FOOD GROUPS/FLEXIBILITY/INJURIES

- 2.1 Name any THREE food groups that are important for a balanced diet. (3)
- 2.2 Describe the function of each of the food groups provided in QUESTION 2.1. (3)
- 2.3 Explain any TWO factors that may prevent you from being as flexible as shown in the image below. (2)

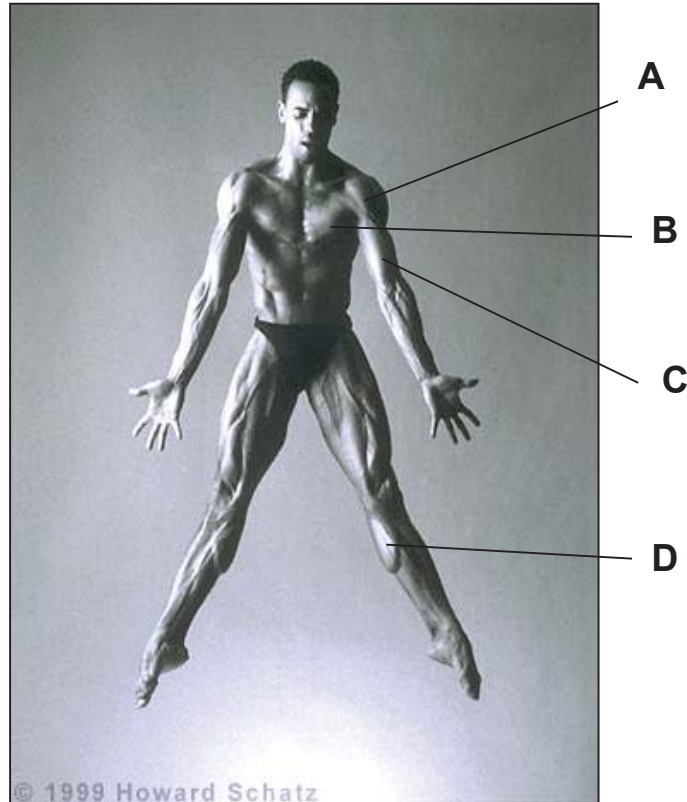


- 2.4 Explain why it is important for a dancer to be flexible. (3)
 - 2.5 Discuss the immediate treatment of any injuries in the dance class. (4)
- [15]**

**YOU HAVE A CHOICE BETWEEN QUESTION 3 AND QUESTION 4.
ANSWER ONLY ONE QUESTION.**

QUESTION 3: MUSCLES/JOINTS/ANATOMICAL ACTIONS (CHOICE QUESTION)

- 3.1 Name the four muscles indicated in the diagram below. Write only the answer next to **A–D** in your ANSWER BOOK.



[Source: https://www.google.co.za/search?hl=en&tbm=isch&source=hp&biw=1034&bih=615&ei=7F5XWoiFBoWdsAf8nK_QCQ&q=IMAGES+of+]

(4)

- 3.2 Complete the following sentences about SYNOVIAL JOINTS and ANATOMICAL ACTIONS and write only the answer in your ANSWER BOOK.

3.2.1 The elbow is a ... joint and only move two ways. (1)

3.2.2 The hip is a ... joint and has a wide range of movement. (1)

3.2.3 The calf muscles ... the ankle joint. (1)

3.2.4 The Gracilis muscles ... the hip joint. (1)

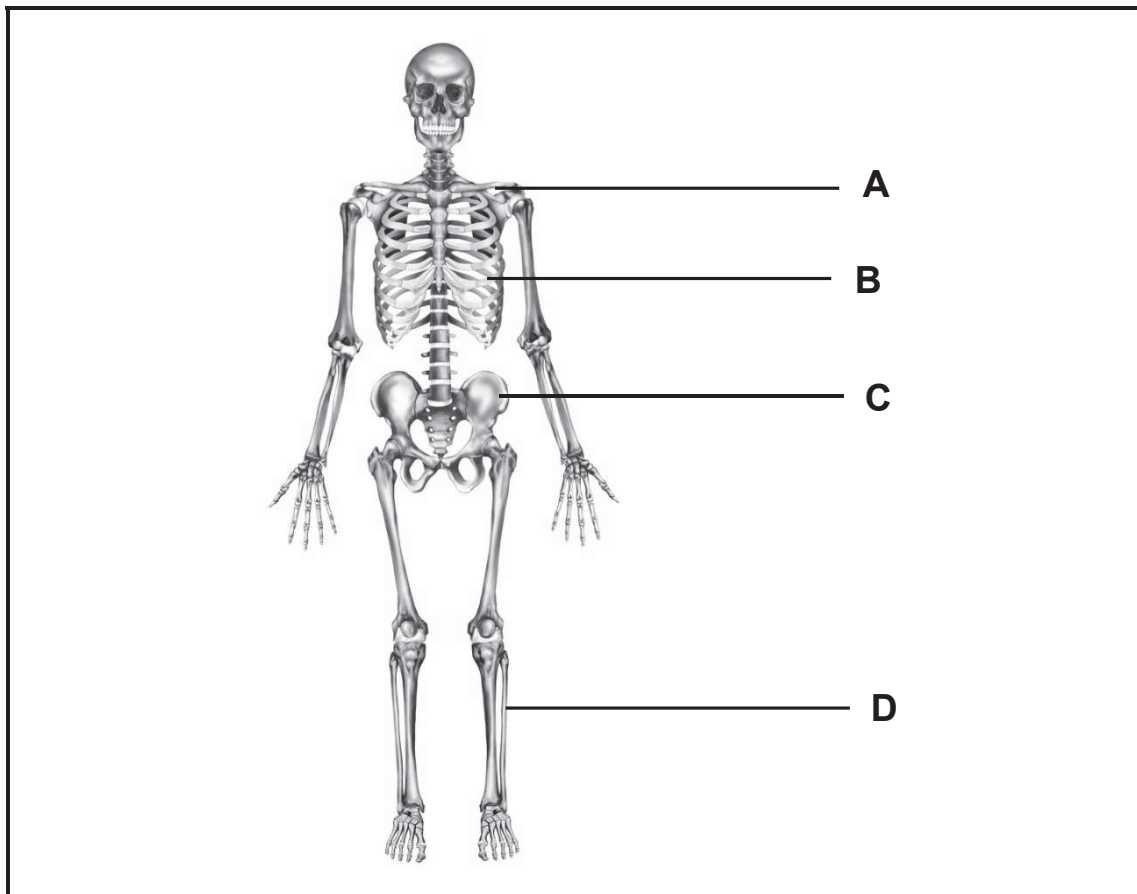
- 3.3 Discuss TWO functions of the muscles. (2)

[10]

OR

QUESTION 4: SKELETON (CHOICE QUESTION)

4.1 Name the FOUR bones indicated in the diagram below. Write only the answer next to **A–D** in your ANSWER BOOK.



(4)

[Source: https://www.google.co.za/search?q=Images+of+a+dancers+skeleton&hl=en&tbm=isch&tbs=rimg:CX035BMDZi_18IjjiAaZiILB3Hr7YN2]

4.2 Give an example of each of the types of bones of the body mentioned below:

4.2.1 A long bone (1)

4.2.2 A flat bone (1)

4.2.3 Irregular bone (1)

4.2.4 Sesamoid bone (1)

4.3 Discuss TWO functions of the skeleton. (2)

[10]

TOTAL SECTION A: 40

SECTION B: DANCE HISTORY AND LITERACY**QUESTION 5: DANCE FORMS/PRINCIPLES**

- 5.1 Describe THREE principles of your dance major. (3)
- 5.2 Compare the movements and music of your dance major to that of any other dance genre. (4)
- 5.3 Discuss what you found interesting when learning about Indigenous Dance during your PAT. (3)
- [10]**

**THERE IS A CHOICE BETWEEN QUESTION 6 AND QUESTION 7.
ANSWER ONLY ONE QUESTION.**

QUESTION 6: INTERNATIONAL/SOUTH AFRICAN CHOREOGRAPHER AND DANCE WORK (CHOICE QUESTION)

Choose ONE of the prescribed INTERNATIONAL/SOUTH AFRICAN CHOREOGRAPHER and ONE of their DANCE WORKS from the list below and answer the following questions.

BELOW IS A PRESCRIBED LIST OF INTERNATIONAL/SOUTH AFRICAN CHOREOGRAPHERS AND THEIR DANCE WORKS

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
George Balanchine	<i>Appollo/Jewels</i>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Lamentation/Errand into the Maze</i>
Christopher Bruce	<i>Ghost Dances</i>
Matthew Bourne	<i>Swan Lake/Cinderella</i>
Marius Petipa	<i>Swan Lake</i>
Pina Bausch	<i>The Rites of Spring</i>
William Forsythe	<i>In The Middle, Somewhat Elevated</i>
Mats Ek	<i>Giselle/Swan Lake/Carmen</i>
Rudi van Dantzig	<i>Four Last Songs</i>
Jiri Kylian	<i>Wings of wax/Stamping ground</i>

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Veronica Paeper	<i>Orpheus in the Underworld/Carmen</i>
Vincent Mantsoe	<i>Gula Matari</i>
Alfred Hinkel	<i>Last Dance (Bolero)/Rain in a Dead Man's Footprints/ Cargo/I am Cinnamon</i>
Sylvia Glasser	<i>Tranceformations</i>
Gary Gordon	<i>Bessie's Head</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Caroline Holden	<i>Imagenes</i>
Gregory Maqoma	<i>Beauty Trilogy/Skeleton Dry/Four Seasons/ Footprints</i>

- 6.1 Give the name of the choreographer and the dance work. (4)
 - 6.2 Describe the story/intent/theme of the dance work. (4)
 - 6.3 Explain the production elements like costume, lighting, props, set design, etc. that were used in this dance work. (8)
 - 6.4 Provide details on how the music/accompaniment enhanced the dance work. (4)
 - 6.5 Discuss this choreographer’s contribution to dance in society. (4)
- [20]**

OR

QUESTION 7: GREGORY MAQOMA AND *FOUR SEASONS* (CHOICE QUESTION)

Answer the following questions about the choreographer Gregory Maqoma and his dance work *Four Seasons*.

- 7.1 Describe the reasons why Maqoma choreographed this dance work. (4)
 - 7.2 Choose any TWO of the four seasons and explain how he used the movement vocabulary, costume and lighting in these TWO scenes. (2 x 4) (8)
 - 7.3 Explain how the music was used in *Four Seasons*. (4)
 - 7.4 Discuss Maqoma’s contribution to dance in society. (4)
- [20]**

QUESTION 8: CONVENTIONAL/UNCONVENTIONAL PERFORMANCE SPACES

8.1 Give the names of the THREE conventional/unconventional performance spaces in the pictures below marked **A–C**. Write only the answer next to A–C in your ANSWER BOOK.

A



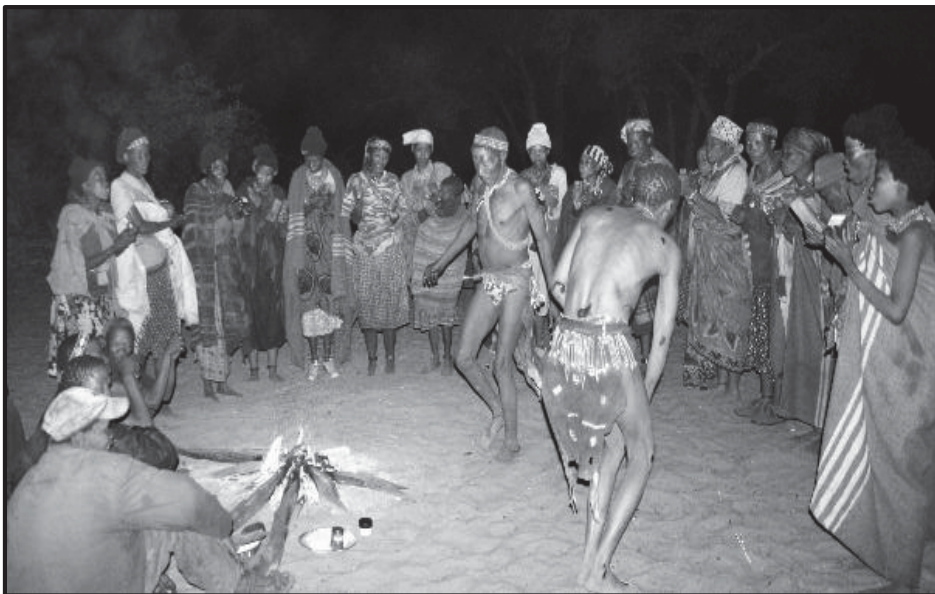
[\[https://za.pinterest.com/pin/133559945172985503/\]](https://za.pinterest.com/pin/133559945172985503/)

B



[https://upload.wikimedia.org/wikipedia/commons/d/df/Circle_In_The_Square.jpeg]

C



[<http://kwekudee-tripdownmemorylane.blogspot.co.za/2013/06/san-bushmen-people-world-most-ancient.html>]

(3)

8.2 There are usually a team of people who work behind the scenes in conventional dance spaces.

Name any TWO of the staff that form part of the production team.

(2)

8.3 Explain the role or work of the TWO people named in QUESTION 8.2.

(2)

8.4 Discuss how the features of conventional space **A** may be used in a production.

(3)

[10]

**QUESTION 9: MUSIC/DANCE ELEMENTS/CHOREOGRAPHIC ELEMENTS/
CONTACT IMPROVISATION**

9.1 Give a short description of the following:

9.1.1 Classical music (1)

9.1.2 Traditional and folk music (1)

9.1.3 Polyrhythm (1)

9.1.4 Musicality (1)

9.2 Explain how each of the following categories produce sound:

9.2.1 Aerophones (1)

9.2.2 Idiophones (1)

9.2.3 Membranophones (1)

9.2.4 Chordophones (1)

9.3 Describe the dance element '*unison*' as shown in the image below.



(1)

[Source: <https://www.google.co.za/search?q=Dance+pictures+showing+different+dance+elements+of+time,+space+and+force&tbm=isch&tbs=rimg:CUldbFxV5W7djjKkZT7y4VfaPd9wnz5fE0CfHI22>]

9.4 Describe the dance element 'asymmetry' as shown in the image below.



(1)

[<https://www.google.co.za/search?q=Images+showing+Symmetry+and+asymmetry+in+dance&tbm=isch&tbs=rimg:CU4ZZ7ssyjGRljolb>]

9.5 Explain how you use the following choreographic elements during improvisation and choreography:

9.5.1 Time

(2)

9.5.2 Space

(2)

9.5.3 Force

(2)

9.6 The image below provides an example of contact work by shifting weight or lifting a partner.

Discuss some of the important factors to remember when working with a partner.



(4)

[https://www.google.co.za/search?q=Dancer%60s+picture/diagram+of+core+stability&tbm=isch&tbs=rimg:CdUknsxCLZuhljiPa8w9Ss_1FAcaF5pRA0AtUlx2Cno5hKmci9VWPLSXwMfr5F]

[20]

TOTAL SECTION B: 60
GRAND TOTAL: 100

