

MEMORANDUM: LIFE ORIENTATION GRADE 10 TERM 3 PROJECT 2025

(For practice purposes)

TOTAL: 90 Marks

ACTIVITY 1: DEVELOPMENT OF SELF IN SOCIETY

1.1 Define the following concepts (4 x 2 = 8)

Learner must provide their own definitions, but suggested points:

- **Identity** – A sense of who you are; includes beliefs, values, and personality. (✓✓)
- **Maturity** – The ability to respond in a responsible and appropriate way; emotional and mental development. (✓✓)
- **Risk behaviour** – Actions that may expose you to harm or danger, such as unsafe sex or substance use. (✓✓)
- **Values** – Core beliefs or principles that guide behaviour and decision-making. (✓✓)

1.2 List FOUR life roles and describe responsibilities (4 x 2 = 8)

Any four roles from below, plus one responsibility each:

- **Learner** – Completing schoolwork, attending class. (✓✓)
- **Sibling** – Helping younger siblings or being a good example. (✓✓)
- **Community member** – Participating in community events or helping neighbours. (✓✓)
- **Friend** – Offering emotional support and being trustworthy. (✓✓)

1.3 Paragraph: Life roles change when becoming a parent while at school (2 x 2 = 4)

- Mention change in priorities, reduced time for school and social life, new responsibilities like childcare. (✓✓)
- Mention effect on relationships, academic performance, and emotional stress. (✓✓)

1.4 INVESTIGATION

1.4.1 Risky sexual behaviour (2 x 1 = 2)

- Engaging in unprotected sex (✓) or having multiple partners (✓)

1.4.2 Social consequences (2 x 2 = 4)

- **Teen parent** – May face stigma or drop out of school. (✓✓)
- **Child** – May lack emotional and financial support or live in poverty. (✓✓)

1.4.3 How the following influence teenage pregnancy (3 x 2 = 6)

- **Lack of parental guidance** – No open discussions on sex, increases ignorance. (✓✓)
- **Substance abuse** – Impairs judgment and leads to risky decisions. (✓✓)
- **Media influence** – Normalises sex without showing consequences. (✓✓)

1.4.4 Religious/moral group influence (any 5) (2 x 5 = 10)

- Encourage abstinence. (✓✓)
- Promote respect for self and others. (✓✓)
- Offer youth counselling. (✓✓)
- Create peer support groups. (✓✓)
- Teach values of responsibility and discipline. (✓✓)

SUB-TOTAL: [42]

ACTIVITY 2: DEVELOPMENT OF THE SELF IN SOCIETY

2.1.1 Changes from adolescence to adulthood (3 x 3 = 9)

- **Intellectual** – Improved ability to reason and solve problems. (✓✓✓)
- **Behavioural** – Making more responsible decisions, learning from mistakes. (✓✓✓)
- **Lifestyle** – Shifts in friendships, time management, career focus. (✓✓✓)

2.1.2 Paragraph on physical appearance and self-esteem (8)

Award marks for a well-structured paragraph that includes:

- Positive body image (✓)
- Feeling confident (✓)
- Less influenced by peer pressure (✓)
- Comfortable in your own skin (✓)
- Accepting yourself (✓)
- Healthy relationships (✓)
- Better communication (✓)
- Strong sense of identity (✓)

2.2.1 Definitions (3 x 2 = 6)

- **Interests** – Things you enjoy or are curious about. (✓✓)
- **Skills** – Abilities you have developed over time. (✓✓)
- **Job market** – Available jobs and career opportunities in the economy. (✓✓)

2.2.2 Three economic sectors (3 x 3 = 9)

- **Primary** – Uses natural resources. Example: Farming. (✓✓✓)
- **Secondary** – Manufactures goods. Example: Factories. (✓✓✓)
- **Tertiary** – Provides services. Example: Teachers or doctors. (✓✓✓)

2.2.3 Three careers and environments (3 x 3 = 9)

Any three with explanations:

- **Nurse** – Works in hospitals or clinics. (✓✓✓)
- **Electrician** – Works on construction sites or homes. (✓✓✓)
- **Software developer** – Works in an office or remotely. (✓✓✓)

2.2.4 Reflection: What did you learn (2)

Any two points showing personal growth:

- Learned about career options. (✓)
- Realised importance of planning ahead. (✓)

SUB-TOTAL: [43]

PRESENTATION MARKS

- **Cover Page** = 1
 - **Table of Contents** = 2
 - **Bibliography (Harvard style)** = 2
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TOTAL: [90 MARKS]